

BA in Recreation  
Lower Division Worksheet  
2024-2025 Catalog

→ You must have a minimum 2.0 overall GPA in order to declare the Recreation major.

Grade	Course Number & Title (units)	Prerequisites†
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**Complete ALL of the following MSR courses in order to declare your major:**

	<b>ONE (1) of the following:*</b> <input type="checkbox"/> REC 141: Introduction to Leisure Services (3) <b>GE AREA: D3</b> <input type="checkbox"/> REC 225: Programming Recreation Activities(3)	<i>one GE foundation course (corequisite)</i> <i>none</i>
	Any GE Foundation A1: Oral Communication course (3)	<i>none</i>
	Any GE Foundation A2: Written Communication course (3)	<i>appropriate English placement</i>
	Any GE Foundation A3: Critical Thinking course (3)	<i>see catalog</i>
	Any GE Foundation B4: Mathematics course (3)	<i>appropriate math placement</i>

**Additional Lower Division major courses:**

	<b>ONE (1) of the following:</b> <input type="checkbox"/> ANTH 120: Introduction to Cultural Anthropology (3) <b>GE AREA: D3</b> <input type="checkbox"/> CDFS 211: Guiding Young Children (3) <input type="checkbox"/> HDEV 180: Lifespan Human Development (3) <b>GE AREA: D3 or E</b> <input type="checkbox"/> PSY 100: General Psychology (3) <b>GE AREA: D3</b> <input type="checkbox"/> SOC 100: Principles of Sociology (3) <b>GE AREA: D3</b>	<b>ANTH 120: none</b> <b>CDFS 211: a 'C' or better in CDFS 111 or PSY 100 or SOC 100</b> <b>HDEV 180: none</b> <b>PSY 100: GE composition ready</b> <b>SOC 100: one GE foundation course (corequisite)</b>
	REC 201: Teamwork & Group Dynamics (3) <b>GE Area: E</b>	<i>one GE foundation course (corequisite)</i>
	REC 210: Health & Wellness in Park, Recreation, & Tourism (3)	<i>none</i>

†Prerequisites are subject to change; consult the University Catalog ([www.csulb.edu/catalog](http://www.csulb.edu/catalog)) for the most recent updates

\*Only one course is required to **declare** the Recreation & Leisure Studies major but both are required for the major; you need to complete both.

✓GE credit is granted based on the term you take the course and is subject to change; see the current GE course list at [csulb.edu/fall-2021-general-education-requirements](http://csulb.edu/fall-2021-general-education-requirements)

✓A 'C' or better is required in all courses