Child Development and Family Studies B.A. & Minor

Consumer Affairs B.A. & Minor

Family Life Education B.A.

Fashion Design B.A. & Minor

Fashion Merchandising B.A. & 2 Minors

Food Science B.A. & Minor

Gerontology M.S., Minor, & Certificate

Hospitality Management B.S., Minor, & Event Planning Minor

Nutrition and Dietetics B.S., M.S., DPD, IPND, ISPP & Minor



Drs. Maria Carpiac and Mary Marshall, along with several of their gerontology students have partnered with Vivante Assisted Living in Costa Mesa to develop, implement, and evaluate the "Vitality Program." This is a cohort-model wellness program that has been shown to significantly reduce depression, improve nutrition, enhance the quality of life and improve flexibility and balance.







The FMD Fashion
Symposium brought
in fashion industry
leaders to speak to
students about current
developments in the
fashion field.

CSULB Fashion, Merchandising, and Design Symposium Spring 2023

The FMD program hosted the Spring 2023 FMD Fashion Symposium in the Beach Auditorium on March. Getting the fashion job you want: The "how to" was hosted by **Dr. Suzanne Marshall** with **Wendy Manasse** as master of ceremonies and featured industry speakers Catherine Aranda, Sr. Account Manager at 24 Seven, CSULB Class of 2022 Alum Emily Arrona, who is now the Assistant Buyer for Revolve, and Alum Jana Montalbano, Class of 2006, who founded the company After Sunset.



CSULB Consumer Affairs Symposium Spring 2023

The Consumer Affairs program held it's bi-annual Consumer Affairs Symposium in March in the University Student Union Grand Ballroom. About 250 students attended. Speakers included Rigoberto Reyes, Executive Director for the LA County Office of Immigrant Affairs; Ann Stahl, retired Federal Trade Commission Investigator; Antonia Villasenor, Education and Outreach Specialist for the California Department of Financial Protection and Innovation; and Enrique Godinez, LA County Deputy Sheriff for the COPS Bureau Abatement/CAPE Team. The symposium was sponsored by the FCS Department and the Consumer Affairs Student Association (CASA).









Dr. Nancy Dayne received the "2023 Advocacy Matters" award from the Orange County Association for the Education of Young Children. This award honored her work and research on college student parents. She was humbled and delighted to accept this award with her daughter in attendance.





Dr. Maria Carpiac, Director of our FCS Gerontology Program, was a recipient of one of the university's 2022-23 President's Awards for Outstanding Faculty Achievement. This year, 20 faculty members who demonstrated outstanding and sustained academic achievement in teaching, service, research, scholarly, and creative activity, administration, and success initiatives were recognized.





Alum Honorary Doctorate

Fashion Merchandising and Design Alum Phillip Lim is set to receive an honorary Doctor of Fine Arts degree from California State University, Long Beach. Lim is being recognized for his contributions to the fashion industry and his commitment to philanthropy.



Research Roundup

Dr. Mary Marshall along with gerontology M.S. students **Kat Bohse** and **Megan Darden**, are busy at work collecting data with grandparents and greatgrandparents living in assisted living facilities to learn about their experiences.

Dr. Maria Carpiac is doing a project with the nursing faculty to explore how Student Health Services can best serve students of all ages. Phase 1 examined older students' use of CSULB Student Health Services. Phase 2 involves comparing older students (age 50 and older), non-traditional students (age 25-49), and traditional students' (age 24 and younger) use of Student Health Services. Phase 3 involves surveying older students and non-traditional students about their awareness of, use of, and opinions about Student Health Services.





Family and Consumer Sciences mentioned on CBS news

Go Consumer Affairs!





FMD students attended the Magic trade show with **Dr. Suzanne Marshall** February 13-15,2023 in Las Vegas.







Perfume development — make your own scent



Jewelry making



YSL studio- the way he left it

Student designs are part of Mod Spe's permanent collection.





Dr. Gail Frank



Dr. Gail Frank had a year of accomplishments including

- Co-author, "Influence of Home Language Use on Association between Parent Education and Child Adiposity Indicators in Latino Families"
- Speaker at the 'Nutrition and Dietetic Educators of Practitioners Conference' March 30-31, 2023, Omaha, NE.
- Author, 2022 Continuing Education Program: Making the Most of Mentoring, University of Arizona.
- Presiding Officer at California Academy of Nutrition and Dietetics 2023 Conference, Long Beach, CA, April 27-29, 2023, for the session: "A Call to Action - The Energy Balance Initiative"
- Co-author on three poster presentations at the California Academy of Nutrition and Dietetics 2023 Conference, Long Beach, CA, April 27-29, 2023.
- Chair of Professional Education for the national organization, Nutrition Education for the Public.

Dr. Soo Hyun Cho had two COVID-19 related publications.

- "Health insurance coverage during the COVID-19 pandemic: The role of Medicaid expansion"
- and "Pushing or clicking the grocery cart? Health and economic concerns during the COVID-19 pandemic"







Calfresh Healthy Living at the ASI kitchen

Dr. Virginia Gray and her team will be presenting a poster at the California Academy of Nutrition and Dietetics about how partnering with the kitchen has helped us overcome so many obstacles in the work of the CalFresh Healthy Living grant. It was also provided amazing opportunities for our students to gain hands on experience in the work of the largest federally funded nutrition program (SNAP-Ed).



Child and Family Center Future

In 2024/2025, the Child and Family Center (CFC), housed in FCS will open a re-imagined center, welcoming student-parent families for the first time. This new center is the result of one-time funding from the 2019/2020 state budget which allocated monies to the CFC to renovate and expand the facilities to serve student-parent families. The center will also to continue to serve families of faculty, staff, and community. Upon completion of the project, features will include three newly constructed classrooms, innovative reading nooks, enhanced natural light, renovation of existing classrooms and playgrounds, a newly designed Regio Emilia-inspired playground among existing pine trees, and a newly-imagined Family Resource Center.

For over 30 years, the CFC has been an experiential learning site and laboratory school for Child Development students and is accredited by the National Association for the Education of Young Children. Offering services to student-parents is a new and welcomed opportunity. With this news, student-parents will now have two excellent choices for placement of their children, the re-imagined CFC and the Isabel Patterson Child Development Center (run by Associated Students, Inc.) which has been in business and serving student-parents for 50+ years.



The team at Best Accredited Colleges has released their 2023 rankings, and California State University-Long Beach has been ranked #11 for Best Bachelor's Degree Programs in Nutrition.









2023 MS in Nutrition Hooding Participant Linh Nguyen is Vietnamese-American, born and raised in San Jose, California. She received her Bachelor of Science in Dietetics at San Francisco State University. As a child, she spent her days in the kitchen and followed her parents to the Asian grocery stores. Learning how to cook different cuisines, prepare different meals, and discover exotic foods excites her now just as much as it did a decade ago. Aside from nutrition and dietetics, she loves volunteering, gardening, hunting for plants at the nurseries, and exploring different foods and cuisines on social media. In her spare time, she enjoys taking walks outside while listening to music, taking pictures, and spending time with her family.

As she completes her Master's and internship program here at CSU Long Beach, she envisions her next step to be working with the pediatric population in Northern California as a Registered Dietitian Nutritionist. Additionally, she would like to give back to the community that raised her through volunteering.

Nguyen states that "receiving an education is of utmost importance to me as it allows me to work towards my future goals and aspirations. It is an honor to be a recipient of the Patricia Hartford Scholarship that funds a portion of my education and most importantly, supports my success."

- <u>Amy Cody</u>, Thesis Professional Identity: An Exploration of the Development of Identity among Nutrition and Dietetics Students. <u>Chair: Dr. Virginia Gray</u>
- Megan Deal, Directed Project Optimizing Health and Performance: A Guide to Nutrition Education for Collegiate Running Coaches. <u>Chair: Dr. Michelle Barrack</u>
- <u>Brittany Docherty</u>, Thesis Meal Planning and Preparation Cooking Intervention for Adults with Autism Spectrum Disorder (ASD). <u>Chair: Dr. Rachel Blaine</u>
- <u>Elizabeth Donis</u>, Directed Project Development of a Nutrition Education and Recipe Database to Improve Collegiate Endurance Runner Nutrition Literacy, Energy Availability, and Food Accessibility. <u>Chair</u>: <u>Dr. Michelle Barrack</u>

 <u>Brienna Eaton</u>, Thesis - Food Waste of Southern California Hospitals: A Comparative Study.
 <u>Chair: Dr. Ryan Giffen</u>

 <u>Ashley Glantz</u>, Directed Project - Development of a Nutrition Curriculum to Improve Eating Patterns among College Students.
 <u>Chair: Dr. Virginia Gray</u>

- <u>Madeline Haber</u>, Directed Project Development of a Guide for Dietetics Students to Become Involved in Global Nutrition as a Career.
 <u>Chair: Dr. Virginia Gray</u>
- <u>Mengling Liu</u>, Directed Project A Guidebook to Increase RDNS' Cultural Competence Counseling Chinese Young Adults to Prevent Weight Gain and Obesity with Recommendations on Sugar-Added Beverages.

 <u>Chair: Dr. Gail Frank</u>
- <u>Mikaela Manzano</u>, Thesis Prevalence of Weight Stigma Among Nutrition Professors in the United States.
 <u>Chair: Dr. Virginia Gray</u>
- <u>Linh Viet Thuy Nguyen</u>, Directed Project Health and Nutrition Guidebook for RDNs to Counsel Youth: Promoting Healthy Eating Behaviors.
 <u>Chair</u>: Dr. Gail Frank
- <u>Madison Robello</u>, Directed Project Development of Nutrition Guide to Improve Adolescent Endurance Runners
 Bone Mineral Density and Energy Availability.
 Chair: Dr. Michelle Barrack
- <u>Denaya Elkins-Torres</u>, Directed Project Developing a Book to Support Healthier Eating Habits in Preschool-Aged Children: "Where Does My Food Go?"

 Chair: Dr. Rachel Blaine
- <u>Kenneth Tran</u>, Directed Project Navigating a Foreign Food Environment: A Nutrition Curriculum for International College Students from East Asian Countries.
 <u>Chair: Dr. Virginia Gray</u>
- <u>Jessie Zi</u>, Directed Project Using Kolb's Experiential Learning Framework to Develop a Learning Module on the Benefits of Pulses.

 Chair: Dr. Cheryl Rock

Gerontology
Hooding
Participants

- Tangerine Hill
 - Thesis title: Sarcopenic Intervention and Management for Older Adults
- Ellasandra Masami Kubota
 - Directed Project: An educational presentation on death doulas and their services

Week of Welcome





Connor Reynolds is the president of Consumer Affairs Student Association this year.

Scholarship of Teaching & Learning Nutrition in Higher Education

Dr. Virginia Gray received an award from the Society for Nutrition Education and Behavior (her primary professional organization).

The Scholarship of Teaching and Learning Nutrition in Higher Education Award is presented to recognize outstanding SNEB members for their scholarly contributions to and student engagement in higher education. This award is designed to honor exemplary nutrition faculty who motivate college student learning through innovative and effective teaching methods.

Outstanding Student Award



Academic Excellence

Sawyer Pomeroy

Samantha Ross

Shani Kuo

Royce Okubo

Alexander Virves

Cherish Arellano

Maria Mora

Brady Irey

Jake Rons

Alexander.Fierro

goals

David Diaz

Eddie DiRuscio

Consumer Affairs
Program Student
Awardees for Spring

2023

Fashion Merchandising and Design

Outstanding Student Award

Juliana Miner

Rina Matsumoto

Academic Excellence Award

Jessica Verduzco

Fei Song

Chloe Belshe

Xuan Liu

Leadership & Service Award

Riley Rankin

Daysha Ludlow

Natalie Rosales

Julia Catipon

Sarah Wright

Child Development and Family Studies

Outstanding Student Award

Andrea Ordonez

Ethan Hernandez

Leadership Award

Academic Excellence Award

Alexa Cortez

Maria Nieto

Tajah Tariq

Emily Salvador

Mary Salmon

Lan Zheng

Natalie Czajkowski

Evelyn Nguyen

Ye Eun Hong

Solei Prats-Mascia

Outstanding Student Award

Academic Excellence Award

Sierra Jones

Jocelyn Espinoza

Emily McNabb

Outstanding Thesis

Lavina Gregorio

Graduate Student Honors

Stephanie Fessler

Yvette Campos

Esperanza Carmona

Tangerine Hill

Efi Barnes

Kristina Alexander

Aaron Leal

Ellasandra Masami Kubota

Emily McNabb

Gerontology



Hospitality Management

Leadership & Service Award

Alison Chen

Michele Uribe

Academic Excellence Award

Jennie Jimenez

Thanh Nguyen

Heba Alsahli

Yukari Okubo

Hasie Pham

April Hernandez

University Achievement Awards 2023 Recipient Faculty Excellence in Equity, Diversity, and Inclusion Award

Dr. Roudi Roy is an Associate Professor in Child Development and Family Studies. Since arriving on campus, Dr. Roy has focused her attention toward marginalized communities and championing solutions toward Diversity, Equity, and Inclusion (DEI). In the classroom, she challenges students to critically evaluate the deficit model approach which has guided much of the research on families from diverse backgrounds.

Incorporating her DEI mission into her research, Dr. Roy promotes greater fatherhood retention among African American and Hispanic fathers, as well as African American mothers. She also studies pregnant and parentingcollege students, and multiracial families, and developed a theoretical model for examining interracial couples' relationship across the transition to parenthood. She has published extensively on these and other topics.

Dr. Roy was the founding chair of the FCS DEI committee, and coled efforts to facilitate faculty and student workshops on DEI. In addition, Dr. Roy is a member of the CSULB DEI Research Collaborative, the Campus Climate Qualitative Research Committee, and the Pregnant & Parenting Students Advisory Committee. At the community and professional level, Dr. Roy is a Board member of the National Council on Family Relations, chairing the Racial and Ethnic Diversity in Families Section. Dr. Roy is truly a champion, at all levels, for the DEI effort and is well deserving of this award.



Nutrition & Dietetics and Food Science

Academic Excellence Award

Gabriel Hernandez

Esther Lee

Christina Nguyen

Maya Toper

Research Award

Evelyn Grijalva-Martinez

Lara Tabunda

Daniela Martinez

Ariana Torres

<u>Outstanding Student Award</u>

Sierra May

Brittany Docherty

Linh Nguyen

Quynh Pham

<u>Dean's List</u>

Outstanding Project

Leadership & Service Award

Los Angeles District Scholarship Recipient

One of our very own CAFF students was selected as the recipient of the LA District's 2023, undergraduate scholarship in the amount of \$1,500.

Marlina Lopez, who transferred to CSULB from Mt. SAC, is a single mom of two children. She plans on completing her MA in FCS and teach FCS at the community college level.



Autism Symposium

The 1st Annual Autism
Symposium was a huge
success! We had over
150 students in the
attendance - full house
(plus walk-ins), great
feedback, and lots of
fun.











Hospitality Management Scholarship Awardees



for the 2023-24 Academic Year

HM Program New Student Scholarship Awardees

<u>Verne Lusby New Student Award</u>

Juan Zuniga Moran

HM Program New Student Scholarship

- Candela Balcaza
- Iessica Blackhurst
- Rafael Blancas
- Sarah Chiaromonte
- Floella Deakins-Platt
- Quyen Do
- Shane Julia Silva
- Madissen Simmons

- Jonathan Guillen
- Sara Han
- Duyen Le
- Lisseth Martinez
- Melissa Mendez
- Thien Thao Nguyen
- Zooey Walsworth
- De'miyah Williams
- Hannia Zela

HM Program Scholarship Awardees (Continuing students)

US Foods Scholarship

Anna Smieszek

HM Endowment Scholarship

- Thalia Hernandez
- Linh Viet Nguyen
- Alexander Rodriguez
- Emily Silvia
- Manuel Sifuentes
- Marissa Sylvester
- Nguyen Thuy Lan Vo
- Kyla Desiree Zarza

American Hotel & Lodging Scholarship Grant (Cecil B. Day Scholars)

- Madison Lamb
- Manuel Sifuentes
- Nguyen Thuy Lan Vo

Hospitality Management students help at the California Restaurant Foundation 2023 ProStart CUP Competition

On May 7, 2023, students from Hospitality Management (HM) 475 (Managing Events in the Hospitality Industry), Eta Sigma Delta Honor Society, program ambassadors, and others from various classes helped at the 21st annual state-wide California ProStart CUP high school culinary and management competition that was held at the Long Beach Convention Center. Students helped with registration, the timing of competitions, set-up, clean-up, and providing HM program information to prospective students at the college/career EXPO.







Dr. Cheryl Rock Teaching the 1st - 3rd graders about Food Science - the Healthy Colors that they should eat using her Magical Bean Mosaic at the New Hope Elementary Schools on April 21. She also play her Violin at Career/Talent Show Case Day to 1st - 3rd graders at the New Hope Elementary School! Dr. Rock talked to students about new and exciting new trends in Food Science such as entomophagy which is the practice of eating bugs. Her show case was about "Eat what Bugs You" and guess what the 1st - 3rd graders were looking at? Crickets!



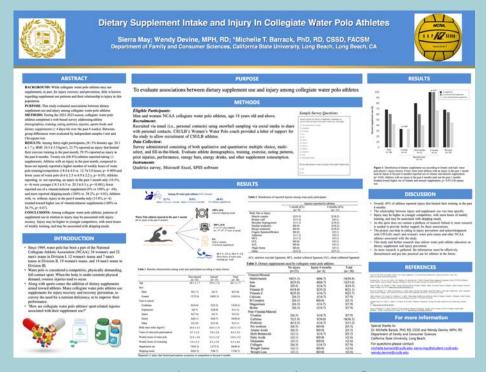




Dr. Rock's Food Science Students Placed 1st in the Green Mixer Sustainability Contest on April 20, in the Earl Burns Miller Japanese Garden with ChuChus - A sustainable citrus gummy made from imperfect fruits to prevent food waste!

Dr. Rock and her college bowl team placed 3rd at the Annual Institute of Food Technologist Student Association Competition at Chapman University March 18th. This Jeopardy-style competition tests the students knowledge in various areas in Food Science.







Sierra May was the 2023 Academy of Nutrition and Dietetics Sports and Human Performance Nutrition (SHPN) Symposium Virtual Poster Presentation Award winner for the undergraduate student category.

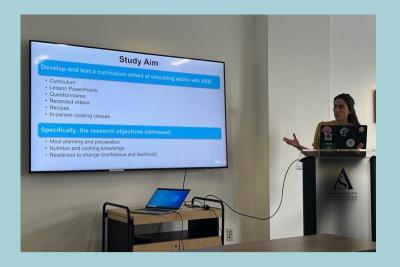
She presented her honor's thesis research, "Dietary Supplement Intake and Overuse Injuries in NCAA Water Polo Athletes" at the SHPN symposium in March, 2023."

Port of Long Beach Harbor Tour

Consumer Affairs students went on a behind the scenes tour of the Port of Long Beach. Students received a close-up look at some of the biggest vessels on the planet. They also took pictures of local marine life and learned about the Port of Long Beach's role as a consumer engine, including how the Port contributes to the local, national, and international economies.













Three FCS students presented at the CHHS Week of RSCA.

Nutritional Science graduate student **Brittany Docherty**, working with Dr. Rachel Blaine, presented on the project, "Meal Planning and Preparation Cooking Interventions for Adults with Autism Spectrum Disorder". Brittany is also on the CHHS Dean's List.









Daniela Martinez, an undergraduate Nutrition Science student and The Advancing Nutrition Development through Alliance for Education and Leadership (ANDALE) scholar working with Dr. Michelle Barrack, presented on, "Drive for Muscularity and Dietary Supplement Use in a Multiethnic Sample of University Students".

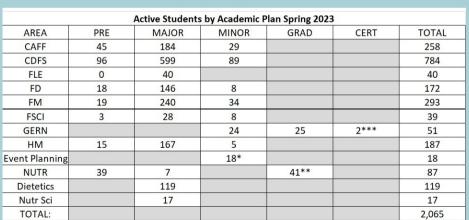
Gender Affirming Care in Dietetics



Nutrition lecturer **Amanda Sauceda** was quoted in the New York Times talking about eating a healthy breakfast.



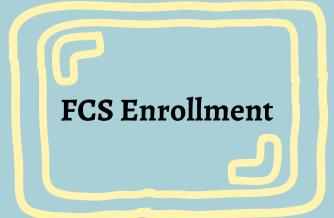
The ideal breakfast is the one that makes you feel your best, experts say, though there are some important nutrients to keep in mind.



- *5 of the 18 event planning minors are HM majors.
- **27 are MS w/internship, 14 are MS w/o internship.
- ***1 Gern Cert Postbac, 1 Gern Cert Undergraduate

	AREA		STUDENTS	TT FACULTY	RATIO	
	CAFF*		258	2	129	L
	CDFS & FLE		824	8.5	97	
	FD & FM & TEX	2	465	7	66	Ī
	GERN**		51	2	26	Ī
HM & Event Planning		205	2.5	82	ĺ	
	NUTR & FSCI		262	5	52	Ī

*TT faculty in this area does not include chair.



^{**}TT faculty in this area does not include Archstone endowed chair.