

Minor in Nutrition
Requirements Worksheet
2024-2025 Catalog

Name: _____ Student ID: _____

Grade	Course Number & Title (units)	Prerequisites†
-------	-------------------------------	----------------

Complete ALL of the following courses:

	NUTR 132: Introductory Nutrition (3) GE Area: B2 or E	corequisite: one GE foundation course
	BIOL 207: Human Physiology (4) GE Area: B2/B3	GE B4 & one GE A category
	NUTR 331: Nutrition through the Life Cycle (3)	BIOL 207; NUTR 132
	NUTR 336: Social and Cultural Aspects of Food & Health (3)	NUTR 132
_____ _____	TWO (2) of the following: <input type="checkbox"/> NUTR 337: Introduction to Nutrition Research Methods (3) <input type="checkbox"/> NUTR 436A: Advanced Nutrition I (3) <input type="checkbox"/> NUTR 436B: Advanced Nutrition II (3) GE Area: UD B <input type="checkbox"/> NUTR/GERN 439: Nutrition and Aging (3) <input type="checkbox"/> NUTR 461: Community Nutrition (3) <input type="checkbox"/> NUTR/KIN 468: Nutrition for Exercise & Performance (3) <input type="checkbox"/> NUTR 470: Applied Sports Nutrition (3) <input type="checkbox"/> NUTR 480: Using Media to Promote Nutrition (3) <input type="checkbox"/> NUTR 490: Selected Topics in Nutrition & Dietetics (1-3) <input type="checkbox"/> NUTR 497: Directed Studies (1-3)	337: NUTR 331 436A: C or better in CHEM 220B or CHEM 227; NUTR 331 (corequisite) 436B: NUTR 436A (corequisite); upper division standing 439: NUTR 132 or BIOL 207 or BIOL 301 or GERN 400 461: NUTR 331, NUTR 336, SOC 335 468: NUTR 132, KIN 301; Fitness majors only; or instructor consent 470: NUTR 331 480: NUTR 331 490: department consent 497: department consent

†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

✓ A 'C' or better is required in all minor courses

✓ Total units required for NUTR minor: 19

✓ Minimum of 3 semesters required to complete the NUTR minor