



COE FIRST YEAR & TRANSFER STUDENTS

FEBRUARY EVENTS



NATALIE SMERKANICH, FIRST YEAR EXPERIENCE COORDINATOR
EN2 202-A



VIRTUAL OFFICE HOURS
FRIDAYS 1:00-3:00PM

3
Monday

SELF-CARE 101

CHECK YOUR EMAIL FOR THIS MONTH'S NEWSLETTER INCLUDING THIS MONTH'S THEME OF SELF-CARE AND WELLNESS AS WELL AS INSIGHTFUL VIDEOS AND RESOURCES TO HELP YOU THROUGH THE MONTH!

11
Tuesday

WELLNESS WORKSHOP

FIND OUT HOW TO FIND A SCHOOL-LIFE BALANCE IN THIS SESSION WITH COUNSELING & PSYCHOLOGICAL SERVICES (CAPS) AND LEARN HOW TO ESTABLISH SELF CARE HABITS.

2:00 PM - 3:00 PM ECS 304



FRIENDSHIP BRACELET MAKING

CELEBRATE VALENTINE'S DAY BY MAKING BRACELETS AND NEW FRIENDS!

12:00 PM - 2:00 PM VEC Courtyard

26
Wednesday

FIND YOUR TRIBE

CONNECT WITH THE OFFICE OF BELONGING & INCLUSION AND LEARN HOW TO FIND COMMUNITY ON CAMPUS.

2:00 PM - 3:00 PM ECS 304

