

FALL 2025 REGISTRATION starts September 15

Name: _____

Email: _____ Phone: _____

Address (if new) _____

OLLI Annual 2025-26 Membership \$40.00 _____ Class Tuition _____ x \$15.00 ea _____	
Donation \$ _____	Contributors will be acknowledged in publications. To remain anonymous check here. ☐
Check # _____	Checks payable to CSULB Foundation NO Cash Total \$ _____

Z = Zoom IP = In Person Hyflex = Zoom and in room

MONDAYS, October 6 - November 17

<i>Time</i>	<i>Class Title</i>	<i>Class Leader</i>	<i>Location / Comment</i>	<i>Mode</i>	
8:00-9:30	Make the Most of your Apple Watch (2 wks)	B. Cohen	TECH-CSULB, HSD rm 101	IP	
9:00-9:45	Play the Recorder (Beg)	F. Wenger	Whaley Park	IP	
9:45-11:15	Play The Recorder (Int / Adv)	T. Schneider	Whaley Park	IP	
9:30-11:30	Bridge 2 (9 wks)	H. Dunbar	LB Bridge Center- \$20 fee	IP	
9:30-11:00	Search the WEB: Oldest to Newest (3 wks)	K. Winkenwerder	NEW Tech - iOS 10/13 - 27	Z	
10:30-11:30	YO ME KI © (4 wks)	P. Rassouli	LAUMC 11/3-24	IP	
10:30-12:00	80 Year Retrospective of WWII	D. Schwartz	NEW - CSULB, HSD /Zoom	Hyflex	
11:30-12:30	Yoga with Barbara	B. Bannerman	CSULB, LifeFit KIN 110B	IP	
11:30-1:00	Ukulele Intermediate	C. Baker / N. Intriore	Whaley Park	IP	
12:15-1:45	The History of Trade and Tariffs	D. Keenan	NEW - CSULB, HSD 101	IP	
1:00-4:00	Crafting Ladies	S. Haglund	JCC 10/6 & 13 early	IP	
1:00-2:00	Bluegrass Guitar Workshop	F. Swatek	Lessons for Jam session	Z	FREE
2:30-3:30	Bluegrass Mandolin Workshop	F. Swatek	Lessons and practice	Z	FREE
2:00- 5:00	Hollywood Movies!	J. Hathcock	NEW- CSULB, HSD rm 101	IP	
2:00-3:30	A Galactic Journey	M. Geier	NEW- Zoom	Z	
4:00-5:30	CPR & AED Awareness - Heart Health	B. Fitzpatrick	JCC - 10/20	IP	FREE

TUESDAYS, October 7 - November 18

<i>Time</i>	<i>Class Title</i>	<i>Class Leader</i>	<i>Location / Comment</i>	<i>Mode</i>	
8:30-10:00	iPhone: Beyond Basics	K. Winkenwerder	TECH - iOS	Z	
9:00-10:00	Longevity Stick Movement	C. Taylor	CSULB, LifeFit KIN 110B	IP	
9:00-10:30	Mindful Movement (4 wks)	N. Raynolds	4 meetings 10/14-11/4	Z	
9:30-11:30	Bridge 3 (9 wks)	H. Dunbar	LB Bridge Center- \$20 fee	IP	
9:00-10:00	Geopolitics: Update	D. Lunde	New topics	Z	
9:45-11:15	Equality Under Law (3 wks)	P. Leary	CSULB, HSD rm 101	IP	
10:00-12:00	Play it Again Jam - all levels	C. Baker	Whaley Park	IP	
10:00-11:30	Foundations of Investing	A. Dilsaver	Updated topics	Z	
10:00-11:30	Intro to Shakespeare	D. Shere	JCC - starts 10/14	IP	
10:30-11:30	Tai Chi Chuan 101 (Beginners)	R. Richina	CSULB KIN 110B	IP	
10:30-12:00	Prevent Heart Disease, Cancer & Diabetes	W. Covalt	Meets 2 times 10/7 & 9	Z	FREE
11:30-1:00	Cyber Warrior Academy (3 wks)	D. Babcock	NEW- CSULB, HSD 101	IP	
12:00-2:00	Electric Cars: Get Rolling	P. Reed	NEW Los Al 10/21	IP	FREE
12:00-2:00	Car Buying Guide for Seniors	P. Reed	NEW Los Al 10/28	IP	FREE
12:00-2:00	Intro to Better Capitalism: ...a Better Way	P. Knowlton	NEW 1 day 11/18	Z	FREE
12:00-1:30	Spanish Story Time	P. Kiwerski	NEW tales	Z	
1:00-2:30	Lawn Bowling Basics (4 wks)	S. Folick	NEW - LBLBC 10/7-28	IP	
1:15-2:45	Asian Art in LB, Santa Ana & Pasadena	D. Hobbs	NEW- CSULB, HSD rm 101	IP	
2:00-3:30	Get Organized A-Z	S. Farley	Refresh your skills	Z	
3:00-5:00	Clash of Wings cont'd	P. Killins	CSULB, HSD, rm 101	IP	

WEDNESDAYS, October 8 - November 19

<i>Time</i>	<i>Class Title</i>	<i>Class Leader</i>	<i>Location / Comment</i>	<i>Mode</i>	
8:30-9:45	Yoga with Jean Marie	J. VanDine	CSULB LifeFit KIN 110B	IP	
8:30-10:00	Looking Good on a Budget (3 wks)	K. Marshall	Starts 10/29, 11/5, 12	Z	
9:00-10:00	The Art of Downsizing	T. Sievers	CSULB, HSD rm 101	IP	
10:00-11:30	ABCs of Medicare (3 wks)	D. Dillman	10/8 - 22	Z	
10:00-11:30	iPhone/iPad Cameras (iPads available for use)	M. Gettys	Tech Lab-Apple All levels	IP	
11:00-12:30	How is Your RMD?	J. Pak	Update 1 day 10/8	Z	FREE
11:00-12:30	Happiness & Humor: No Groan-Ups Allowed	S. Mathieu	NEW - Los Al 11/19	IP	FREE
11:00-12:30	End of-Life Decision Making (4 wks)	C. Malaambo	NEW - Los Al 10/8-29	IP	
11:30-1:00	Acoustic Guitar 2	B. Bradshaw	Whaley Park	IP	
11:45-1:15	iPhone/iPad Photo App (iPads available for use)	M. Gettys	Tech Lab iOS - All levels	IP	
12:00-1:30	Lifewell Wisdom Circle: Sharing Stories & Science...	P. Hui	NEW-CSULB, HSD rm101	IP	
1:00-3:00	Memoir Shorts - Writing for All	K. Bohn	NEW-Los Al 2 hours	IP	
1:00-3:00	Dance to World Music for Fun and Fitness	D. Baker	More fun! Bellflower	IP	FREE
1:00-2:30	Four Stories, Four Weeks (4 wks)	C. Guillen	JCC 10/29 - 11/19	IP	
1:30-3:00	iPhone Tips and Tricks (iPads available for use)	M. Gettys	Tech Lab - All levels	IP	
1:45-3:15	From Slavery to Freedom - Caribbean	N. Wicks	CSULB, HSD rm 101	IP	
3:30-5:00	Beginning Guitar	J. Smith	CSULB, HSD rm 101	IP	

THURSDAYS, October 9 - November 20

9:00-10:30	History of Communications (5 wks)	L. Jacobson	Updated topics	Z	
9:30-11:30	Memoir Writing: A Novel Approach	Kiwerski/ Marshall	Email needed	Z	
10:00-11:30	AI Enhanced Video Production - all devices	P. Gutierrez	Tech- CSULB, Lab /Zoom	Hyflex	
10:00-11:00	Tai Chi Chuan 102 (Intermediate)	R. Richina	CSULB, LifeFit KIN 110B	IP	
10:00-11:00	Heartbeat of Dancing Hula (4 wks)	A. Carroll	CSULB, KIN 107	IP	
10:15-11:45	Global, Societal, Political Issues with AI	L. Soe	NEW-CSULB rm 101/Zoom	Hyflex	
10:30-12:00	Prevent Heart Disease, Cancer.... (2 meetings)	W. Covalt	Updates 10/7 & 10/9	Z	FREE
11:00-12:30	Zentangle Patterns	T. Taylor	JCC - MPR \$10 fee	IP	
11:30-1:00	Finger Style Guitar	C. Horvitz	Whaley Park	IP	
12:00-1:30	National and International Current Events	Team	CSULB, HSD, rm 101	IP	
1:00-2:30	AI Powered Social Media - all devices	P. Gutierrez	Tech- CSULB, Lab / Zoom	Hyflex	
1:00-3:00	Needlework Cafe - Beg & Int	C. Sabol	JCC - MPR - bring supplies	IP	
1:00-2:30	Music Beginning Theory - the Basics	K. Price	LAUMC Hall	IP	
2:00-4:30	Movie Matinee	T. Hood	NEW CSULB,HSD rm 101	IP	
3:00-4:30	Build Website,Blogs... Maximizing Online Presence	P. Gutierrez	Tech-CSULB, Lab/Zoom	Hyflex	
3:00-4:30	Catch the Spirit of Singing Chorus	K. Price	LAUMC Hall	IP	

FRIDAYS, October 10 - November 21

8:45-10:15	Foundations of Technology (3 wks)	B. Cohen	Tech-CSULB,HSD rm 101	IP	
9:00-10:30	Birding Adventures: Fun with the Flock (3 wks)	E. Swift	NEW locations	IP	
10:00-12:00	Putz'n Around: Fall Craft (3 wks)	P.LaBarba/K. McKelvie	NEW-CSULB, DSN 111	IP	
10:00-12:00	Bluegrass Music Jam	F. Swatek	LAUMC Hall	IP	
10:30-12:30	Jewelry Making from A - Z	B. Belisle	JCC -MPR new designs	IP	
10:30-12:00	Writers Read Aloud	J. Van Hooten	CSULB,HSD rm 101	IP	
10:30-12:00	Book Club: Contemporary Nonfiction (2 days)	S. Savouliau	Los Al 10/24 & 1/21	IP	FREE
11:30-12:30	Soul Tai Chi with Jimmy	J. Mathews	CSULB, LifeFit KIN 110B	IP	
12:30-2:00	Pathways to a Better Life (1 day)	D. Hucker	CSULB HSD 101 10/10	IP	FREE
12:30-2:00	Conversations in French (starts 10/17)	M. Green	CSULB,HSD rm 101	IP	
12:30-1:45	Yoga on a Chair	C. Ellano	LAUMC Hall / Zoom	Hyflex	
1:00-3:00	Shape Shifting: Exploring Collage	A. Dworkin	JCC MPR rm	IP	
1:30-3:30	Open Computer Lab	W. Peck	Tech Lab	IP	FREE
1:00-3:00	Short Story Discussion Group	F. Ramirez	NEW Book purchase	Z	
2:30-4:30	Comedy Capers - more funny films	K. Lucas	CSULB, HSD 101 / Zoom	Hyflex	
2:30-4:30	Stained Glass Workshop	S. Newcomb	CSULB,HSD rm 105	IP	
3:00-4:30	Russian Language	D. Cook	JCC Bd Rm	IP	

SATURDAYS, October 11 - November 22

9:00-12:00	Watercolor Workshop	Daniel	CSULB, DSN rm 111	IP	
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