

BA in Child & Family Studies - *Option in Family Life Education*  
Major Requirements Worksheet  
2025-2026 Catalog

Name: \_\_\_\_\_ Student ID: \_\_\_\_\_

All CDFS courses are blocked to declared majors only (not pre-majors) unless otherwise specified in the prerequisites column

Grade	Course Number & Title (units)	Prerequisites†
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**Complete ALL of the following support courses:**

	ANTH 120: Introduction to Cultural Anthropology (3) GE Area: 4C (D3)	none
	PSY 100: General Psychology (3) GE Area: 4C (D3)	GE composition ready
	CAFF 321: Family & Consumer Resource Management (3) GE Area: 4UD (UD D)	GE foundations
	<b>ONE (1)</b> of the following: <input type="checkbox"/> GERN 400: Perspectives on Gerontology (3) GE Area: 4UD (UD D); Writing Intensive <input type="checkbox"/> HDEV 357: Adulthood & Aging in a Diverse World (3) GE Area: 4UD (UD D)	<b>GERN 400:</b> GE foundations; upper division standing <b>HDEV 357:</b> GE foundations; a 'C' or better in ANTH 120 or HDEV 180 or PSY 100 or SOC 100
	HSC 425: Human Sexuality & Sex Education (3) GE Area: 4UD (UD D)	GE foundations; upper division standing

**Complete ALL of the following major courses:**

	CDFS 111: Child Growth & Development (3)	open to Pre-FLE majors
	CDFS 310: Diversity in Child Development (3) GE Area: 4UD (UD D)	GE foundations; upper division standing; open to Pre-FLE majors
	CDFS 311: Prenatal Development, Infancy, & Toddlerhood (3)	a 'C' or better in CDFS 111
	CDFS 312: Family & Personal Development (3) GE Area: 4UD (UD D)	GE foundations; ANTH 120 or PSY 100 or SOC 100; open to Pre-FLE majors
	CDFS 314: The Older Child (3)	a 'C' or better in CDFS 111
	CDFS 319: Family Stress & Coping (3) GE Area: 4UD (UD D); Writing Intensive	GE foundations; ANTH 120 or PSY 100 or SOC 100; upper division standing; open to Pre-FLE majors
	CDFS 402: Child & Family Law (3)	a 'C' or better in CDFS 312; upper division standing
	<b>ONE (1)</b> of the following: <input type="checkbox"/> CDFS 408: Transition to Parenthood & Family Dynamics (3) <input type="checkbox"/> CDFS 412: Family Interaction (3)	<b>CDFS 408:</b> open to Pre-FLE majors <b>CDFS 412:</b> a 'C' or better in CDFS 312; upper division standing
	CDFS 410: International Families: Families in Cross-Cultural Perspectives (3)	a 'C' or better in CDFS 312; <b>typically spring only</b>
	CDFS 413: Child & Family in the Community (3)	a 'C' or better in CDFS 312; upper division standing
	CDFS 418: Parent Education (3)	CDFS 111; upper division standing
	CDFS 419: Serving Individuals and Families in the Community (3)	CDFS 312
	<b>ONE (1)</b> of the following: <input type="checkbox"/> CDFS 405: A Practical Approach to Social Science Research (3) GE Area: 2UD/5UD (UD B) <input type="checkbox"/> CDFS 492B: Internship in Child & Family Services (3)	<b>CDFS 405:</b> upper division standing; open to Pre-FLE majors <b>CDFS 492B:</b> senior standing; 2.5 overall GPA or a 3.0 major GPA; pre/corquisites: CDFS 413 and 419; may not be taken concurrently with CDFS 492A; see CDFS Area Coordinator for permit (application required)

†Prerequisites are subject to change; consult the University Catalog ([www.csulb.edu/catalog](http://www.csulb.edu/catalog)) for the most recent updates

✓A 'C' or better is required in all courses

✓GE credit is granted based on the term you take the course and is subject to change

- See the current GE course list at [www.csulb.edu/general-education-requirements](http://www.csulb.edu/general-education-requirements)

✓Total units required for FLE option: 54