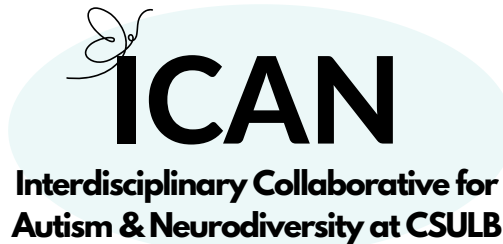


INTERDISCIPLINARY AUTISM SYMPOSIUM @ THE BEACH

PRESENTED BY



Agenda

REGISTRATION 8:30 - 9:00 AM

WELCOME 9:00 - 9:10 AM

Dr. Belinda Daughrity | *Emcee*

KEYNOTE SPEAKER 9:10 - 9:45 AM

Jennifer St. Jude | *Author, Lecturer, & Disabilities Advocate*

LIGHTENING LECTURES 9:45 - 10:30 AM

- Dr. Melissa Bitner
 - *"Importance of Physical Activity At the School & Community Level"*
- Dr. Alaine Ocampo
 - *"Bilingual Language Development in Autistic Children"*
- Dr. Rachel Blaine
 - *"Chicken Nuggets for Breakfast: Why Nutrition Can Be a Challenge for Autistic Kids"*

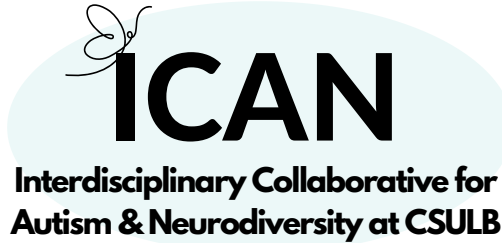
BREAK/CASE STUDY READING 10:30 - 10:40 AM

Refreshments are available in the hall. Feel free to peruse the case study during the break.



INTERDISCIPLINARY AUTISM SYMPOSIUM @ THE BEACH

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Agenda - Continued

CASE STUDY 10:40 - 11:15 AM

Group activity

PARENT PANEL 11:15 - 11:55 AM

- Iva Heckman
- Tashana Mack
- Liz Alessi
- Jennifer St. Jude

WRAP-UP 11:55 - 12:00 PM

Dr. Belinda Daughrity | *Emcee*

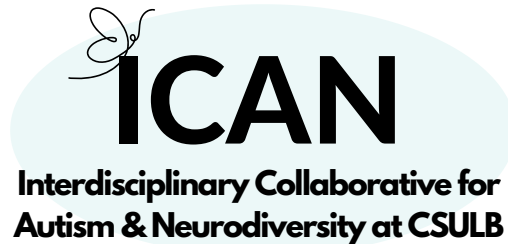
*More information
and resources are
provided
throughout the
program*





INTERDISCIPLINARY AUTISM SYMPOSIUM @ THE BEACH

PRESENTED BY



Departments

FAMILY & CONSUMER SCIENCES

HEALTH SCIENCE

HEALTH CARE ADMINISTRATION

KINESIOLOGY

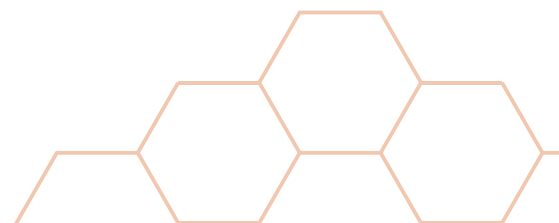
RECREATION AND LEISURE STUDIES

*SCHOOL OF CRIMINOLOGY, CRIMINAL JUSTICE, &
EMERGENCY DEPARTMENT*

SCHOOL OF NURSING

SCHOOL OF SOCIAL WORK

SPEECH LANGUAGE PATHOLOGY



INTERDISCIPLINARY AUTISM SYMPOSIUM @ THE BEACH

Meet Your Speakers!

Keynote Speaker

JENNIFER ST. JUDE



Jennifer St. Jude is an Author, Lecturer, and Disabilities Advocate. She holds a Bachelors Degree in Social Work and has an Adult Education Teaching Credential. She is not only the mother of two daughters on the Autism Spectrum; she was also diagnosed with Autism after a lifetime of difficulties. Jennifer has written extensively on the topics of Autism and Sensory Processing Disorder as well as speaks at professional conferences and universities.



jenniferstjude.com



[@AutismGrowsUpHere](https://www.facebook.com/AutismGrowsUpHere)



INTERDISCIPLINARY AUTISM SYMPOSIUM @ THE BEACH

Lightening Lecture Speakers

DR. MELISSA BITTNER



Dr. Melissa Bittner is an Assistant Professor in the Department of Kinesiology at California State University, Long Beach. Her primary responsibility is to prepare university students to teach physical education to individuals with disabilities. She assists with the After School Adapted Physical-activity Program (ASAPP) and Camp Nugget, designed to offer positive physical activity experiences to children with disabilities from ages 5 to 12. Dr. Bittner's scholarly interest is primarily focused on physical activity evidence-based teaching practices for students with autism spectrum disorder and adapted physical education assessment best practices.



[@LongBeachStateAPE](#)



Melissa.Bittner@csulb.edu



INTERDISCIPLINARY AUTISM SYMPOSIUM @ THE BEACH

Lightening Lecture Speakers

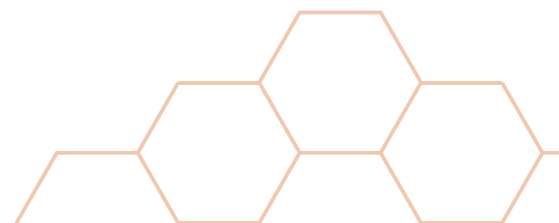
DR. ALAINE OCAMPO



Alaine Ocampo, Ph.D., CCC-SLP, is an Associate Professor in Speech-Language Pathology. Prior to joining the CSULB faculty, she was a school-based practitioner for students in grades TK-12 and also worked in the medical and private practice settings. Dr. Ocampo has published in the areas of school-age language and literacy disorders, autism, cultural and linguistic diversity, and interprofessional education/practice.



Alaine.Ocampo@csulb.edu



INTERDISCIPLINARY AUTISM SYMPOSIUM @ THE BEACH

Lightening Lecture Speakers

DR. RACHEL BLAINE



Dr. Rachel Blaine is an Associate Professor of Nutrition & Dietetics and DPD Director at California State University, Long Beach, where her research focuses on promoting nutrition and healthy lifestyle care for children on the autism spectrum. She is a registered dietitian who holds a BS in Clinical Nutrition from UC Davis, an MPH from UCLA, and a doctorate in Public Health Nutrition from Harvard University. In 2021 she received the Outstanding Dietetic Educator award from the Academy of Nutrition & Dietetics. Rachel lives in a joyfully noisy home in Moorpark, California with 2 young kids, a musician husband, and a growing number of pets.



@autismwellness



@autismwellnessRD

Check out Dr. Blaine's free e-Book for families of kids on the autism spectrum!



INTERDISCIPLINARY AUTISM SYMPOSIUM @ THE BEACH

Campus Resources



BOB MURPHY ACCESS CENTER (BMAC)

"The Bob Murphy Access Center (BMAC) at CSU Long Beach's mission is to assist over 2,700 students with disabilities at CSU Long Beach to achieve their educational degrees and prepare them to be career ready after graduation. Since our beginning in 1973, BMAC has supported over 12,553 students in graduating from CSU Long Beach."

[Click here for more information](#)



AUTISM SERVICES/LIFE PROJECT

"The Learning Independence for Empowerment (LIFE) Project, developed in 2009, is a program for students with an autism spectrum disorder (ASD), Asperger Syndrome, or other social-cognitive deficit. Within this program, students participate in workshops, presentations, and projects as well as participate in interactive games and socialize. LIFE Project is run by the Autism Services Coordinator with the Bob Murphy Access Center (BMAC) and other experienced professionals."

[Click here for more information](#)

A decorative graphic in the bottom right corner consisting of several interconnected orange hexagons of varying sizes, creating a honeycomb-like pattern.

INTERDISCIPLINARY AUTISM SYMPOSIUM @ THE BEACH

Local Resources



AUTISM SOCIETY OF LOS ANGELES

"Did you know that one-third of all people with autism in California live in Los Angeles County?"

The Autism Society of Los Angeles is a non-profit 501c3 corporation serving millions of people in the L.A. area affected by autism. Please support our mission, vision, and values to make a difference in the lives of people with autism and their families here in our community."

[Click here for more information](#)



AUTISTIC SELF ADVOCACY NETWORK

"'Nothing About Us Without Us' means that autistic people need to be involved whenever autism is discussed. When non-autistic people make decisions about autism without Autistic input, those decisions are usually bad. This makes it harder for us to get by in the world. Decisions about autism need to be made with autistic people. That way, we can make policies that help us live our lives, and teach people how to be understanding and supportive of the autistic community."

[Click here for more information](#)