

# newsletter

Spring 2024

Department of Family and Consumer Sciences

Volume19

Welcome to the Spring 2024 newsletter! This was a full semester, and we look forward to sharing highlights with you. In January, we bid farewell to our longstanding Chair, Dr. Wendy Reiboldt, who led the department steadily for 15 years! She left her touch on spaces throughout the building, as she led student-centered renovations in her time as Chair, including adding Active Learning Classrooms and significant lab upgrades for Food Science, Nutrition, and Hospitality. She set a tone amongst faculty for prioritizing family and serving students, and was known by staff as always being available when needed. We are thankful for her many years of service to FCS!

In this transitional semester, I had the pleasure of serving the department as Interim Chair. We started the semester with a new Diversity, Equity, and Inclusion effort, inviting the All Stars Project folks and our own Dr. Tiffany Brown to lead an "Operation Conversation" improvisation event, with several of our faculty servings as actors. This event set a tone for new conversations centered around **seeing each other**. We will continue this work in the coming academic year, looking for ways to extend a greater sense of belonging into our department and classrooms.

In this academic year, we welcomed new lecturer faculty in Fashion Merchandising and Design (Laura Bonnell, Kathryn Hagen, Abigail Lewis), Hospitality Management (Josph DeLorenzo), and Child Development and Family Studies (Nadia Parada). We also welcomed two new staff in the FCS office, including Jade Autrand and Luis Olivares. We look forward to two new tenure line faculty joining us in fall in Consumer Affairs (Dr. Hofner Rusiana) and Hospitality Management (Dr. Nohema Garcia).

The photo below shows faculty who showcased our FCS programs at Admitted Students Day while providing tours of our building. From getting prospective students excited about careers we love (as this photo shows), to innovating in the classroom and involving students in research, FCS faculty prepare students for meaningful careers that enhance quality of life by empowering individuals, families, and communities. This newsletter shares a sample of those efforts.

Virginia Gray, PhD,RDN  
Interim Chair, FCS



College of Health and  
Human Services



## Community Engagement

Dr. Sarah Taylor was awarded the Leadership in Community Engagement Award during the 2024 CSULB Service Learning Showcase. This award honors a professor who has shown exceptional leadership in fostering partnerships between academia and the community to address real-world issues effectively. Dr. Taylor has served as the Center for Community Engagement's Faculty Fellow for 4 years and supports service learning curriculum design and campus efforts to advance partnerships with the community.



Annie Vizcaino, a Child Development and Family Studies & Family Life Education student, won the Outstanding Reflection & Learning Award during the 2024 CSULB Service Learning Showcase. Annie completed over 40 service learning hours with DAYS Long Beach for Dr. Sarah Taylor's CDFS 419 course. She supported resource distribution for families in Long Beach and helped deliver youth programming around the topics of stress reduction, healthy habits, and social media safety.



# Improving Student Success



Four FCS faculty participated in the Inclusive Excellence in Pedagogy Faculty Learning Communities (FLCs), which supported faculty in developing culturally responsive pedagogy and instructional methods. Dr. Tiffany Brown (CDFS) was a co-leader of the year-long initiative, alongside Dr. Lori Curci-Reed from the College of Education. This work aligns with the Chancellor's Office Equity Priority 5 initiative dedicated to promoting equitable learning practices with the goal of reducing high DFW rates and promoting a campus culture of evidence-based decision-making. Photos show our own faculty, including Drs. Marine Aghekyan (FMD), Nicole Smith (CDFS), and Maria Carpiac (GERN) sharing their posters as a culmination of the program.



Nicole Smith, PhD

Over the past year, I participated in the Faculty Learning Center sponsored series called Examining and Incorporating Inclusive Pedagogy in Higher Education. Throughout this series, I learned about the various ways to incorporate culturally responsive curriculum and teaching practices in my courses. Some of these practices we discussed were implicit biases and microaggressions in diversity and equity as well as ensuring accessible materials for students with disabilities. Some of the practices I have implemented this past semester based on the workshop series are allotting students a more creative opportunity to get to know each other in an asynchronous course by adding a poster presentation option in the about me discussion board as opposed to just a post with a picture. Students were excited at this opportunity and did both the poster as well as the discussion post and shared with me later that they felt this was a great way to get to know their classmates better. I had also included opportunities for students to meet me outside of the zoom office hours or requested individual appointments by creating a "Mixer" where students could come to a zoom session and meet me as well as other students in the class. While these sessions weren't highly attended due to scheduling (hence their enrollment in the asynchronous class), the students that did attend appreciated the opportunity to meet other students. I plan to continue exploring more ways to implement the strategies learned.



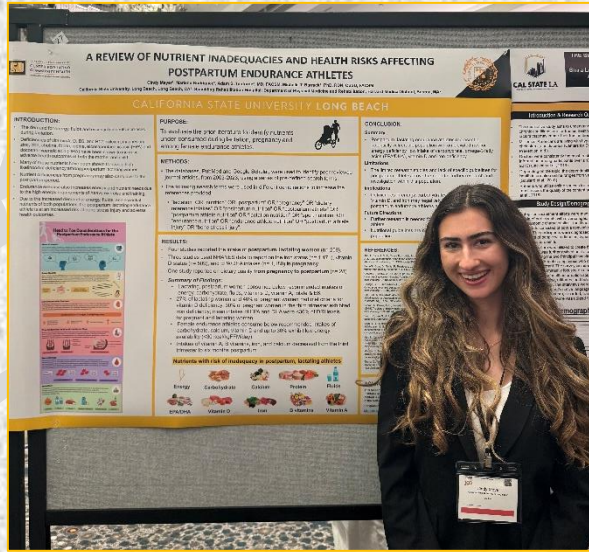
Dr. Maria Carpiac

Several FCS faculty members participated in the 2023-2024 Inclusive Excellence in Pedagogy Faculty Learning Community. In monthly meetings, we learned about ways we can make our classrooms more inclusive in consideration of the many ways in which our students are diverse. My culminating project, which was presented in a poster session at the Anatol Center on May 23, 2024, focuses on approaches to making my Women and Aging: Lessons from the Golden Girls course more inclusive of issues facing diverse older women. I will implement these techniques when I teach the course again in Spring 2025. The most exciting part of the poster session event for me was sharing my project with Provost Scissum-Gunn and getting her feedback about how I could kick it up a notch! It was a fantastic experience and I thank the leaders (including our own Tiffany Brown) and colleagues from all over campus that shared their thoughts and ideas.





# Research Awards



In April 2024, nutrition and dietetics and health science students, Alexis Pope, Manuel Marroquin, and Cindy Meyer, in the ANDALE Latino Research Training and Harvesting Healthy Habits Scholars programs led by Dr. Melawhy Garcia in the Center for Latino Community Health and advised by faculty in CHHS including nutrition and dietetics faculty, Dr. Michelle Barrack, presented their research at the California Academy of Nutrition and Dietetics Annual Conference (CANDAC24) in San Francisco.

## CONGRATULATIONS!

Michelle Barrack received a President's Award for Outstanding Faculty Achievement. Michelle's dedication to student training, research, and service to the campus community and profession was evident.





# Gerontology

DreamCatchers Club sponsored a 2-hour private tour for Jay and his wife and 4 family members

We're so proud of our students, faculty, alum, and community that raised money to make this happen! And we still have money to fulfill more dreams!



Jay is an Army Vietnam Vet and loves nature and the outdoors. He just wanted to experience wildlife and feed a giraffe up close and personal!



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# 49 UNDER 49 AWARDS

## Honoring FCS Alumni



**Jennifer Prudhome Booker '09**

Senior Marketing Manager

AutoZone, Inc.

B.A. Fashion Merchandising and Design

As a trailblazer in digital marketing and e-commerce, Prudhome Booker not only advanced AutoZone's online presence, but set new standards in the industry with her innovative strategies. Prudhome Booker has given a TedX talk and been recognized by Forbes for her insights on marketing in a digital world. She remains active with the Whitney High School Black Alumni Association as well as Leadership Tennessee, Black Girls Code and the Urban Arts Commission.

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**Dr. Simon Sum '08**

Director of Scientific Affairs

Herbalife

M.S. Nutrition Science

After graduating from The Beach, Dr. Sum became a registered dietitian and a certified personal trainer, and received his PhD from Rutgers University. He is now director-at-large of the California Academy of Nutrition and Dietetics Foundation and the company representative for the Sustaining Partners for the American Society for Nutrition. He is also a nutrition program host for a Cantonese radio station in Los Angeles and has taught a course at CSULB. Dr. Sum facilitates Beach student visits to Herbalife and shares his experiences and professional advice with them.

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## NEW YORK

Dr. Marshall and industry colleague, Wendy Manasse, led a group of 18 FMD students to New York over Spring Break. They spent the week visiting fashion brands such as Mother Jeans & Signal. They had a tour of the world's most luxurious fashion retailer, Bergdorf Goodman. Students had seminars at ESP fashion Forecasting, Anybag on sustainability, and the Hat Shop. They also had a half walking tour of many of the most important sites in New York. And much more in their fashion filled week!



## STUDY TOUR





# CalFresh Healthy Living

In October 2023, the CSULB CalFresh Healthy Living team hosted a field trip for all 13 CFHL implementing CSUs to our campus, as a part of the annual CFHL Forum in Garden Grove. It was great to share with program implementers how we do things at CSULB! We hosted a cooking class in the ASI Beach Kitchen and led a campus tour with stops in our Beach Pantry, Basic Needs Center and campus garden. Our MS in Nutritional Science student, Vincent Lopez, spoke on a student panel at the conference. Undergraduate students Erin Boyd and Jocelyn Liao led classes on campus (pictured serving samples of recipes our visitors prepared while participants in our CFHL class). The CFHL team at CSULB is co-led by Dr. Virginia Gray and Basic Needs Director, Danielle Muñoz-Channel. Aside from the field trip, the CHFL team provided classes to over 600 CSULB students in the last fiscal year, working with campus partners to provide nutrition and cooking skills to students at risk for food insecurity.





# Hospitality Management



On April 11, 2024, the College of Health and Human Services held its bi-annual Wine and Culinary Event led by students in the Hospitality Management Program in conjunction with Zen Garden Events. Held at the Earl Burns Miller Japanese Garden, it was a great learning opportunity for students in HM 475 (Event Management in the Hospitality Industry) and HM 473 (Beverage Management).



## 2024 Beach Culinary & Wine Excellence Series





# Port of Long Beach Harbor Tour

Consumer Affairs students went on a behind the scenes tour of the Port of Long Beach. Students received a close-up look at some of the biggest vessels on the planet. They also took pictures of local marine life and learned about the Port of Long Beach's role as a consumer engine, including how the Port contributes to the local, national, and international economies.





# Faculty and Student Awardees

## Student Life and Development Awards Ceremony

Dr. Gail Frank received a Certificate for 20+ years of Service as a Student Organization Advisor and received the 'Gold Distinction--Outstanding Advisor for the Year 2024'.

Our SACH organization received the Award for Outstanding 'Wellness' efforts and our SACH President, Valeria Diego, MS/DI Candidate, received 'Outstanding Officer of the Year' Award.

Dr. Cheryl Rock received the “Outstanding Advisor of the Year Award” as the mentor of Food Science Club for this academic year (Fall 23 - Spring 24). Dr. Rock shares that “this award also belongs to my students because without them, this recognition would not be possible. Thank you to all my students at CSULB who nominated me to be recognized.”



## Student Graduate Award

Nicole Lunde received the CHHS 2024 Outstanding Graduate Award! Nominated by the department of Family & Consumer Science and then voted by the Graduate Council which represents the Grad Advisors from all 11 Departments/Schools in CHHS.



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## Hospitality Management students volunteer at the California Restaurant Foundation 2024 ProStart CUP Competition.

On February 22, 2024, students from the HM program class HM 475 (Managing Events in the Hospitality Industry), program ambassadors, and others from various classes helped at the 22nd annual state-wide California ProStart CUP high school culinary and management competition that was held at the Long Beach Convention Center. Students helped with set-up, registration, the timing of competitions, and providing HM program information to prospective students at the college/career EXPO.



## Hospitality Management Scholarship Awardees for the 2024-25 Academic Year

### American Hotel & Lodging Scholarship Grant

#### (Cecil B. Day Scholars)

Jonathan Guillen  
Emily Silva  
Rebecca Tannheimer  
Juan Zuniga Moran

### HM Program Scholarship Awardees

#### US Foods Scholarship

Marissa Sylvester

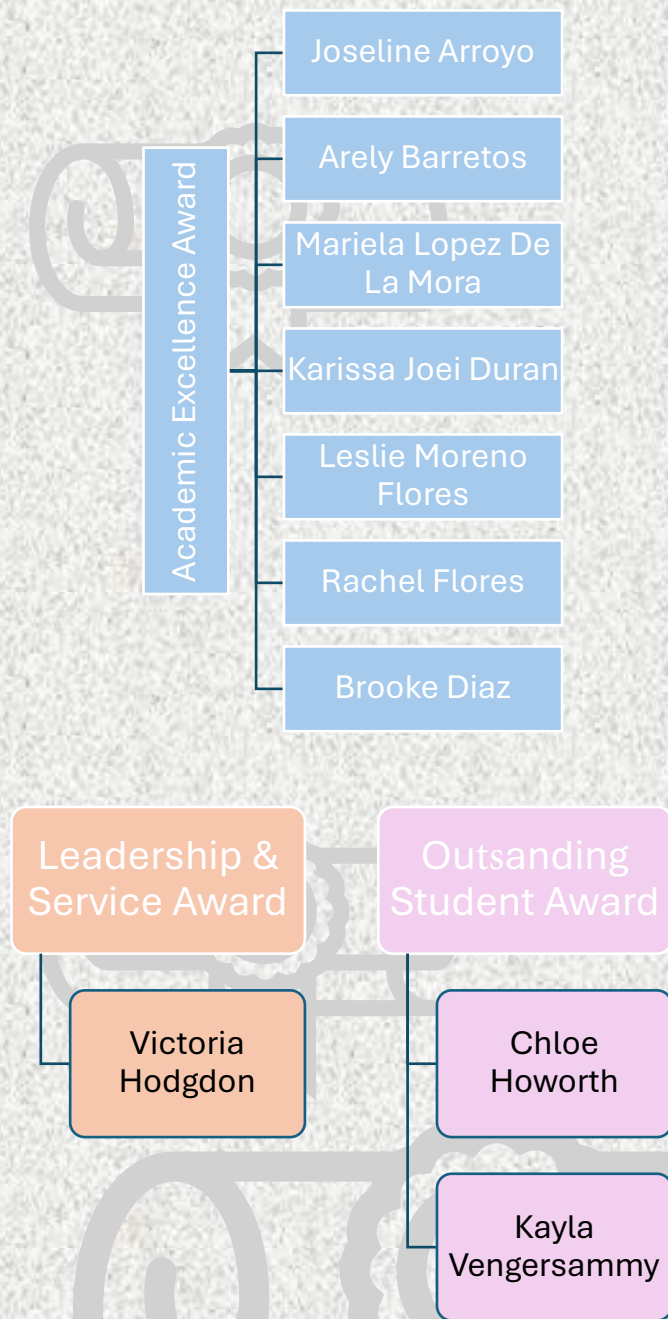
### HM Endowment Scholarship

Sarah Chiaromonte  
Owen Hogg  
Duyen (Diana) Le  
Thien Thao Nguyen  
Nicole Pirez  
Emily Silva  
Kim Seang Ung  
Kyla Desiree Zarza

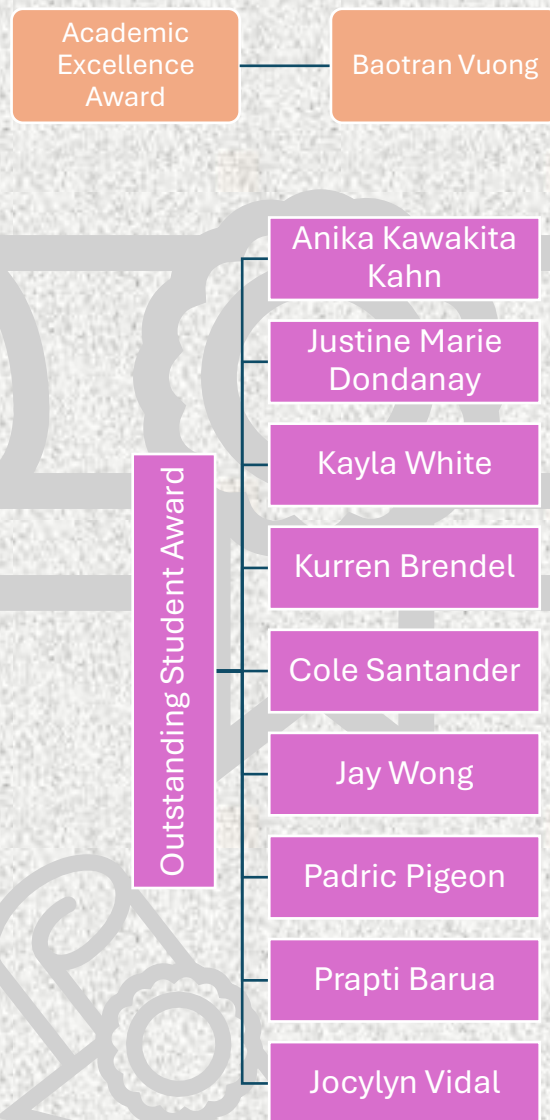


# FCS Department Awardees for Spring 2024

## Child Development and Family Studies

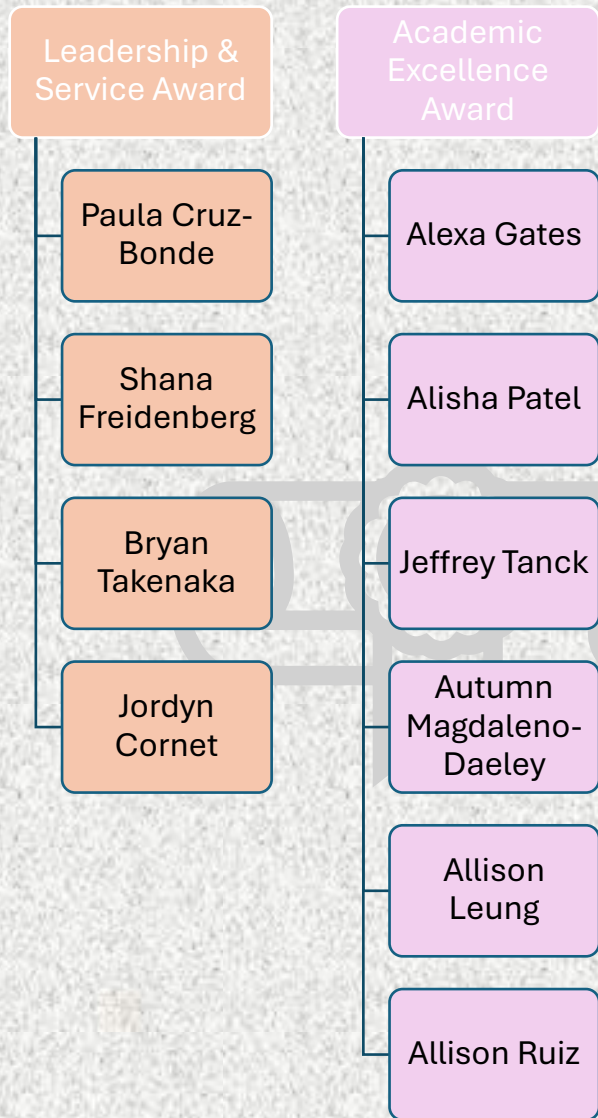


## Consumer Affairs

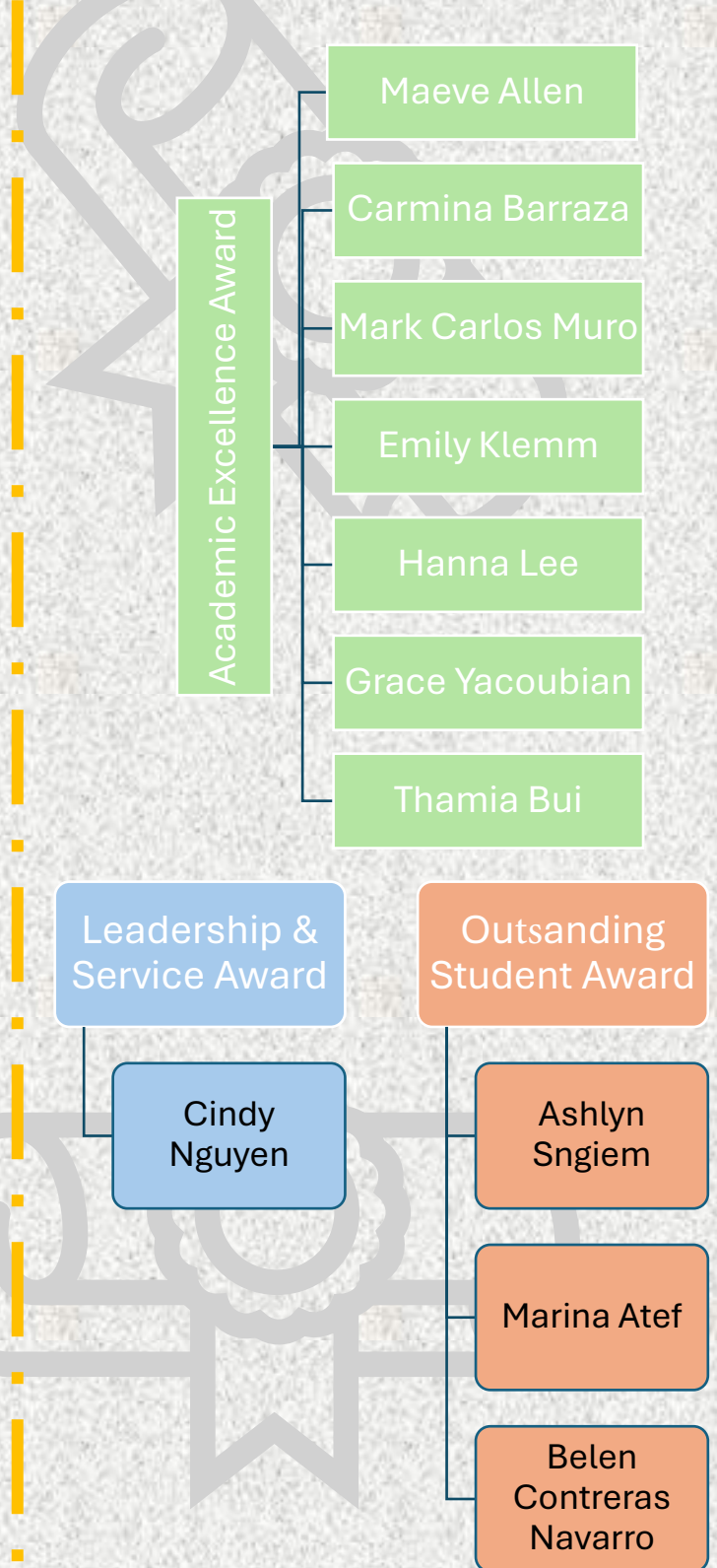




## Fashion Merchandising and Design

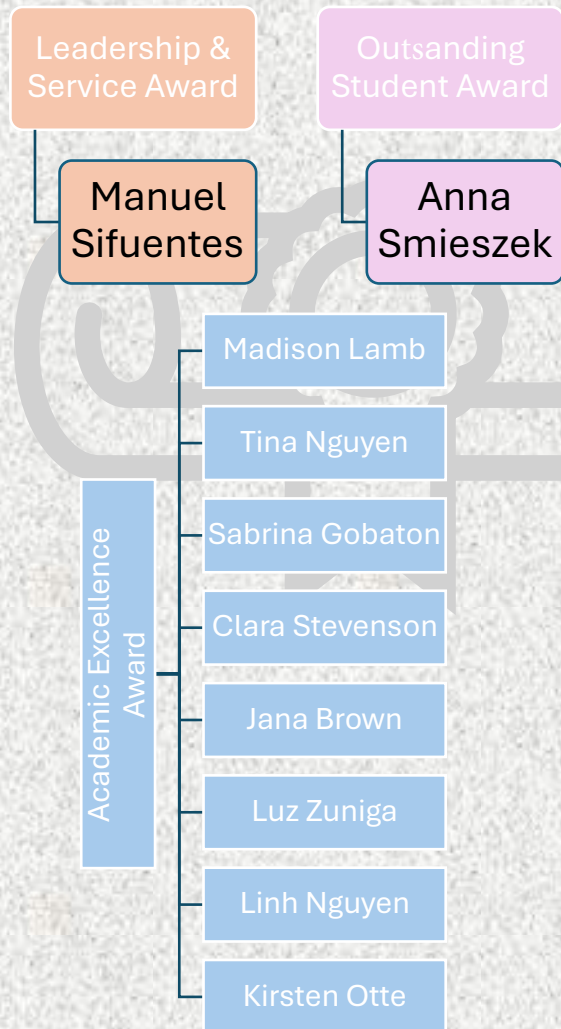


## Gerontology

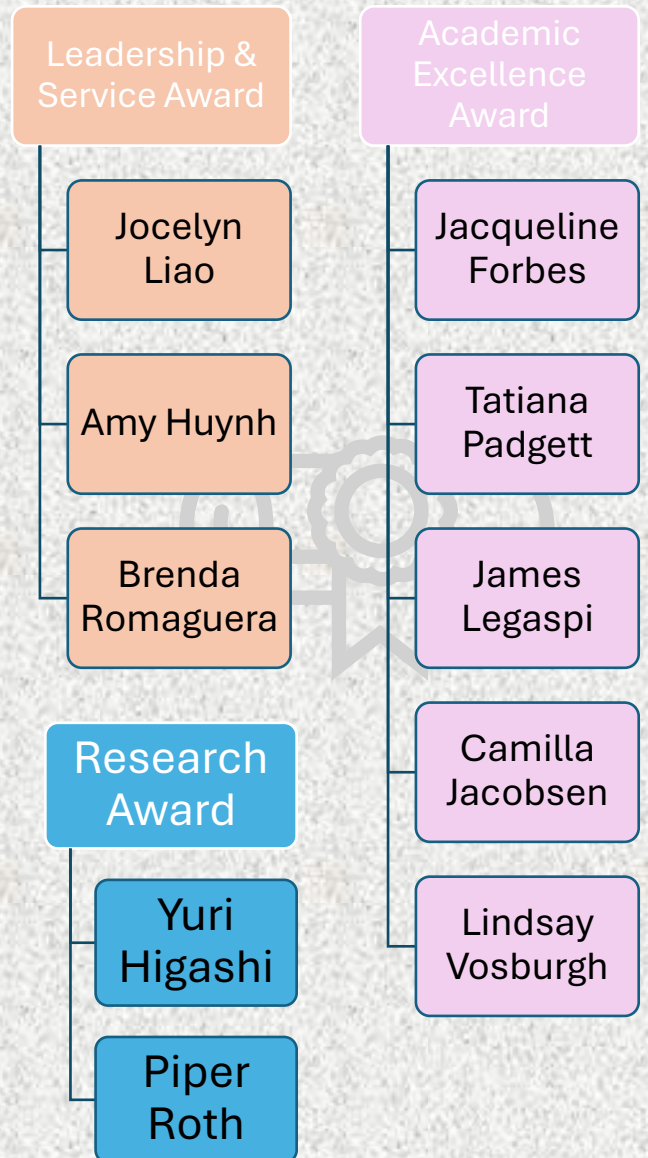




## Hospitality Management



## Nutrition & Dietetics







# FCS Enrollment

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# Family & Consumer Sciences Programs

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Child Development and Family Studies B.A. & Minor

Consumer Affairs B.A. & Minor

Family Life Education B.A.

Fashion Design B.A. & Minor

Fashion Merchandising B.A. & Minor

Food Science B.S. & Minor

Gerontology M.S., Minor, & Certificate

Hospitality Management B.S., Minor, & Event Planning Minor

Nutrition and Dietetics B.S., M.S., DPD, IPND & Minor