

Name: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Address (if new) \_\_\_\_\_

Heard about OLLI from \_\_\_\_The SUN \_\_\_\_Word of mouth \_\_\_\_Social Media \_\_\_\_Newspaper \_\_\_\_ Other

OLLI Membership ( <i>new only</i> ) \$20.00 _____	Class Tuition _____ x \$15.00 ea _____	
<b>Donation</b> \$ _____	Contributors will be acknowledged in publications. To remain anonymous check here. <input type="checkbox"/>	
Check # _____	Checks payable to CSULB Foundation <b>NO Cash</b>	<b>Total</b> \$ _____

**Z = Zoom      IP = In Person      Hyflex = Zoom and in room**

**MONDAYS, July 8 - August 26      8 Weeks**

Time	Class Title	Class Leader	Location / Comment	Mode	
8:30-9:50	Stand Tall, Stand Strong (Day 1)	L. Goldman	Exercise bands	<b>Z</b>	
9:15-9:45	Play The Recorder (Beginning)	T. Schneider	St. Isidore Historical Plaza	<b>IP</b>	
9:45-11:15	Play The Recorder (Intermediate)	T. Schneider	St. Isidore Historical Plaza	<b>IP</b>	
9:30-11:30	Bridge 3: Intermediate and Adv.	H. Dunbar	LB Bridge Center- \$20 fee	<b>IP</b>	
10:00-11:30	Google Docs (4 wks)	K. Winkenwerder	Tech - 4 wks 7/8 - 29	<b>Z</b>	
10:30-12:00	Let's Dish: A little Savory...Sweet...Spicy	Y Rihbany & N. Stein	NEW topics	<b>Z</b>	
11:30-12:30	Yoga with Barbara	B. Bannerman	CSULB, LifeFit KIN 110B	<b>IP</b>	
12:15-1:45	Reverse Mortgage Tips (3 wks)	S. Burks	3 wks 7/8 - 22	<b>Z</b>	
12:15-1:45	Parlons Francais- Let's Speak French	P. Davidson	NEW - CSULB, rm 101	<b>IP</b>	
1:00-4:00	Finish Craft Projects for returning students	S. Haglund	St. Isidore Hist. Plaza	<b>IP</b>	
1:30-3:00	Create AI images in DALL-E (4 wks)	L. Soe	NEW - start 7/22 - 8/12	<b>Z</b>	
2:00- 5:00	Hollywood 1939 Movies!	J. Hathcock	NEW - CSULB, rm 101	<b>IP</b>	

**TUESDAYS, July 9 - August 27**

Time	Class Title	Class Leader	Location / Comment	Mode	
8:30-10:00	iPhone: Beyond Basics	K. Winkenwerder	TECH - iOS	<b>Z</b>	
9:00-10:00	Longevity Stick Art Movements	C. Taylor	CSULB, LifeFit KIN 110B	<b>IP</b>	
9:30-11:30	Bridge 1: Beginners and review	H. Dunbar	LB Bridge Center- \$20 fee	<b>IP</b>	
10:00-12:00	Play it Again Jam - all levels	C. Baker & M. Davidson	LAUMC - new location	<b>IP</b>	
10:00-12:00	Drawing for Everyone with Valerie	V. Berry	NEW - CSULB, DSN 111	<b>IP</b>	
10:00-11:30	Intro to Shakespeare	D. Shere	JCC - new tales	<b>IP</b>	
10:30-11:30	Yo Me Ki (Reiki) healing and relaxation	P. Rassouli	NEW - Signal Hill center	<b>IP</b>	
11:30-1:00	Open Your Ears to Music	M. Vaccaro	NEW - CSULB, HSD,rm 101	<b>IP</b>	
12:00-1:30	Spanish Story Time	P. Kiwerski	New tales and talk	<b>Z</b>	
12:00-2:00	Intro to Better Capitalism (2 wks)	Knowlton & Hedges	NEW - 2 wks 8/13 - 20	<b>Z</b>	
1:15-2:45	US and France: relationships	A Silverston	NEW -CSULB, HSD,rm 101	<b>IP</b>	
1:00-2:30	Piano & Sheet Music Sharing (5 wks)	W. Teweles	NEW 7/9-23 & 8/13-20	<b>IP</b>	
3:00-5:00	War Dramas Revealed	P. Killins	NEW - CSULB, HSD, rm 101	<b>IP</b>	

**WEDNESDAYS, July 10 - August 28**

<i>Time</i>	<i>Class Title</i>	<i>Class Leader</i>	<i>Location / Comment</i>	<i>Mode</i>	
8:30-9:50	Stand Tall, Stand Strong (Day 2)	L. Goldman	See Monday	Z	NC
8:30-9:45	Yoga with Jean Marie	J. VanDine	CSULB LifeFit KIN 110B	IP	
10:00-11:30	Talking Story: Fabric of our Lives	C. Estrada/R. Hamfelt	Houghton Park	IP	
10:00-11:30	Photos on your iPhone /iPad	M. Gettys	Tech - All levels	IP	
10:15-11:45	Nutrition and Foods (5 wks)	A. Bianchino	CSULB, rm 101 7/10 - 8/7	IP	
10:15-11:45	Advanced Directives (3 wks)	C. Malaambo	CSULB, rm 101 8/14-28	IP	
11:45-1:15	Travel with your iPhone /iPad	M. Gettys	Tech - All levels	IP	
<b>1:00-3:00</b>	<b>Dance for Fun and Fitness: Folk Dance</b>	<b>D. Baker</b>	<b>More!- See page 25</b>	<b>IP</b>	<b>free</b>
1:00-2:30	ABCs of Medicare (3 wks)	D. Dillman	3 wks 7/10 -24	Z	
1:00-3:00	4 Stories, 4 Weeks: Cool Stuff (4 wks)	M. Panitz	JCC 4 wks 7/17 - 8/7	IP	
2:30-5:00	Printmaking with Gelli Printing Plates (6 wks)	P LaBarba/K McKelvie	NEW - CSULB, HSD, rm 105	IP	

**THURSDAYS, July 11 - August 29**

<i>Time</i>	<i>Class Title</i>	<i>Class Leader</i>	<i>Location / Comment</i>	<i>Mode</i>	
8:30-10:00	See the Picture Before You Take a Photograph	D. Cox	CSULB, rm 101	IP	
9:30-11:30	Memoir Writing: A Novel Approach	Kiwerski/ Marshall	Email needed	Z	
10:00-11:30	AI Enhanced Videos - all devices	P. Gutierrez	Tech- CSULB, Lab / Zoom	Hyflex	
10:15-11:45	Herbalism & Natural Living (6 wks)	A. Lawrence	NEW - CSULB, rm 101	IP	
10:30-11:30	Tai Chi Chuan 101	R. Richina	CSULB, LifeFit KIN 110B	IP	
12:00-1:30	National and International Current Events	Team	CSULB, HSD, rm 101	IP	
11:30-1:15	Zentangle Patterns	T. Taylor	JCC	IP	
1:00-2:30	AI Powered Social Media - all devices	P. Gutierrez	Tech- CSULB, Lab / Zoom	Hyflex	
1:45-3:15	Spanish for Travelers (7 wks)	S. Perez	NEW-CSULB, rm 101 7/18	IP	
<b>1:45-4:45</b>	<b>Swinging London July 11</b>	<b>P. Begans</b>	<b>NEW - see page 25</b>	<b>IP</b>	<b>free</b>
2:00-3:30	Rebuilding Your Life after Loss	C. Hopkins-Doubt	JCC	IP	
1:30-3:30	Needlework Cafe - Beg and Intermediate	C. Sabol	JCC - New projects	IP	
3:00-4:30	Maximize an Online Presence: Blogs, Vlogs & Al...	P. Gutierrez	Tech- CSULB, Lab/Zoom	Hyflex	
3:00-4:30	Catch the Spirit of Singing...Chorus	K. Price	LAUMC - new location	IP	
<b>6:00-7:30</b>	<b>CPR and AED Awareness July 18</b>	<b>B. Fitzpatrick</b>	<b>JCC - open to all</b>	<b>IP</b>	<b>free</b>

**FRIDAYS, July 12 - August 30**

<i>Time</i>	<i>Class Title</i>	<i>Class Leader</i>	<i>Location / Comment</i>	<i>Mode</i>	
10:00-12:00	Bluegrass Music Jam	F. Swatek	LAUMC - new location	IP	
10:30-12:30	Jewelry A to Z	B. Belisle	JCC - starts 7/19	IP	
11:00-12:00	Soul Tai Chi with Jimmy	J. Mathews	CSULB, LifeFit KIN 110B	IP	
12:00-1:30	Oral History to Book: How to... (4 wks)	C. Feazel	NEW - 7/12 - 8/2	Z	
12:45-2:15	Pathways to a Better Life (2 wks)	D. Hucker	NEW-CSULB 7/12 & 19	IP	
<b>12:45-2:15</b>	<b>Today's Stock Market: Your Portfolio July 26</b>	<b>J. Wigen</b>	<b>CSULB, rm 101 /Zoom</b>	<b>Hyflex</b>	<b>free</b>
1:00-3:00	Short Story Discussion Group	F. Ramirez	Book purchase	Z	
1:00-3:00	Shape Shifting: Exploring Collage	A. Dworkin	NEW - JCC	IP	
<b>1:30-3:30</b>	<b>Open Lab</b>	<b>W. Peck</b>	<b>FREE for all</b>	<b>IP</b>	<b>free</b>
2:00-4:30	Comedy Capers: summer films (5 wks -Aug.)	K. Lucas	CSULB, rm 101 /Zoom	Hyflex	

**SATURDAYS, July 13 - August 31**

<i>Time</i>	<i>Class Title</i>	<i>Class Leader</i>	<i>Location / Comment</i>	<i>Mode</i>	
9:00-12:00	Watercolor Workshop - Adv.	M. Daniel	CSULB, HSD rm 105	IP	
10:00-12:00	The Art of Song: Songwriting	M. Davidson	NEW - CSULB, rm 101	Hyflex	
<b>12:30-3:30</b>	<b>Critique Your Artwork: workshop - July 27</b>	<b>A. Kupillas</b>	<b>NEW - CSULB, DSN 111</b>	<b>IP</b>	<b>free</b>