

## Summer LIFE @ The Beach Program Overview and Application Checklist

Summer LIFE @ The Beach is a multi-day, overnight program for incoming first-year or transfer students with an autism spectrum disability (ASD) or other neurodiverse abilities. During this program, students will learn about campus programs and resources, have an opportunity to practice and develop interpersonal skills as well as personal/self-care skills, and will explore the Long Beach community.

To learn more about the Learning Independence for Empowerment (LIFE) Project and Autism Services with the Bob Murphy Access Center (BMAC) at CSULB, check out our website: <u>Bob Murphy Access Center - Autism Services/LIFE Project</u>

## Summer LIFE @ The Beach application requirements for all applicants:

- Fully completed and signed application, including Legal Guardian statement and questionnaire, and Release of Information (ROI) form
- Psycho-educational report and/or supporting disability documentation
- $_{\circ}$  Two letters of character reference
- Latest IEP (most recent, if applicable for first year students)
- o Student photo
- Interview (Zoom or in-person), to be held in May/June 2023

Please submit application materials to: <u>LIFEproject@csulb.edu</u>

If sending materials via fax/mail: California State University Long Beach ATTN: Bob Murphy Access Center (BMAC), LIFE Project, SSSC-110 1250 Bellflower Blvd Long Beach, CA 90840

> Phone: (562) 985-5401 Fax: (562) 985-7183 Email: <u>LIFEproject@csulb.edu</u>

### Application Deadline: Monday, May 22, 2023

**Questions?** 

Please contact (562) 985-5401 or email LIFEproject@csulb.edu.



### Summer LIFE @ The Beach Application for Admission

Applicants are carefully screened for admission. Please take the time necessary to complete this application accurately and completely.

Today's Date	CSULB Student	ID #
APPLICANT (STUDENT) INF	ORMATION	
Legal Name	Middle	Last
Preferred Name		
Address		
		Zip
Home Phone	Cell Phone	
Primary Email Address		
Date of Birth / / /	Current Age	
Gender Identity	Pronouns	
T-Shirt Size (Unisex)		
ETHNICITY (optional)		
Race/ethnicity information is option manner.	al. Information you provide w	ill not be used in a discriminatory
Are you Hispanic or Latino/a?	Yes □ No	
If you are not Hispanic or Latino/a,	please select one or more of	the following categories:
□ Asian □ Native Hawa	iian or Other Pacific Islander	Black or African American
American Indian or Alaska	Native DWhite	

### **GUARDIAN INFORMATION** (Guardian(s) with whom the student resides)

Guardian #1	Guardian #2 (if applicable)
First Name	First Name
Last Name	Last Name
Address	Address
City, State	City, State
Zip Code	Zip Code
Home Phone	Home Phone
Cell Phone	Cell Phone
Work Phone	Work Phone
Email Address	Email Address
Relationship to Student	Relationship to Student
Primary Contact Person (from above): Additional Guardian Information (if applicab	
First Name	
Last Name	
Address	
City, State	
Zip Code	
Home Phone	
Cell Phone	
Work Phone	
Email Address	
Relationship to Student	

In case of	emergency/evacuation,	what guidance	do you need	BMAC to k	now to best	support
you?						

#### EDUCATIONAL CONSULTANT INFORMATION (If applicable)

An educational consultant is an individual who has working knowledge of both federal and state laws relating to educational access for students with disabilities and assists with the development and facilitation of customized education programs.

Name		
First La	st	
Company/Organization		
Mailing Address		
City	State	Zip Code
Phone Number	Email Address	

Note: BMAC may contact the educational consultant listed above for information regarding the admissions process. Please complete attached ROI form at the end of this application.

#### **EDUCATIONAL INFORMATION**

*First-year students:* please list all schools attended from 9<sup>th</sup> through 12<sup>th</sup> grades. *Transfer students:* please include colleges or other relevant educational programs.

Current School or Progra	am	
School Name		Current GPA
Mailing Address		Start Date
City	State	End Date
Zip Code	Phone Number	
Previous School or Prog	ram	
School Name		Grade(s) Completed
Mailing Address		Start Date
City	State	End Date
Zip Code	Phone Number	
Previous School or Prog	ram	
School Name		Grade(s) Completed
Mailing Address		Start Date
City	State	End Date
Zip Code	Phone Number	

#### **COUNSELOR/THERAPIST INFORMATION** (if applicable)

Please list all counselors and therapists who have seen the applicant in the last seven (7) years.

Name		
Name	Last	
Mailing Address		
City	State	Zip Code
Phone Number	Email Address	
Age(s) Seen	Nature of Service:	
Previous Counselor/The	erapist Information	
Name	Last	
City	State	Zip Code
Phone Number	Email Address _	
Age(s) Seen	Nature of Service:	
Previous Counselor/The	erapist Information	
Name	Last	
Mailing Address		
City	State	Zip Code
Phone Number	Email Address _	
Age(s) Seen	Nature of Service:	

Note: BMAC may contact the counselor(s)/therapist(s) listed above for information regarding the admissions process. Please complete attached ROI form at the end of this application.

#### **MEDICAL/DISABILITY INFORMATION**

List your specific medical/disability diagnoses:

List any medical conditions:

Have you ever been hospitalized for psychological reasons? 
Que Yes Que No

If yes, please give date(s	If yes,	please	give	date(	(s)
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Reason fo	r hospita	lization(	s)	):
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Do you take any medication? 
□ Yes 
□ No

If yes, please list:

Medication Name	Dosage	How is it taken?	Schedule & Indications	Comments/Side Effects

Do you self-manage	medication?   Yes  No
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If no, please explain:

Share any allergies and reactions:

### **OTHER APPLICANT (STUDENT) INFORMATION**

Any history of, or current, legal difficulties?  $\square$  Yes  $\square$  No

If yes, please describe:

Any history of, or current, substance abuse?  $\square$  Yes  $\square$  No

If yes, please describe:

Have you ever been convicted of a felony?  □ Ye	s 🗆 No
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If yes, please give date(s) and explain:

Any history of, or current	difficulties with,	violence to self,	others, or p	roperty?  □ Yes  □ No
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If yes, please give date(s) and explain:

Are you currently under a conservatorship?  □ Yes  □ No		
If yes, please list your conservator's first and last name	e:	
	First	Last
How did you learn about Summer Life @ The Beac	ch?	
Check all that apply		
□ Word of mouth	Other (please list):	

- □ Professional referral
- □ Conference or event
- □ Advertisement
- $\Box$  Web search
- Social media

#### **STUDENT (APPLICANT) STATEMENT**

To be completed by the student. Please answer all questions.

- 1. What would you like to do after high school or community college?
  - □ Attend a 4-year college

 $\Box$  Other (please list):

- □ Find employment
- (continued)

2.	Describe your personal interests, including hobbies:		
<u> </u>			
3.	Describe any dietary needs and/or limited food preferences:		
4.	List three goals you would like to achieve while attending summer bridge:		
	1)		
	2)		
	3)		
5.	List your strengths:		
6.	List your challenges:		
. <u></u> .			
<u> </u>			

#### LEGAL GUARDIAN STATEMENT

To be completed by the legal guardian. Please answer all questions

- 1. List three goals you would like your student to achieve while attending summer bridge:
  - 1)\_\_\_\_\_ 2)\_\_\_\_\_ 3)\_\_\_\_\_
- 2. Please explain any special considerations that CSULB should be aware of regarding your student, i.e., personal habits; sensory issues; behavioral difficulties; suicidal thoughts, gestures, or attempts; medical conditions; anger management issues; use of illegal substances; and/or the potential for or history of self-harm, violence to others and/or property (attach additional sheets, if necessary):

3. Please explain your student's internet and computer habits. How much time daily is spent using electronic devices?

#### **LEGAL GUARDIAN QUESTIONNAIRE**

To be completed by the legal guardian. For each of the following questions, please write the letter of the answer that BEST describes your student in the space provided.

#### INDEPENDENT LIVING

# \_\_\_1. Please rate the student's experience living away from home (summer camp, residential program, etc.):

- A. Has lived away from home for more than 3 months successfully on their own.
- B. Has lived away from home for more than 3 months but had regular residential support.
- C. Has experience living away from home only a few weeks at a time and will need support and regular check-ins.
- D. Has never lived away from home before.

#### 2. Which best describes how the student maintains their own space/bedroom?

- A. Neat and does not feel anxiety if something is out of order.
- B. Neat, but does feel anxiety if something is out of order.
- C. Messy and has help from parent/advisor regularly to clean space.
- D. Messy and always keeps the space this way.

#### 3. What assistance does the student need when cooking?

- A. Can cook a well-balanced meal on their own and can follow a moderately difficult recipe.
- B. Has basic cooking skills but will need assistance in following recipes and with preparing a full, well-balanced meal.
- C. Has never cooked before so they will need regular assistance.

#### 4. Rate the student's laundry experience:

- A. Can load washer and dryer correctly, use proper settings, fold and put laundry away with no assistance.
- B. Can perform tasks listed in A, above, but needs some assistance.
- C. Has done laundry a few times on their own, but needs regular assistance.
- D. Has never done their own laundry.

#### 5. Rate the student's showering, grooming, and dressing habits:

- A. Always manages these tasks independently with no help.
- B. Occasionally needs a prompt, but most of the time handles these tasks on their own.
- C. Occasionally needs a prompt and sometimes resists taking care of these tasks.
- D. Regularly needs a prompt and assistance.

#### 6. Which of the following best describes the student's morning wake-up routines?

- A. Regularly sets own alarm and gets up on time.
- B. Hits snooze, but is usually out the door on time.
- C. Is usually running late.
- D. Needs extensive prompts to get out of bed.

#### 7. Rate the student's driving background:

- A. Has their own license and a clean driving record for at least a year.
- B. Just passed the driver's test or has a permit.
- C. Is interested in learning.
- D. Not yet ready for this step or may not obtain due to safety issues.

#### \_ 8. Rate the student's experience with public transportation (bus, taxi, subway):

- A. Has used it regularly on their own and is confident finding their way around.
- B. Has used it before, but not on their own.
- C. Has used it before, but did not have a positive experience and felt anxious.
- D. Has not used it before.

#### SOCIAL SKILLS SECTION

# \_\_\_ 8. Has the student maintained friendships/relationships with people in the same group (not on the internet)?

- A. They have several friends and meet with them regularly for social activities.
- B. They have a couple of friends at school, but do not see them regularly outside of school.
- C. They perceive others as friends, but the friendships are not reciprocated.
- D. They prefer to be alone and stay to themselves.

# \_\_\_9. Rate the level of social activities the student engages in with friends outside of school (going to movies, shopping, dances, clubs, etc.):

- A. Engages in several activities a week.
- B. Engages in at least one activity each week.
- C. May engage in an activity monthly.
- D. Rarely will engage in social activities.

#### \_ 10. How often does the student understand the perspective of others?

- A. All of the time.
- B. Most of the time.
- C. Occasionally.
- D. Never.

#### ACADEMIC/VOCATIONAL SECTION

#### \_\_\_\_\_ 11. What are the student's academic goals?

- A. Knows exactly what degree or career they want.
- B. Would like to go to college, but is not sure of a major or degree.
- C. Is not sure about college, but would like to try it out.
- D. Is not quite ready for college at this time, but would like to try it in the future. E. Not interested in college; pursuing vocational track only

#### \_ 12. Has the student had experience taking college-level classes before?

- A. Yes, and they did quite well.
- B. Yes, overall it was a positive experience, but they had some challenges.
- C. Yes, but it was not a positive experience for the student.
- D. No, the student has never taken a college class before.

If B or C, please explain: \_\_\_\_\_

#### \_ 13. Rate the student's academic independent working skills:

- A. Totally independent and has succeeded in the past with organizing their own assignments and managing their own time.
- B. Needs small amounts of assistance in getting started or in organizing their time, but once they get going, can work independently.
- C. Needs moderate assistance to organize their academic work and is more successful when checking in with someone on a regular basis.
- D. Needs a high level of assistance where a teacher or parent can break down assignments into small chunks to help them decide what to do and when to do it.

#### \_\_\_\_\_14. Rate the student's previous relationships with teachers/supervisors:

- A. Feels very comfortable speaking with and seeking assistance from their teacher or supervisor and has formed close relationships in the past.
- B. Seeks assistance/clarification from the teacher or supervisor, but tends to shy away from regular contact.
- C. Sought assistance/clarification in the past, but did need encouragement from a tutor or a parent to follow through.
- D. Does not feel comfortable speaking with teachers or supervisors and will need help in learning to approach them.

#### \_ 15. Which best describes the student's employment/internship experience?

- A. Has successfully maintained a position for more than six months.
- B. Has tried working, but resigned.
- C. Has tried working, but was discharged/released by supervisor.
- D. Has no employment/internship experience.

# \_\_ 16. Has the student ever been discharged or suspended from a school, program or job?

- A. No.
- B. Yes, over three years ago, but it has not been an issue again.
- C. Yes, one or two years ago, but it has not been an issue again.
- D. Yes, within the last year.

#### **CLINICAL SECTION**

## \_\_\_\_ 17. Rate the student's understanding and acceptance of their psychological diagnosis, if applicable:

- A. Clearly knows and understands diagnosis.
- B. Accepts diagnosis and has expressed an interest in learning more.
- C. Accepts diagnosis, but does not clearly understand what it means.
- D. Has not fully accepted the diagnosis and feels it is best to not discuss it.

#### \_ 18. How often does the student attend clinical therapy?

- A. Never.
- B. Sometimes when needed.
- C. Regularly biweekly or monthly.
- D. Frequently weekly or more than once a week.

#### \_\_\_\_ 19. Rate the student's present level of emotional and behavioral stability:

- A. Has always been stable.
- B. Has been stable the last three years.
- C. Has been stable the last year.
- D. Is not presently stable.

## \_\_\_ 20. Has the student ever had difficulty controlling their anger or anxiety so that they broke things or maybe lost their temper with people?

- A. No.
- B. Yes, over three years ago, but it has not been an issue again.
- C. Yes, within the last three years, but it has not been an issue again.
- D. Yes, more than once.

If D, please explain: \_\_\_\_\_

#### STATEMENT OF AUTHENTICITY

#### SIGNATURE REQUIRED

Name of person completing application: First Middle

Last

If not applicant, relationship to applicant: \_\_\_\_\_

You are responsible for the accuracy and thoroughness of all information provided. Full candor is a prerequisite to admission. Failure to disclose, concealment of information, or failure to fully disclose may result in denial of admission, revocation of admission, and/or suspension or dismissal.

I certify that all the information provided in this application is true and complete to the best of my knowledge.

Applicant Signature	Date
Preparer Signature	Date