

BS in Physical Education  
Major Requirements Worksheet  
2024-2025 Catalog

Name: \_\_\_\_\_ Student ID: \_\_\_\_\_

Grade	Course Number & Title (units)	Prerequisites†
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All KIN courses are blocked to declared majors only (not pre-majors) unless otherwise specified in the prerequisites column

**Complete ALL of the specified core courses:**

	KIN 201: Introduction to Kinesiology (3)	KIN and Pre-KIN majors
	KIN 300: Biomechanics of Human Movement (3) <b>GE Area: UD B</b>	a 'C' or better in BIOL 208 corequisite: KIN 201
	KIN 301: Exercise Physiology (3)	a 'C' or better in BIOL 207 corequisite: KIN 201
	KIN 312: Motor Control & Learning (3)	a 'C' or better in all of the following: BIOL 207, BIOL 208 corequisite: KIN 201
	KIN 332: Sociocultural Dimensions of Sport & Human Movement (3) <b>GE Area: Writing Intensive</b>	GPE score of 11+ or portfolio course; open to Pre-KIN majors; corequisite: KIN 201

**Complete ALL of the following lower division courses:**

	BIOL 207: Human Physiology (4) <b>GE Area: B2/B3</b>	B4 and one GE A category
	BIOL 208: Human Anatomy (4)	a 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140, DANC 261, or MICR 200
	KIN 149A: Self Defense (1)	open to Pre-KIN majors
	KIN 237: Techniques & Analysis of Aquatic Skills (2)	none
	KIN 270: Professional Practices in Public School Physical Education (3)	GE A2 course corequisite: Community CPR/First Aid/Safety or current certification; <b>see catalog for full details</b>
	KIN 240: Techniques of Court Sports & Activities (2)	none; <b>Fall Only</b>
	KIN 241: Techniques of Racquet Sports & Activities (2)	none; <b>Spring Only</b>
	KIN 242: Techniques of Field Sports & Activities (2)	none; <b>Spring Only</b>
	KIN 243: Techniques of Lifetime Sports & Activities (2)	none; <b>Fall Only</b>
	KIN 244: Techniques of Body Movement and Control (2)	none; <b>Fall Only</b>
	KIN 268: Techniques of Track & Field (1)	none; <b>Fall Only</b>

**Complete ALL of the following upper division courses:**

	KIN 315: Motor Development (3)	BIOL 207; BIOL 208
	KIN 320: Adapted Physical Activity (3)	BIOL 208
	KIN 343: Techniques & Analysis of Physical Fitness & Activity (2)	KIN 270
	KIN 370: Movement Theory & Practice of Elementary Physical Education (3)	KIN 270
	KIN 380: Principles, Organization & Management of Secondary School Physical Education (3)	prerequisite: KIN 149A, 237, 250, 251, 253, 255, 257, 261, 264, 265, 266, 267, 268, 270, 370 <b>OR</b> KIN 240, 241, 242, 243, 244 corequisite: KIN 300, 301, 312, 343 recommended corequisite: EDSS 300P
	KIN 460: Applied Theory & Analysis of Non-Traditional Physical Education Games & Activities (2)	KIN 370; senior standing

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**Choose & complete ONE concentration**

**Concentration in Adapted Physical Education: Complete the following courses:**

	KIN 387: Physical Activities for the Disabled (3)	KIN 320; <b>fall only</b> corequisite: KIN 427 recommended corequisite: KIN 489A
	KIN 388: Program Planning & Instruction in Adapted Physical Education (3)	KIN 387; <b>spring only</b> recommended corequisite: KIN 489A
	KIN 427: Physical & Motor Assessment (3)	KIN 315, 320; <b>fall only</b>

**Concentration in K-12 Physical Education: Complete the following courses:**

	KIN 457: Applied Theory of Teaching Team Sports (3)	KIN 250, 251, 253, 255, 257, 270 <b>OR</b> KIN 240, 241, 242, 243, 244 senior standing; <b>fall only</b>
	KIN 461: Applied Theory of Teaching Individual & Dual Sports (3)	KIN 237, 264, 265, 266, 267, 268, 270 <b>OR</b> KIN 240, 241, 242, 243, 244 senior standing; <b>spring only</b>
	KIN 477: Measurement & Curriculum in Physical Education (3)	KIN 343, 370; <b>fall only</b>

†Prerequisites are subject to change; consult the University Catalog ([www.csulb.edu/catalog](http://www.csulb.edu/catalog)) for the most recent updates

✓GE credit is granted based on the term you take the course and is subject to change; see the current GE course list at <https://www.csulb.edu/general-education-requirements>

✓A 'C' or better is required in all courses

✓Total units required for PE: 65