

BS in Kinesiology - *Option in Exercise Science*
Degree Progress Rules Worksheet
2022-2023 Catalog

Grade	Course Number & Title (units)	Prerequisites†
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First Year Milestones (must be completed by Spring 2023)

	Any GE Foundation A1: Oral Communication course (3)	<i>none</i>
	Any GE Foundation A2: Written Communication course (3)	<i>appropriate English placement</i>
	Any GE Foundation A3: Critical Thinking course (3)	<i>see catalog</i>
	ONE (1) of the following options:* <input type="checkbox"/> MATH 113 (or higher): Precalculus Algebra (3) GE AREA: B4 - foundation OR <input type="checkbox"/> MATH 112A: Essential Algebra A (3) GE AREA: B4 - foundation AND <input type="checkbox"/> MATH 112B: Essential Algebra B (3)	113: <i>Appropriate math placement</i> 112A: <i>Appropriate math placement or concurrent enrollment in MATH 92A</i> 112B: <i>a 'C' or better in MATH 112A</i>
	First year Milestone 3.0 GPA	<i>Required by the end of spring 2023</i>

Second year Milestones (must be completed by Spring 2024)

	KIN 201: Introduction to Kinesiology (3)*	<i>open to KIN and Pre-KIN majors only</i>
	BIOL 207: Human Physiology (4)* GE AREA: B2/B3	<i>GE B4 & at least one GE A category (A1 or A2 or A3)</i>
	BIOL 208: Human Anatomy (4)*	<i>a 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140, or DANC 261</i>
	ONE (1) of the following options:* <input type="checkbox"/> CHEM 111A: General Chemistry (5) GE AREA: B1/B3 <input type="checkbox"/> PHYS 100A: General Physics (4) GE AREA: B1/B3	111A: <i>appropriate chemistry placement; either a 'C' or better in MATH 112A, or MATH 112B or higher taken concurrently</i> 100A: <i>MATH 109 or 111 or 112A or 113 or 119A or 122</i>
<p>→ You must have a minimum 3.0 overall GPA in order to declare the Exercise Science option. → Highlighted courses must be completed with a minimum 2.5 GPA.</p>		

Optional Major courses that can be taken as a pre-major:

	PSY 100: General Psychology (3) GE AREA: D3	<i>GE composition ready</i>
	KIN 263: Techniques of Physical Fitness (2)	<i>open to KIN and Pre-KIN majors only</i>

†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

✓GE credit is granted based on the term you take the course and is subject to change; see the current GE course list at www.csulb.edu/ge