

BS in Physical Education  
Major Requirements Worksheet  
2023-2024 Catalog

Name: \_\_\_\_\_ Student ID: \_\_\_\_\_

| Grade | Course Number & Title (units) | Prerequisites† |
|-------|-------------------------------|----------------|
|-------|-------------------------------|----------------|

All KIN courses are blocked to declared majors only (not pre-majors) unless otherwise specified in the prerequisites column

**Complete ALL of the specified core courses:**

|  |   |   |
|--|---|---|
|  | KIN 201: Introduction to Kinesiology (3)  | KIN and Pre-KIN majors  |
|  | KIN 300: Biomechanics of Human Movement (3) <b>GE Area: UD B</b>                                  | a 'C' or better in BIOL 208<br>corequisite: KIN 201                                   |
|  | KIN 301: Exercise Physiology (3)  | a 'C' or better in BIOL 207<br>corequisite: KIN 201                                   |
|  | KIN 312: Motor Control & Learning (3)   | a 'C' or better in all of the following: BIOL 207, BIOL 208<br>corequisite: KIN 201   |
|  | KIN 332: Sociocultural Dimensions of Sport & Human Movement (3) <b>GE Area: Writing Intensive</b> | GPE score of 11+ or portfolio course; open to Pre-KIN majors;<br>corequisite: KIN 201 |

**Complete ALL of the following lower division courses:**

|  |   |   |
|--|---|---|
|  | BIOL 207: Human Physiology (4) <b>GE Area: B2/B3</b>                    | B4 and one GE A category  |
|  | BIOL 208: Human Anatomy (4)   | a 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140 or DANC 261  |
|  | KIN 149A: Self Defense (1)  | open to Pre-KIN majors  |
|  | KIN 237: Techniques & Analysis of Aquatic Skills (2)                    | This course requires you to pass a swimming proficiency exam in the first week of instruction.                            |
|  | KIN 261: Techniques & Analysis of Fundamental Rhythms (2)               | none; <b>Fall Only</b>  |
|  | KIN 270: Professional Practices in Public School Physical Education (3) | GE A2 course<br>corequisite: Community CPR/First Aid/Safety or current certification; <b>see catalog for full details</b> |
|  | KIN 250: Techniques of Basketball (1)                                   | none; <b>Spring Only</b>  |
|  | KIN 251: Techniques of Flag Football (1)                                | none; <b>Spring Only</b>  |
|  | KIN 253: Techniques of Soccer (1)                                       | none; <b>Spring Only</b>  |
|  | KIN 255: Techniques of Softball (1)                                     | none; <b>Fall Only</b>  |
|  | KIN 257: Techniques of Volleyball (1)                                   | none; <b>Fall Only</b>  |
|  | KIN 264: Techniques of Golf (1)   | none; <b>Fall Only</b>  |
|  | KIN 265: Techniques of Gymnastics (1)                                   | none; <b>Spring Only</b>  |
|  | KIN 266: Techniques of Badminton (1)                                    | none; <b>Spring Only</b>  |
|  | KIN 267: Techniques of Tennis (1)                                       | none; <b>Spring Only</b>  |
|  | KIN 268: Techniques of Track & Field (1)                                | none; <b>Fall Only</b>  |

**Complete ALL of the following upper division courses:**

|  |   |   |
|--|---|---|
|  | KIN 315: Motor Development (3)  | BIOL 207; BIOL 208  |
|  | KIN 320: Adapted Physical Education (3)   | BIOL 208  |
|  | KIN 343: Techniques & Analysis of Physical Fitness & Activity (2)                               | KIN 270   |
|  | KIN 370: Movement Theory & Practice of Elementary Physical Education (3)                        | KIN 270   |
|  | KIN 380: Principles, Organization & Management of Secondary School Physical Education (3)       | prerequisite: KIN 149A, 237, 250, 251, 253, 255, 257, 261, 264, 265, 266, 267, 268, 270, 370<br>corequisite: KIN 300, 301, 312, 343<br>recommended corequisite: EDSS 300P |
|  | KIN 460: Applied Theory & Analysis of Non-Traditional Physical Education Games & Activities (2) | KIN 370; senior standing  |

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**Choose & complete ONE concentration**

**Concentration in Adapted Physical Education: Complete the following courses:**

|  |   |  |
|--|---|--|
|  | KIN 387: Physical Activities for the Disabled (3)                         | KIN 320; <b>fall only</b><br>corequisite: KIN 427<br>recommended corequisite: KIN 489A |
|  | KIN 388: Program Planning & Instruction in Adapted Physical Education (3) | KIN 387; <b>spring only</b><br>recommended corequisite: KIN 489A                       |
|  | KIN 427: Physical & Motor Assessment (3)                                  | KIN 315, 320; <b>fall only</b>   |

**Concentration in K-12 Physical Education: Complete the following courses:**

|  |  |   |
|--|--|---|
|  | KIN 457: Applied Theory of Teaching Team Sports (3)              | KIN 250, 251, 253, 255, 257, 270; senior standing; <b>fall only</b>           |
|  | KIN 461: Applied Theory of Teaching Individual & Dual Sports (3) | KIN 237, 264, 265, 266, 267, 268, 270; senior standing;<br><b>spring only</b> |
|  | KIN 477: Measurement & Curriculum in Physical Education (3)      | KIN 343, 370; <b>fall only</b>  |

†Prerequisites are subject to change; consult the University Catalog ([www.csulb.edu/catalog](http://www.csulb.edu/catalog)) for the most recent updates

✓GE credit is granted based on the term you take the course and is subject to change; see the current GE course list at [www.csulb.edu/ge](http://www.csulb.edu/ge)

✓A 'C' or better is required in all courses

✓**Total units required for PETE: 66**