

BS in Kinesiology - *Option in Exercise Science*  
Degree Progress Rules Worksheet  
2023-2024 Catalog

→ You must have a minimum **3.0 overall GPA** in order to declare the Exercise Science option.

→ **Highlighted** courses must be completed with a **minimum 2.5 GPA**.

Grade	Course Number & Title (units)	Prerequisites†
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**ALL Major Specific Requirements need to be completed by 60 credits in order to declare major:**

	Any GE Foundation A1: Oral Communication course (3)	<i>none</i>
	Any GE Foundation A2: Written Communication course (3)	<i>appropriate English placement</i>
	Any GE Foundation A3: Critical Thinking course (3)	<i>see catalog</i>
	<b>ONE (1) of the following options:*</b> <input type="checkbox"/> MATH 113 (or higher): Precalculus Algebra (3) GE AREA: B4 - foundation <b>OR</b> <input type="checkbox"/> MATH 112A: Essential Algebra A (3) GE AREA: B4 - foundation <b>AND</b> <input type="checkbox"/> MATH 112B: Essential Algebra B (3)	<b>113:</b> <i>Appropriate math placement</i>  <b>112A:</b> <i>Appropriate math placement or concurrent enrollment in MATH 92A</i> <b>112B:</b> <i>a 'C' or better in MATH 112A</i>
	<b>KIN 201: Introduction to Kinesiology (3)*</b>	<i>open to KIN and Pre-KIN majors only</i>
	<b>BIOL 207: Human Physiology (4)*</b> GE AREA: B2/B3	<i>GE B4 &amp; at least one GE A category (A1 or A2 or A3)</i>
	<b>BIOL 208: Human Anatomy (4)*</b>	<i>a 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140, or DANC 261</i>
	<b>ONE (1) of the following options:*</b> <input type="checkbox"/> CHEM 111A: General Chemistry (5) GE AREA: B1/B3 <b>OR</b> <input type="checkbox"/> PHYS 100A: General Physics (4) GE AREA: B1/B3	<b>111A:</b> <i>appropriate chemistry placement; either a 'C' or better in MATH 112A, or MATH 112B or higher taken concurrently</i> <b>100A:</b> <i>MATH 109 or 111 or 112A or 113 or 119A or 122</i>

**Optional Major courses that can be taken as a pre-major:**

	PSY 100: General Psychology (3) GE AREA: D3	<i>GE composition ready</i>
	KIN 263: Techniques of Physical Fitness (2)	<i>open to KIN and Pre-KIN majors only</i>

†Prerequisites are subject to change; consult the University Catalog ([www.csulb.edu/catalog](http://www.csulb.edu/catalog)) for the most recent updates

\*Courses must be completed with a minimum 2.5 GPA

✓GE credit is granted based on the term you take the course and is subject to change; see the current GE course list at [csulb.edu/general-education](http://csulb.edu/general-education)

✓A 'C' or better is required in all courses