

2025 - 2026 Bachelor of Arts in Psychology**50 Units**

Use this checklist in combination with your official Academic Requirements Report (ARR). This checklist is not intended to replace advising. Consult the advisor for appropriate course sequencing. *Curriculum changes in progress. Requirements subject to change.*

To be considered for admission to the major, complete the following Major Specific Degree Requirements (MSDR) by 60 units:

- **PSY 100, PSY 110 or equivalent, PSY 220, & PSY 241*** with grades of "C" or better and a minimum 2.5 overall and suite GPA
*Beginning Fall 2023, new pre-majors & students applying to the major **must complete PSY 241 as part of the suite of classes listed above**
- Grades of "C" or better in GE Foundations

Courses**Prerequisites**

Complete **ALL** of the following courses with grades of "C" or better (14 units total):

PSY 100: General Psychology (3)	Eligible for GE Composition
PSY 110/HDEV 190/SOC 170: Elementary Statistics (4)	Eligible for GE Math; or Corequisite: PSY/HDEV/SOC 90
PSY 220: Research Methods (4)	PSY 100, 110 or Equivalent, Both with Grades of "C" or Better; GE Composition
PSY 241: Psychobiology (3)	PSY 100, GE Composition

Complete the following course (3 units total):

PSY 301: Introduction to Psychology as a Discipline and Profession (3)	PSY 100; PSY Major or Pre-Major
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Category A: Processes - Complete **ONE** of the following courses (3 units total):

PSY 331: Sensation and Perception (3)	PSY 100, 220, 241
PSY 332: Human Cognition (3)	PSY 100, 220, 241
PSY 333: Psychology of Learning (3)	PSY 100, 220, 241
PSY 336: Psychology of Emotion (3)	PSY 100, 220, 241
OR	
PSY 337: Psychology of Happiness (3)	PSY 100, 220, 241; Upper Division Standing
PSY 340: Physiology of Behavior (3)	PSY 100, 220, 241
OR	
PSY 342: Psychopharmacology (3)	

Category B: Systems - Complete **ONE** of the following courses (3 units total):

PSY 351: Social Psychology (3)	PSY 100
PSY 356: Personality (3)	PSY 100
PSY 361: Psychology of Child and Adolescent Development (3)	PSY 100
PSY 370: Abnormal Psychology (3)	PSY 100
PSY 378: Health Psychology (3)	PSY 100; Upper Division Standing
OR	
PSY 379: Psychology of Stress (3)	

Additional Category A or B - Complete **ONE** additional course from either Category A or B (see above). Take note of the "or" statements (ex: Students who take PSY 336 in Category A may not take PSY 337 for this requirement) (3 units total):

Course:	
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Additional 300-Level PSY Courses- Complete **THREE** 300-level PSY courses **not** used to satisfy a previous requirement (see attached list for course options) (9 units total):

Course 1:	
Course 2:	
Course 3:	

PSY 400-Level Courses - Complete **TWO** 400-level PSY courses, **excluding PSY 499** and **limiting 3 UNITS** of 405/406A/B (see attached list for course options) (6 units total):

Course 1:	
Course 2:	

PSY Upper Division Electives - Complete **TWO** upper division PSY courses not used to satisfy the previous requirements (see attached list for course options) (6 units total):

Course 1:	
Course 2:	

Diversity in the U.S. Course - Complete **ONE** course from approved list (see attached list on pages 4 & 5 below for course options) (3 units total):

Course:	
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In order to graduate from CSULB, students must complete General Education/GWAR/Major requirements and have a minimum of 120 units (40 must be upper division) with at least a 2.0 in all GPAs (Overall, CSULB, Major).

Additional Information

- **See online Catalog for additional course information, limitations, and requirements.**
- Some courses may also fulfill GE requirements. Visit the GE website for course selection: csulb.edu/student-records/general-education-requirements.
- A course can only be used to satisfy one major requirement. **Double counting is not allowed within the major.**
- Students can transfer a maximum of 6 course credits (6 units) from institutions outside of the CSU, including foreign universities' study abroad programs, to count as elective credits (PSY Upper Division Electives) for their major. However, these credits cannot be used to meet any of the major category requirements.

Department of Psychology

csulb.edu/college-of-liberal-arts/psychology

Psychology Resource Office (PRO)

csulb.edu/college-of-liberal-arts/psychology/psychology-resource-office

College of Liberal Arts Advising Center (ATLAS)

csulb.edu/atlas

Checklists are available on the [ATLAS website](#)

300-Level Psychology Courses

PSY 300: Mind Control or Freedom (3)	PSY 100; GE Foundations; Upper Division Standing
PSY 310: Intermediate Statistics (4)	PSY 100; 110 or Equivalent; GE Foundations; Upper Division Standing
PSY 314: Psychological Assessment (3)	PSY 100; 110 or Equivalent; 220
PSY 327: Introduction to Human Factors (3)	GE Foundations; Upper Division Standing
PSY 331: Sensation and Perception (3)	PSY 100, 220, 241
PSY 332: Human Cognition (3)	PSY 100, 220, 241
PSY 333: Psychology of Learning (3)	PSY 100, 220, 241
PSY 336: Psychology of Emotion (3)	PSY 100, 220, 241
PSY 337: Psychology of Happiness (3)	PSY 100, 220, 241; Upper Division Standing
PSY 340: Physiology of Behavior (3)	PSY 100, 220, 241
PSY 341: Neuropsychology (3)	PSY 100, 220, 241
PSY 342: Psychopharmacology (3)	PSY 100, 220, 241
PSY 346: Evolutionary Psychology (3)	PSY 100; GE Foundations; Upper Division Standing
PSY 350: Psychology and Contemporary Social Issues (3)	PSY 100; GE Foundations; Upper Division Standing
PSY 351: Social Psychology (3)	PSY 100
PSY 354: Psychology of Women (3)	PSY 100
PSY 356: Personality (3)	PSY 100
PSY 361: Psychology of Child and Adolescent Development (3)	PSY 100
PSY 362: Autism Spectrum Disorders (3)	PSY 100
PSY 363: Developmental Psychopathology (3)	PSY 100
PSY 365: Development: Emerging Adulthood to Aging (3)	PSY 100
PSY 370: Abnormal Psychology (3)	PSY 100
PSY 372: Foundations of Applied Behavior Analysis (3) ** An advisor must manually add PSY 372 to the list of PSY 300-level courses in the Academic Requirements Reports (ARR). See an advisor for details.	PSY 100; Upper Division Standing
PSY 373: Introduction to Clinical Psychology (3)	PSY 100, 370
PSY 375: Community Psychology (3)	PSY 100; GE Foundations; Upper Division Standing
PSY 378: Health Psychology (3)	PSY 100; Upper Division Standing
PSY 379: Psychology of Stress (3)	PSY 100; Upper Division Standing
PSY 381: Introduction to Industrial-Organizational Psychology (3)	PSY 100
PSY 383: Women, Family, and Work Issues (3)	PSY 100
PSY 390: Selected Topics in Psychology (3)	

400-Level Psychology Courses excluding PSY 499 and limiting 3 UNITS of 405/406A/B

PSY 401: History of Psychology (3)	PSY 301; 6 Units of Upper Division PSY; PSY Major
PSY 405: Internship in Psychology (3)	PSY 301; 12 Units of Upper Division PSY; PSY Major; 3.0 GPA; Consent of Instructor
PSY 406 A/B: Professional Development in Psychology (3)	PSY 301; PSY Major; Consent of Instructor
PSY 407: Introduction to Family Therapy (3)	PSY 301; PSY Major
PSY 411: Statistical Design and Analysis of Experiments (3)	PSY 301; 310; PSY Major
PSY 412: Multivariate Statistical Analysis (3)	PSY 301; 310; PSY Major
PSY/HDEV 417: Critical Perspectives in Successful Aging (3)	PSY 365 or ANTH 454 or GERN 400 or HDEV 357 with Grade "C" or Better; or Consent of Instructor
PSY 418: Computer Applications in Psychology (3)	PSY 301; 310; PSY Major
PSY 434: Human Memory: Exploring Brain, Mind, and the Past (3)	PSY 301; PSY 332 or 333 or 337 or 340 or 341; PSY Major
PSY 435: Animal Cognition (3)	PSY 301; PSY 332 or 333; PSY Major

	PSY/LING 438: Psycholinguistics (3)	PSY Majors: PSY 301; PSY Major LING Majors: LING 170; LING Major/Minor
	PSY 444: Cognitive Neuroscience (3)	PSY 301; 310; 332; PSY 340 or 341 or 342; PSY Major
	PSY 451: Research in Social Psychology (3)	PSY 301; 310; 351; PSY Major
	PSY 453: Principles of Group Dynamics (3)	PSY 301; 351; PSY Major
	PSY 454: Leadership and Social Influence (3)	PSY 301; PSY Major
	PSY 457: Psychology of Sexuality (3)	PSY 301; PSY 351 or 356 or 370; PSY Major
	PSY 463: Social and Personality Development (3)	PSY 301; 361; PSY Major
	PSY 471: Interpersonal Violence and Victimization (3)	PSY 301; PSY Major
	PSY 472: Positive Psychology in Clinical Practice	PSY 301; 337; PSY Major
	PSY 475: Clinical Interviewing (3)	PSY 301; 373; PSY Major
	PSY 476: Sleep and Dreams (3)	PSY 241; 301; PSY Major
	PSY 477: Psychology of Addiction (3)	PSY 301; 6 Units of Upper Division PSY; PSY Major
	PSY 490: Selected Topics in Psychology (3)	PSY 301; PSY Major
	PSY 490H: Selected Topics - Honors (3)	PSY 301; PSY Major; Consent of PSY Honors Program
	PSY 495: Psychology and the Law (3)	PSY 301; 370; PSY Major
	PSY 497H: Senior Thesis - Honors Presentation (1)	PSY 301; 490H; 498H; PSY Major; Consent
	PSY 498H: Senior Thesis - Honors (3)	PSY 301; 490H; 496H; PSY Major; Consent
Additional Upper Division Psychology Elective Course		
	PSY 499: Independent Study (1 - 3) *Not Eligible for PSY 400-level Requirement	PSY 301; PSY Major; Consent of Department

Diversity in the U.S. Courses

Africana Studies

	AFRS 310: African American Male and Female Relationships (3)	
	AFRS/AIS/ASAM/CHLS 319: Racial and Ethnic Experience in the U.S. (3)	GE Foundations; Upper Division Standing
	AFRS 325: Africana Psychology (3)	AFRS 110 or PSY 100
	AFRS 330: Politics of the African American Community (3)	AFRS 110, 121
	AFRS 332: Civil Rights and the Law (3)	GE Foundations
	AFRS 354: African American Women & the Civil Rights Movement (3)	GE Foundations
	AFRS 400: African American Social Thought (3)	GE Foundations; Upper Division Standing
	AFRS 410: The African American Family (3)	GE Foundations; AFRS 325 or Consent of Instructor
	AFRS 475: Racism and Sexism: An Analytical Approach (3)	AFRS 332

American Indian Studies

	AIS/WGSS 313: American Indian Genders and Sexualities (3)	
	AIS/AFRS/ASAM/CHLS 319: Racial and Ethnic Experience in the U.S. (3)	GE Foundations; Upper Division Standing
	AIS 335: American Indian Philosophies (3)	
	AIS 345: Working with American Indian and Indigenous Families (3)	GE Foundations; Upper Division Standing

Anthropology

	ANTH 321: North American Indians (3)	
	ANTH 322: California Indians (3)	
	ANTH 329: Cultural Diversity in California (3)	GE Foundations; Upper Division Standing
	ANTH 421/LING 425: Education Across Cultures (3)	Upper Division Standing

Asian American Studies

	ASAM/AFRS/AIS/CHLS 319: Racial and Ethnic Experience in the U.S. (3)	GE Foundations; Upper Division Standing
	ASAM 330: Japanese American Experience (3)	
	ASAM 332: Korean American Experience (3)	
	ASAM 333: Vietnamese American Experience (3)	
	ASAM 334: Cambodian American Experience (3)	

	ASAM 340: Asian American Family (3)	GE Foundations; Upper Division Standing
	ASAM 352: Filipino/a American Experiences (3)	
	ASAM 353: Filipino American Contemporary Issues (3)	Upper Division Standing
	ASAM 370: Gender and Sexuality in Asian America (3)	GE Foundations; Upper Division Standing
Chicano and Latino Studies		
	CHLS 310: Chicana/o and Latina/o Thought and Action (3)	
	CHLS/AFRS/AIS/ASAM 319: Racial and Ethnic Experience in the U.S. (3)	GE Foundations; Upper Division Standing
	CHLS 320: Wealth and Poverty in Latino Communities (3)	
	CHLS 340: Latino Education in the U.S. (3)	
	CHLS 350/SOC 340: The Latino Population in the United States (3)	GE Foundations
	CHLS 352/SOC 341: Central American and Caribbean Peoples in CA (3)	GE Foundations
	CHLS 400: Chicana/o and Latina/o Politics in the U.S. (3)	GE Foundations; Upper Division Standing
	CHLS 415/WGSS 320: Latina Women in the United States (3)	Upper Division Standing or Consent of Instructor
	CHLS/HCA 470: Latinas/os: Health Status and Health Care Access (3)	GE Foundations; Upper Division Standing
Linguistics		
	LING 425/ANTH 421: Education Across Cultures (3)	Upper Division Standing
	LING 472: Language and Social Justice (3)	GE Foundations; Upper Division Standing
Political Science		
	POSC 323: Racial and Ethnic Politics - U.S. (3)	
	POSC 401/WGSS 402: Feminist Political Theory (3)	GE Foundations; Upper Division Standing
Religious Studies		
	R/ST 302: Faith and Race in America (3)	
Sociology		
	SOC 340/CHLS 350: The Latino Population in the United States (3)	GE Foundations
	SOC 341/CHLS 352: Central American and Caribbean Peoples in CA (3)	GE Foundations
	SOC 346: Race, Gender, and Class (3)	GE Foundations
	SOC 358: The Sociology of Migration and Immigration (3)	GE Foundations; Upper Division Standing
	SOC 420: Social Stratification (3)	GE Foundations; SOC 100
	SOC 426: Sociology of Sexualities (3)	GE Foundations
	SOC 436: Racism, Power, and Inequality (3)	GE Foundations; SOC 100 or 142
	SOC 464: Aging and Society (3)	SOC 100 or 142
Women's, Gender, & Sexuality Studies		
	WGSS 307: U.S. Women and the Economy: Money, Sex, and Power (3)	GE Foundations; Upper Division Standing
	WGSS/AIS 313: American Indian Genders and Sexualities (3)	
	WGSS 318: Fierce Struggle: U.S. Women of Color - History & Thought (3)	GE Composition; Upper Division Standing
	WGSS 320/CHLS 415: Latina Women in the United States (3)	Upper Division Standing or Consent of Instructor
	WGSS 402/POSC 401: Feminist Political Theory (3)	GE Foundations; Upper Division Standing

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