

2025 - 2026 Bachelor of Arts in Human Development**39 Units**

Use this checklist in combination with your official Academic Requirements Report (ARR). This checklist is not intended to replace advising. Consult the advisor for appropriate course sequencing. *Curriculum changes in progress. Requirements subject to change.*

To be considered for admission to the major, complete the following Major Specific Degree Requirements (MSDR) by 60 units:

- Complete two of the following with a "C" or better: **HDEV 180, ANTH 120, PSY 100, SOC 100**, and a minimum 2.25 overall GPA
- Grades of "C" or better in GE Foundations

Courses	Prerequisites
HDEV Specified Lower Division - Complete 6 UNITS of the following courses with grades of "C" or better (6 units total):	
HDEV 180: Lifespan Human Development (3)	
ANTH 120: Introduction to Cultural Anthropology (3)	
PSY 100: General Psychology (3)	Eligible for GE Composition
SOC 100: Principles of Sociology (3)	Corequisite: One GE Foundation
Complete ONE of the following courses with a grade of "C" or better (4 units total):	
HDEV 190/PSY 110/SOC 170: Elementary Statistics (4)	Eligible for GE Math; or Corequisite: HDEV/PSY/SOC 90

HDEV Core - Complete ALL of the following courses with grades of "C" or better (20 units total):	
HDEV 307: Childhood Development in a Diverse World (3)	GE Foundations; ANTH 120 or HDEV 180 or PSY 100 or SOC 100 with a Grade of "C" or Better
HDEV 310: From Data to Insights: Qualitative Methods in Human Development (4)	GE Foundations; ANTH 120 or HDEV 180 or PSY 100 or SOC 100 with a "C" or Better; Upper Division Standing
HDEV 320: From Data to Insights: Quantitative Methods in Human Development (4)	HDEV 190 or Equivalent; HDEV 307 and 357; All with Grades of "C" or Better; Upper Division Standing
HDEV 327: Approaches to Adolescence and Emerging Adulthood (3)	ANTH 120 or HDEV 180 or PSY 100 or SOC 100; Upper Division Standing
HDEV 357: Adulthood and Aging in a Diverse World (3)	GE Foundations; ANTH 120 or HDEV 180 or PSY 100 or SOC 100 with a Grade of "C" or Better
HDEV 470: Seminar/Practicum (3)	HDEV 320 with a Grade of "C" or Better; or Consent of Instructor

HDEV Upper Division Electives - Complete 6 UNITS from the following courses, including at least 3 UNITS at the 400-level, with grades of "C" or better (6 units total):	
HDEV 300: Death and Dying (3)	GE Foundations; ANTH 120 or HDEV 180 or PSY 100 or SOC 100; Upper Division Standing
HDEV 303: Interdisciplinary Approaches to Health Disparities (3)	Upper Division Standing
HDEV 305: Life Course and Generation in the Arab World (3)	Upper Division Standing
HDEV 306: Immigrant Youth in Long Beach (3) ** An advisor must manually add HDEV 306 to the list of courses for this area in the Academic Requirements Reports (ARR). See an advisor for details.	Upper Division Standing
HDEV 308: Pseudoscience vs. Science: The Impact of (Un)Scientific Data on Human Development (3) ** An advisor must manually add HDEV 308 to the list of courses for this area in the Academic Requirements Reports (ARR). See an advisor for details.	Upper Division Standing
HDEV 331: STEP into Human Development: Skills, Training, Experience, and Purpose (1)	Prerequisite: ANTH 120 or HDEV 180 or PSY 100 or SOC 100 Corequisite: HDEV 333
HDEV 333: Professionals in Human Development (1)	Prerequisite: ANTH 120 or HDEV 180 or PSY 100 or SOC 100 Corequisite: HDEV 331
HDEV 335: Community STEPs: HDEV Training and Experience (1)	Corequisite: HDEV 307 or 327 or 357
HDEV 337: STEPs to Graduate Study: Preparation for HDEV Graduate Study (1)	Corequisite: HDEV 307 or 327 or 357
HDEV 340: Families and Work: Life Course Processes (3)	HDEV 307 and 357 with Grades of "C" or Better
HDEV 360: Cultural Foundations for Human Development (3)	HDEV 307 and 357 with Grades of "C" or Better

HDEV 375: Everyday Ruptures: Risk and Resilience in Human Development (3)	HDEV 307 and 357 with Grades of "C" or Better
HDEV 402: Development of Thought: Structure, Process, and Cultural Influences Across the Life Span (3)	
HDEV 403: The Acquisition of Culture: Socialization in Cross-Cultural Perspective (3)	
HDEV 404: Living and Dying in a Digital Age (3)	HDEV 310 or 320 with a Grade of "C" or Better; or Consent of Instructor
HDEV 405: Latin American Childhoods (3)	GE Foundations; ANTH 120 or HDEV 180 or PSY 100 or SOC 100 with a "C" or Better; Upper Division Standing
HDEV 406: Personal Narrative & Storytelling: Emotion, Cognition, and Culture (3)	HDEV 310 or 320 or COMM 352 or LING 329 or 477 or PSY 220 with a Grade of "C" or Better; or Consent
HDEV 407: Cultural Perspectives on Child and Adolescent Mental Health (3)	
HDEV 408: Impacts of Race and Racism on Human Development Across the Lifespan (3)	
HDEV 416: Society to Synapses: Relationships, the Brain, and Shaping the Human Mind (3)	HDEV 310 or 320 or PSY 220 with a Grade of "C" or Better
HDEV/PSY 417: Critical Perspectives in Successful Aging (3)	ANTH 454 or GERN 400 or HDEV 357 or PSY 365 with a Grade of "C" or Better; or Consent of Instructor
HDEV 490: Selected Topics in Human Development (3) ** An advisor must manually add HDEV 490 to the list of courses for this area in the Academic Requirements Reports (ARR). See an advisor for details.	GE Foundations; Upper Division Standing; Consent
Biological Foundation Area - Complete ONE of the following courses with a grade of "C" or better (3 units total):	
HDEV 218: Environmental Justice, Health, and Human Development (3)	GE Composition
HDEV 303: Interdisciplinary Approaches to Health Disparities (3)	Upper Division Standing
HDEV 416: Society to Synapses: Relationships, the Brain, and Shaping the Human Mind (3)	HDEV 310 or 320 or PSY 220 with a Grade of "C" or Better
ANTH 110: Introduction to Physical Anthropology (3)	
ANTH 155: Medical Technologies & Human Bodies (3)	
ANTH 315: Human Variation (3)	
ANTH 319: Human Growth and Development (3)	
ANTH 435: Human Evolution (3)	ANTH 110
ANTH 436: Medical Anthropology (3)	
BIOL 101: Introduction to Human Disease (3)	Corequisite: GE Composition
BIOL 200: General Biology (4)	Completion of GE Math & One Course from GE Area 1
BIOL 205: Human Biology (4)	Completion of GE Math & One Course from GE Area 1
BIOL 207: Human Physiology (4)	Completion of GE Math & One Course from GE Area 1
BIOL 300: Human Immunology: In Self-Defense (3)	GE Foundations; Upper Division Standing
BIOL 301: Biology of Human Aging (3)	GE Foundations; Upper Division Standing
GERN 401: Human Aging (3)	GE Foundations; Upper Division Standing
GERN 430: Aging and Dementia (3)	Upper Division Standing or Consent of Instructor
GERN/NUTR 439: Nutrition and Aging (3)	NUTR 132 or BIOL 207 or BIOL 301 or GERN 400; or Consent of Instructor
GERN 440: End of Life Issues for Older Adults & Their Families (3)	Upper Division Standing
GERN 474: Global Aging (3)	Upper Division Standing
GERN 475: Women & Aging: Lessons from the Golden Girls (3)	Upper Division Standing
GERN 482: Health Assessment of the Aging Client (3)	Upper Division Standing or Consent of Instructor
H SC 201: Introduction to Public Health (3)	GE Composition
H SC 210: Personal Health and Wellness (3)	GE Composition
H SC 250: Public Health Biology (3)	GE Composition
H SC 260: Introduction to Public Health Informatics and Technology (3)	
H SC 327: Advanced Substance Use Policy and Advocacy (3)	Upper Division Standing

H SC 332: Mental Health and Community Wellbeing (3)	Upper Division Standing
H SC 350: Introduction to Health Advocacy and Policy (3)	Upper Division Standing
H SC 407: Health Equity and Social Justice in the US (3)	GE Foundations; Upper Division Standing
H SC 410: Asian American Health (3)	Upper Division Standing
H SC 411A: Health Science for Elementary Teachers (3)	Upper Division Standing; CPR Certification
H SC 411B: Health Science for Secondary Teachers (3)	Upper Division Standing; CPR Certification
H SC 412: African American Health (3)	Upper Division Standing
H SC 413: Consumer Health (3)	Upper Division Standing
H SC 420: Global Health (3)	GE Foundations; Upper Division Standing
H SC 421: Health Behavior (3)	HDEV, H SC, or KIN-Fitness Majors; and H SC Minors
H SC 422: Environmental Health (3)	GE Foundations; Upper Division Standing
H SC/CAFF 423: Consumer Health (3)	GE Foundations; Upper Division Standing
H SC 425: Human Sexuality and Sex Education (3)	GE Foundations; Upper Division Standing
H SC 426: HIV/AIDS Policy and Advocacy (3)	Upper Division Standing
PSY 241: Psychobiology (3)	PSY 100; GE Composition
PSY 340: Physiology of Behavior (3)	PSY 100, 220, 241
PSY 341: Neuropsychology (3)	PSY 100, 220, 241
PSY 342: Psychopharmacology (3)	PSY 100, 220, 241
PSY 378: Health Psychology (3)	PSY 100; Upper Division Standing

In order to graduate from CSULB, students must complete General Education/GWAR/Major requirements and have a minimum of 120 units (40 must be upper division) with at least a 2.0 in all GPAs (Overall, CSULB, Major).

Additional Information

- **See online Catalog for additional course information, limitations, and requirements.**
- Some courses may also fulfill GE requirements. Visit the GE website for course selection: csulb.edu/student-records/general-education-requirements.
- A course can only be used to satisfy one major requirement. **Double counting is not allowed within the major.**
- Majors will not be permitted to take any upper division classes in the major for Credit/No Credit.

Department of Human Development
College of Liberal Arts Advising Center (ATLAS)

csulb.edu/college-of-liberal-arts/human-development
csulb.edu/atlas

Checklists are available on the [ATLAS website](#)