

BA in Recreation
Major Requirements Worksheet
2023-2024 Catalog

Name: _____ Student ID: _____

Grade	Course Number & Title (units)	Prerequisites†
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Complete ALL of the following core courses:

	REC 141: Introduction to Leisure Services (3) GE Area: D3	<i>one GE foundation course (corequisite)</i>
	REC 225: Programming Recreation Activities (3)	<i>none</i>
	REC 341: Evaluation & Research in Leisure Services (3)	<i>a 'C' or better in REC 141 or 225; not open to Pre-REC majors</i>
	REC 351: Foundations of Inclusive Recreation & Recreation Therapy (3)	<i>a 'C' or better in REC 141 or 225; not open to Pre-REC majors</i>
	REC 480: Philosophy of Recreation & Leisure (3)	<i>a 'C' or better in REC 341, 351, and in three 300/400-level REC courses; department consent; grad check from CHHS Advising required; must be taken the semester prior to REC 498</i>

Complete ALL of the following upper division courses:

	REC 201: Teamwork & Group Dynamics (3) GE Area: E	<i>one GE foundation course (corequisite)</i>
	REC 210: Health & Wellness in Park, Recreation, & Tourism (3)	<i>none</i>
	REC 321: Leadership in Recreation & Leisure Studies (3)	<i>none</i>
	REC 326: Fundamentals of Digital & Online Media Strategies in Parks, Rec & Tourism (3)	<i>none</i>
	REC 421: Supervisory & Administrative Practices (3)	<i>a 'C' or better in REC 141 or 225</i>
	REC 437: Equity & Access of Recreation & Leisure (3)	<i>none</i>
	REC 498: Internship in Leisure Services (6-12)	<i>completion of all major requirements; REC 485 or 1000 hours of verified paid or volunteer leadership experience approved by faculty advisor; consent of internship coordinator</i>

Complete ONE of the following support courses:

	ONE (1) of the following: <ul style="list-style-type: none"> <input type="checkbox"/> ANTH 120: Introduction to Cultural Anthropology (3) GE Area: D3 <input type="checkbox"/> CDFS 211: Principles & Practices of Teaching Young Children (3) <input type="checkbox"/> HDEV 180: Lifespan Human Development (3) GE Area: D3 or E <input type="checkbox"/> PSY 100: General Psychology (3) GE Area: D3 <input type="checkbox"/> SOC 100: Principles of Sociology (3) GE Area: D3 	ANTH 120: <i>none</i> CDFS 211: <i>a 'C' or better in CDFS 111 or PSY 100 or SOC 100; CDFS & FLE majors and pre-majors only</i> HDEV 180: <i>none</i> PSY 100: <i>GE composition ready</i> SOC 100: <i>one GE foundation course (corequisite)</i>
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Complete all requirements in **ONE** of the following concentrations:

☐ **Parks & Recreation Management**

	REC 323: Park & Recreation Facility Operations (3)	<i>declared majors only; a "C" or better in REC 141 or REC 225; Fall Only</i>
	REC 325: Advanced Program & Event Management (3)	<i>a "C" or better in REC 141 or REC 225; Spring Only</i>
	REC 425: Financing Leisure Studies (3)	<i>none; Fall Only</i>
_____	TWO (2) of the following: <input type="checkbox"/> REC 322: Recreational Sports Supervision (3) <input type="checkbox"/> REC 416: Aquatic Facility Management (3) <input type="checkbox"/> REC 428: Principles of Nonprofit/Volunteer Management (3) <input type="checkbox"/> REC 433: Management of Organized Camps (3) <input type="checkbox"/> REC 473: Aging & Leisure (3)	<i>REC 322: none; Spring Only REC 416: none; Spring Only REC 428: none; Fall Only REC 433: none; Spring Only REC 473: none; Fall Only</i>

☐ **Tourism Management**

	REC 168: Introduction to Travel & Tourism (3) GE Area: D3	<i>one GE foundation course (corequisite); Fall Only</i>
	REC 462: Travel, Tourism, & Resort Recreation Management (3)	<i>a "C" or better in REC 168; Spring Only</i>
	REC 465: Convention & Conference Planning (3)	<i>a "C" or better in REC 168; Fall Only</i>
	REC 468: Sustainable Tourism Planning & Development (3)	<i>a "C" or better in REC 168; Spring Only</i>
	REC upper division elective: _____ (3)	<i>varies; see catalog</i>

☐ **Outdoor Recreation and Adventure Leadership**

	REC 331: Dynamics of Outdoor Recreation (3)	<i>none</i>
	REC 430: Recreation in the Ocean Environment (3)	<i>instructor consent; Typically Summer Only</i>
_____	THREE (3) of the following: <input type="checkbox"/> REC 337: Outdoor Education & Interpretation (3) <input type="checkbox"/> REC 431: Recreation Resource Management (3) <input type="checkbox"/> REC 433: Management of Organized Camps (3) <input type="checkbox"/> REC 434: Adventure Education Programming & Leadership (3) <input type="checkbox"/> REC 435: Human Dimensions & Management in Experiential Education (3)	<i>REC 337: none; Fall Only REC 431: a "C" or better in REC 141 or REC 225; Spring Only REC 433: none; Spring Only REC 434: one GE foundation course; Spring Only REC 435: one GE foundation course; Fall Only</i>

†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

✓A 'C' or better is required in all courses

✓GE credit is granted based on the term you take the course and is subject to change; see the current GE course list at www.csulb.edu/ge

✓Total units required for REC major: 57-63