BS in Kinesiology - *Option in Exercise Science*
Degree Progress Rules Worksheet
2023-2024 Catalog

→ You must have a minimum **3.0 overall GPA** in order to declare the Exercise Science option.

→ **Highlighted** courses must be completed with a **minimum 2.5 GPA.**

Grade	Course Number & Title (units)	Prerequisites†

ALL Major Specific Requirements need to be completed by 60 credits in order to declare major:

Grade	Course Number & Title (units)	Prerequisites†
	Any GE Foundation A1: Oral Communication course (3)	*none*
	Any GE Foundation A2: Written Communication course (3)	*appropriate English placement*
	Any GE Foundation A3: Critical Thinking course (3)	*see catalog*
	ONE (1) of the following options:* □ MATH 113 (or higher): Precalculus Algebra (3) **GE AREA: B4 - foundation** **OR** □ MATH 112A: Essential Algebra A (3) **GE AREA: B4 - foundation AND** □ MATH 112B: Essential Algebra B (3)	*113: Appropriate math placement* *112A: Appropriate math placement or concurrent enrollment in MATH 92A* *112B: a 'C' or better in MATH 112A*
	KIN 201: Introduction to Kinesiology (3)*	*open to KIN and Pre-KIN majors only*
	BIOL 207: Human Physiology (4)* **GE AREA: B2/B3**	*GE B4 & at least one GE A category (A1 or A2 or A3)*
	BIOL 208: Human Anatomy (4)*	*a 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140, or DANC 261*
	ONE (1) of the following options:* □ CHEM 111A: General Chemistry (5) **GE AREA: B1/B3** □ PHYS 100A: General Physics (4) **GE AREA: B1/B3**	*111A: appropriate chemistry placement; MATH 112B or higher OR Pre/Co-requisite: MATH 119A or higher.* *100A: MATH 109 or 111 or 112A or 113 or 119A or 122*

Optional Major courses that can be taken as a pre-major:

Grade	Course Number & Title (units)	Prerequisites†
	PSY 100: General Psychology (3) **GE AREA: D3**	*GE composition ready*
	KIN 263: Techniques of Physical Fitness (2)	*open to KIN and Pre-KIN majors only*

†*Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates*

✓*GE credit is granted based on the term you take the course and is subject to change; see the current GE course list at www.csulb.edu/ge*

✓*A 'C' or better is required in all courses*