

H SC Undergraduate Option: School Health Education

FOUR YEAR PLAN



Minimum Units Required: 120



	SEMESTER 1	Total Units: 15-16	SEMESTER 2	Total Units: 16
Freshmen	GE Area A2 - Written Communications	3	GE Area A1	3
	GE Area B4 / Statistics	3-4	GE Area A3	3
	PSY 100 General Psychology	3	HSC 210 Contemporary Health Issues	3
	GE Area C1	3	BIOL 205 or (BIOL 207 and 208)	4-8
	NUTR 132 Introductory Nutrition	3	GE Area D1	3
Sophomore	SEMESTER 3	Total Units: 16	SEMESTER 4	Total Units: 15
	HSC 201 Introduction to Public Health	3	HSC 250 or BIOL 201	3-4
	CHEM 100 Chemistry and Today's World	4	GE Area C1/C2	3-4
	HSC 227 Drugs and Health	3	GE Area C2	3-4
	GE Area F	3	HSC 421	3
GE Area D2	3	General Elective	3	
Junior	SEMESTER 5	Total Units: 15	SEMESTER 6	Total Units: 15
	HSC 403	3	HSC 422 Environmental Health	3
	HSC 425 Human Sexuality & Sex Education	3	HSC 423 Consumer Health	3
	HSC 401 Community Health Education	3	COMM 335 or similar approved course	3
	GE Upper Division C	3	General Elective	3
General Elective	3	General Elective	3	
Senior	SEMESTER 7	Total Units: 15	SEMESTER 8	Total Units: 12
	HSC 430 School Health Program	3	HSC 440 Applied Concepts of Health Science	3
	HSC 435 Health Promotion & Risk Reduction	3	General Elective	1-3
	General Elective	3	General Elective	1-3
	General Elective	3	General Elective	1-3
General Elective	3	General Elective	1-3	

Students could take recommended credential courses in place of general electives. Please see Vikki Bisorca, SHE Advisor, for more information.