

Winter 2026 REGISTRATION starts December 9

Name: _____

Email: _____ Phone: _____

Address (if new) _____

OLLI Annual 2025-26 Membership \$40.00 _____ Class Tuition _____ x \$15.00 ea _____	
Donation \$ _____	Contributors will be acknowledged in publications. To remain anonymous check here. ☐
Check # _____	Checks payable to CSULB Foundation NO Cash Total \$ _____

Z = Zoom IP = In Person Hyflex = Zoom and in room

MONDAYS, January 5 - February 23 (Holiday Jan. 19)

<i>Time</i>	<i>Class Title</i>	<i>Class Leader</i>	<i>Location / Comment</i>	<i>Mode</i>	
9:00-9:45	All About the Recorder (Beg)	F. Wenger	Whaley Park	IP	
9:45-11:15	All About the Recorder (Int / Adv)	T. Schneider	Whaley Park	IP	
9:30-11:30	Bridge 3	H. Dunbar	LB Bridge Center- \$20 fee	IP	
9:30-11:00	iOS 26 (3 wks)	K. Winkenwerder	NEW Tech - 1/12 - 2/2	Z	
10:00-12:00	French Comedies	A. Silverston	CSULB/Zoom 1/12 - 2/23	Hyflex	
10:30-12:00	Let's Dish: a little Savory, a little Sweet	Y Rihbany & N Stein	New topics	Z	
10:30-12:00	Beginning Guitar	K. Allen	NEW- LAUMC 1/12- 2/23	IP	
11:30-12:30	Yoga with Barbara	B. Bannerman	CSULB, LifeFit KIN 110B	IP	
11:30-1:00	Ukulele: Beyond Beginner	C. Baker / N. Intriere	Whaley Park	IP	
12:15-1:45	Parlons Francais - Intermediate French	P. Davidson	CSULB, HSD 101	IP	
1:00 - 2:30	The Stories We Carry	K. Skrabo	NEW Los Al 1/5 - 3/2	IP	
1:00-4:00	Crafting Ladies	S. Haglund	JCC New projects	IP	
1:00-2:00	Bluegrass Guitar Workshop	F. Swatek	Lessons for Jam session	Z	FREE
2:30-3:30	Bluegrass Mandolin Workshop	F. Swatek	Lessons and practice	Z	FREE
2:00- 5:00	Hollywood Movies!	J. Hathcock	NEW- CSULB, HSD rm 101	IP	
4:00-5:30	CPR & AED Awareness - Heart Health	B. Fitzpatrick	JCC - 1/12	IP	FREE

TUESDAYS, January 6 - February 24

<i>Time</i>	<i>Class Title</i>	<i>Class Leader</i>	<i>Location / Comment</i>	<i>Mode</i>	
8:30-10:00	iPhone: Beyond the Basics	K. Winkenwerder	TECH - iOS	Z	
9:00-10:00	Longevity Stick Movement	C. Taylor	CSULB, LifeFit KIN 110B	IP	
9:00-10:30	Mindful Movement (4 wks)	N. Raynolds	4 meetings 1/13-2/3	Z	
9:00-12:00	Watercolor for Beginners	V. Berry	CSULB, DSN rm 111	IP	
9:30-11:30	Bridge 1: New or Review	H. Dunbar	LB Bridge Center- \$20 fee	IP	
9:00-10:00	Geopolitics: Update (6 wks)	D. Lunde	New topics	Z	
10:00-12:00	Mastering Watercolor	A. Kupillas	Learn online - Use Apps too	Z	
10:00-12:00	Play it Again Jam - all levels	C. Baker, M. Davidson	Whaley Park	IP	
10:00-11:30	Foundations of Investing (6 wks)	A. Dilsaver	Updates 1/6 - 2/10	Z	
10:30-11:30	Tai Chi Chuan 101 (Beginners)	R. Richina	CSULB, KIN 110B	IP	
11:00 -12:30	AI for Retirees	B. Cohen	CSULB, HSD 101 1/13	IP	FREE
11:00-12:30	Aviation History of Long Beach (6 wks)	R. Zarn & L Junkers	NEW - JCC 1/6 - 2/10	IP	
12:30-2:00	REIKI II (6 wks)	P. Rassouli	NEW - LAUMC 1/6 - 2/10	IP	
12:30-2:30	Eat Plants: Prevent and Reverse Disease...	Dr. D. Rose	NEW 2 hour class	Z	
12:00-1:30	Spanish Story Time	P. Kiwerski	NEW tales	Z	
1:00-2:30	Dungeons & Dragons 5 e for Beginners	M. Baker	NEW- CSULB, HSD 101	IP	
2:00-3:30	Remembering Coach and Vin (2 wks)	S. Gordon	NEW- JCC 1/6 & 13	IP	
2:00-3:30	Only Hope: My Mother & the Holocaust	I. Lubliner	NEW - 2/10	Z	FREE
3:00-5:00	Clash of Wings cont'd	P. Killins	CSULB, HSD, rm 101	IP	

SATURDAYS, January 10 - February 28

9:00-12:00	Watercolor Workshop	M. Daniel	CSULB, DSN rm 111	IP	
10:00-12:00	Art of Songwriting	M. Davidson	CSULB, HSD rm 101	IP	
12:30-1:30	Tap Dancing for Beginners	Page 9 Bianchino	NEW - 4th St Sr Center	IP	

WEDNESDAYS, January 7 - February 25

<i>Time</i>	<i>Class Title</i>	<i>Class Leader</i>	<i>Location / Comment</i>	<i>Mode</i>	
8:30-9:45	Yoga with Jean Marie	J. VanDine	CSULB LifeFit KIN 110B	IP	
8:30-10:00	Ageless Fashion for Women (3 wks)	K. Marshall	NEW ideas 1/7-21	Z	
10:00-11:30	Talking Story	C. Estrada	Houghton Park	IP	
10:00-11:30	Settings on Apple Devices (iPads available for use)	M. Gettys	Tech Lab-Apple All levels	IP	
10:15-11:45	Intro to Genealogical Research (4 wks)	M. Blazey	CSULB, HSD rm 101	IP	
10:15-11:45	Healthy Living for your Brain and Body...	Y. Wyte	CSULB, HSD 101 2/4	IP	FREE
10:15-11:45	Cyber Warrior Academy (3 wks)	D. Babcock	CSULB, HSD 101 2/11-25	IP	
10:30-12:30	Knitting As You Like It (Advanced)	W. Diamond	NEW Los Alamitos CC	IP	
11:00-12:45	Yoga on a Chair: In Person	C. Ellano-Ota	NEW Los Alamitos CC	IP	
11:30-1:00	Acoustic Guitar 2	B. Bradshaw	Whaley Park	IP	
11:45-1:15	iPhone/iPad Photo App (iPads available for use)	M. Gettys	Tech Lab iOS - All levels	IP	
12:00-1:30	The Art of Downsizing	T. Sievers	CSULB, HSD rm101	IP	
12:30-3:30	Molded Magic: Create with Paper mâché (5 wks)	Y. Rihbany	NEW-Rec Park 1/14-2/11	IP	
1:00-2:00	Introduction to Mime (5 wks)	J. McGuire	CSULB, KIN 110B	IP	
12:00-1:30	The Body, Mind, Spirit Connection	M. Velicki	NEW- Los AI 1/7	IP	FREE
1:00-3:00	Dance to World Music for Fun and Fitness	D. Baker	Bellflower	IP	FREE
1:00-2:30	Four Stories, Four Weeks (4 wks)	C. Guillen	JCC 2/4 - 25	IP	
1:15-2:45	Basic Zentangle® Workshop	A. Mindus	NEW-Los Alamitos CC	IP	
1:30-3:00	Apps on your Apple device (iPads available for use)	M. Gettys	Tech Lab - All levels	IP	
1:45-3:15	Lifewell Wisdom Circle: Living the ABC...	P. Hui	CSULB, HSD rm 101	IP	

THURSDAYS, January 8 - February 26

8:30-10:00	Storage /Backup - Apple 1/8 & PC 1/15	B. Cohen	CSULB, HSD 101	IP	FREE
9:30-11:30	Memoir Writing: A Novel Approach	Kiwerski/ Marshall	Email needed	Z	
10:00-11:30	AI Enhanced Video Production - all devices	P. Gutierrez	Tech- CSULB, Lab /Zoom	Hyflex	
10:00-11:00	Tai Chi Chuan 102 (Intermediate)	R. Richina	CSULB, LifeFit KIN 110B	IP	
10:00-11:30	Finger Picking Guitar Style	C. Horvitz	NEW-Whaley Park	IP	
10:15-11:45	American Presidents: the Great , Awful, Mediocre	N. Tushnet	NEW-CSULB rm 101	IP	
11:00-12:30	Zentangle World	T. Taylor	JCC - MPR \$10 fee	IP	
12:00-1:30	National and International Current Events	Team	CSULB, HSD, rm 101	IP	
1:00-2:30	AI Powered Social Media - all devices	P. Gutierrez	Tech- CSULB, Lab / Zoom	Hyflex	
1:00-3:00	Needlework Cafe - Beg & Int (6 wks)	C. Sabol	JCC - MPR - bring supplies	IP	
1:00-2:30	Music Beginning Theory - the Basics	K. Price	LAUMC Hall	IP	
2:00-4:30	Movie Matinee)	T. Hood	NEW CSULB,HSD rm 101	IP	
2:30-4:00	If Not Now, When? Retirement Dreams...(6 wks)	G. Gordon	NEW - Los Alamitos CC	IP	
3:00-4:30	AI Websites,Blogs... Build Online Presence	P. Gutierrez	Tech-CSULB, Lab/Zoom	Hyflex	
3:00-4:30	Catch the Spirit of Singing Chorus	K. Price	LAUMC Hall	IP	

FRIDAYS, January 9 - February 27

9:00-10:30	Birding Adventures: Fun with the Flock (3 wks)	E. Swift	NEW-Parks 1/9 - 23	IP	
9:00-10:30	Fashion in Western Art: Rembrandt to Warhol	F. Trof	NEW-from France!	Z	
10:00-11:30	Elder Justice: Safety, Advocacy.... (4 wks-1/16-2/6)	M. McNeeley	NEW-Houghton Park	IP	
10:00-12:00	Bluegrass Music Jam	F. Swatek	LAUMC Hall	IP	
10:00 -11:30	Ukulele: Play in Ensemble (Advanced)	C. Horvitz & J. Cole	NEW-Whaley Park	IP	
10:30-12:30	Jewelry Making from A - Z	B. Belisle	JCC - new designs	IP	
10:30-12:00	Writers Read Aloud	J. Van Hooten	CSULB,HSD rm 101	IP	
10:30-12:00	Book Club: Contemporary Nonfiction (2 days)	S. Savouliau	Los AI 1/30 & 2/27	IP	FREE
11:00-12:30	Protect Yourself: Is Anti-Virus Software Obsolete?	M. Arena	NEW- 2/27	Z	FREE
11:30-12:30	Soul Tai Chi with Jimmy	J. Mathews	CSULB, LifeFit KIN 110B	IP	
12:30-2:00	Abraham Lincoln & the English Reader (2 wks)	D. Hucker	CSULB HSD 101 2/6 -13	IP	FREE
12:30 -1:45	Yoga on a Chair (see Wed for In-Person)	C. Ellano	Zoom	Z	
1:00-2:30	Intro to the World of Shamans	M. Montoya	CSULB, LifeFit KIN 107	IP	
1:00-3:00	Shape Shifting: Exploring Collage	A. Dworkin	JCC MPR Bring supplies	IP	
1:00-3:00	Short Story Discussion Group	F. Ramirez	NEW Book purchase	Z	
2:30-4:30	Comedy Capers - more funny films	K. Lucas	CSULB, HSD 101 / Zoom	Hyflex	
2:30-4:30	Stained Glass Workshop	S. Newcomb	CSULB,HSD rm 105	IP	
3:00-4:30	Russian Language	D. Cook	JCC Bd Rm	IP	