

BS in Kinesiology - *Option in Sport Psychology Leadership*  
Lower Division Worksheet  
2023-2024 Catalog

→ You must have a minimum **3.0 overall GPA** in order to declare the Sport Psychology & Leadership option.

→ **Highlighted courses must be completed with a minimum 2.5 GPA.**

Grade	Course Number & Title (units)	Prerequisites†
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**ALL Major Specific Requirements need to be completed by 60 credits in order to declare major:**

	Any GE Foundation A1: Oral Communication course (3)	none
	Any GE Foundation A2: Written Communication course (3)	appropriate English placement
	Any GE Foundation A3: Critical Thinking course (3)	see catalog
	<b>ONE (1) of the following:*</b> <input type="checkbox"/> HDEV 190/PSY 110/SOC 170: Elementary Statistics (4) GE AREA: B4 <input type="checkbox"/> STAT 108: Statistics for Everyday Life (3) GE AREA: B4 <input type="checkbox"/> STAT 118: Introductory Business Statistics (3) GE AREA: B4	appropriate math placement
	<b>KIN 201: Introduction to Kinesiology (3)*</b>	open to KIN and Pre-KIN majors only
	<b>BIOL 207: Human Physiology (4)* GE AREA: B2/B3</b>	GE B4 & at least one GE A category (A1 or A2 or A3)
	<b>BIOL 208: Human Anatomy (4)*</b>	a 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140, or DANC 261
	NUTR 132: Introductory Nutrition (3) GE AREA: B2 or E	one GE foundation course (corequisite)

**Optional Major courses that can be taken as a pre-major:**

	PSY 100: General Psychology (3) GE AREA: D3	GE composition ready
	KIN 263: Techniques of Physical Fitness (2)	open to KIN and Pre-KIN majors only

†Prerequisites are subject to change; consult the University Catalog ([www.csulb.edu/catalog](http://www.csulb.edu/catalog)) for the most recent updates

\*Courses must be completed with a minimum 2.5 GPA

✓ GE credit is granted based on the term you take the course and is subject to change; see the current GE course list at [csulb.edu/general-education](http://csulb.edu/general-education)

✓ A 'C' or better is required in all courses