

Name: _____

Email: _____ Phone: _____

Address (if new) _____

Referred by: Social media _____ Website _____ Alumni _____ Newspaper _____ Friend _____

OLLI Membership (<i>new only</i>)	\$40.00	_____	Class Tuition	_____ x \$15.00 ea	_____
Donation	\$ _____	Contributors will be acknowledged in publications. To remain anonymous check here. <input type="checkbox"/>			
Check # _____	Checks payable to CSULB Foundation		NO Cash	Total	\$ _____

Z = Zoom IP = In Person Hyflex = Zoom and in room

MONDAYS, January 8 - February 26						7 Weeks with MLK Holiday	
Time	Class Title	Class Leader	Location / Comment	Mode			
8:30-9:50	Stand Tall, Stand Strong (Day 1)	L. Goldman	Exercise bands	Z			
8:30-10:00	iOS 17: What's New? (3 wks)	K. Winkenwerder	Tech - iPhone 1/8-29	Z			
9:15-9:45	Beginning Recorder	T. Schneider	NEW - Whaley Park	IP			
9:45-11:15	Play The Recorder (Beginner-Intermediate)	T. Schneider	Whaley Park	IP			
9:30-11:30	Bridge 1: Lessons 1 - 9	H. Dunbar	LB Bridge Center	IP			
10:30-12:00	Art of Downsizing	T. Sievers	CSULB, rm 101	IP			
10:30-12:00	Let's Dish: a little Savory, a little Sweet...	Y. Rihbany/N. Stein	New topics	Z			
10:30-12:00	iPhone: Beyond the Basics	K. Winkenwerder	Tech - Intermediate	Z			
11:30-12:30	Yoga with Barbara	B. Bannerman	CSULB, LifeFit Center KIN	IP			
11:30-1:00	Advancing Ukulele Skills	N. Intriere/C. Baker	Whaley Park	IP			
12:15-1:45	Artificial Intelligence & ChatGPT (5 wks)	L. Soe	NEW-CSULB, rm 101/Zoom	Hyflex			
12:15-1:45	Reverse Mortgage Tips (3 wks)	S. Burks	NEW - 3 wks 2/12 - 26	Z			
1:00-4:00	Somerset Magazine Journal: Part 4	S. Haglund	St. Isidore H. Plaza	IP			
1:00-2:00	Bluegrass Guitar Workshop	F. Swatek	All levels	Z		<i>free</i>	
2:30-3:30	Bluegrass Mandolin Workshop	F. Swatek	All levels	Z		<i>free</i>	
2:00- 5:00	More Great Movies!	J. Hathcock	New Titles CSULB, rm 101	IP			

TUESDAYS, January 9 - February 27							
Time	Class Title	Class Leader	Location / Comment	Mode			
9:00-10:00	Longevity Stick Art Movements	C. Taylor	CSULB, LifeFit Center KIN	IP			
9:00-10:30	Mindful Movement	N. Raynolds	4 wks - 1/ 9 -30	Z			
9:30-11:30	Bridge 2: Lessons 10 - 18	H. Dunbar	LB Bridge Center	IP			
9:30-11:00	Exploring Pages for Mac OS/iOS (5 wks)	K. Winkenwerder	5 wks 1/9 - 2/6	Z			
9:45-11:15	Geopolitics Update 2024	D. Lunde	CSULB, rm 101 / Zoom	Hyflex			
10:00-12:00	Play it Again Jam - all levels	C. Baker	Whaley Park	IP			
10:00-11:30	Facts for Healthy Living	V. Torres	NEW-weekly topics	Z			
10:00-11:30	American Poets	D. Shere	NEW topics - JCC	IP			
10:15-11:45	It Happened in Brooklyn	L. Jacobson	NEW - 5 wks 1/9 - 2/6	Z			
11:30-1:00	Retirement Essentials (not only) for Women	C. Carpenter	CSULB, rm 101	IP			
12:00-1:30	Spanish Story Time	P. Kiwerski	New tales and talk	Z			
12:00-1:30	Intro to World of Shamans	M. Montoya	NEW-CSULB, LifeFit Center KIN	IP			
12:00-2:00	Intro to Better Capitalism (2 wks)	Knowlton & Hedges	NEW - 1/16 - 23	Z			
1:15-2:45	More Income from Investments (Feb 27)	J. Wigen	SPECIAL- CSULB, rm 101	IP		<i>free</i>	
1:30-3:00	Get Started with Your Mac	C. Wisniewski	Tech - NEW	Z			
2:00-4:00	Raffia Basketry: Part II	C. Sabol	JCC - Advanced students	IP			
3:00-4:30	Views of Normandy and Verdun	P. Killins	NEW - CSULB, rm 101	IP			
3:30-5:00	Apple Passwords and Passkeys (3 wks)	C. Wisniewski	Tech - 3 wks 1/9 - 23	Z			

WEDNESDAYS, January 10 - February 28

<i>Time</i>	<i>Class Title</i>	<i>Class Leader</i>	<i>Location / Comment</i>	<i>Mode</i>	
8:30-9:50	Stand Tall, Stand Strong (Day 2)	L. Goldman	See Monday	Z	NC
8:30-9:45	Yoga with Jean Marie	J. VanDine	CSULB LifeFit Center	IP	
9:00-10:30	A More Glamorous You (3 wks)	K. Marshall	3 wks 1/10-24	Z	
10:00-11:30	Talking Story: Fabric of our Lives	C. Estrada	NEW - Houghton Park	IP	
10:00-11:30	Foundations of Investing	A. Dilsaver	Current topics	Z	
10:15-11:45	Sea Turtles of the World (6 wks)	C. Davis	NEW - CSULB Jan. 24	IP	
11:30-1:00	Acoustic Guitar 2: Beyond Basics	M. Youngs/Bradshaw	Whaley Park	IP	
12:00-1:30	Re-living Civil Rights Movement (Feb 21)	N. Tushnet	Special - CSULB rm 101	IP	free
1:00-2:45	4 Stories, 4 Weeks (4 wks)	M. Panitz	JCC 4 wks 1/7 - 1/28	IP	
1:00-2:30	ABCs of Medicare (3 wks)	D. Dillman	NEW - 3 wks 1/17-31	Z	
1:45-3:15	Amateur (Ham) Radio Operator (2 IP classes)	Crowe & Breiding	CSULB, rm 101 1/10 & 2/28	IP	
1:45-3:15	Amateur (Ham) Radio Operator (6 Z classes)	same	Zoom starts 1/17 - 2/21	Z	NC
3:30-5:00	French Conversation	M. Green	NEW - CSULB, rm 101	IP	

THURSDAYS, January 11 - February 29

<i>Time</i>	<i>Class Title</i>	<i>Class Leader</i>	<i>Location / Comment</i>	<i>Mode</i>	
8:30-10:00	See the Picture Before You Take a Photograph	D. Cox	NEW - CSULB, rm 101	IP	
9:30-11:00	Memoir Writing: A Novel Approach	Kiwerski/ Marshall	Email needed	Z	
10:00-11:30	Shoot and Edit Videos - all devices	P. Gutierrez	Tech- CSULB, Lab / Zoom	Hyflex	
10:15-11:45	The Role of Women in US History	N. Tushnet	NEW-CSULB, rm 101/Zoom	Hyflex	
10:30-11:50	Practicing Flexibility	L. Goldman	All levels - Yoga based	Z	
10:30-11:30	Tai Chi Chuan 101	R. Richina	NEW-CSULB, LifeFit Center	IP	
10:30-12:00	Music Beginning Theory: Sport of Music	K. Price	NEW - St. Isidore H Plaza	IP	
11:00-12:30	Writing for Wellness	J. Smith	NEW topics	Z	
12:00-1:30	National and International Current Events & Issues	Team	CSULB, rm 101	IP	
1:00-2:30	Apps & Social Media - all devices	P. Gutierrez	Tech- CSULB, Lab / Zoom	Hyflex	
11:30-1:30	Springboard into Cardmaking	L. Malmsten	NEW - at JCC	IP	
2:00-4:00	Needlework Cafe	C. Sabol	JCC - New projects	IP	
2:00-5:00	Movie Matinee: Comedy Around the World	A. Goldstein	NEW films	IP	
3:00-4:30	Build a Web Presence: Pages, Blogs & Webinars	P. Gutierrez	Tech- CSULB, Lab/Zoom	Hyflex	
3:00-4:30	Catch the Spirit of Singing...Chorus	K. Price	St. Isidore H Plaza	IP	

FRIDAYS, January 12 - February 23 7 weeks

<i>Time</i>	<i>Class Title</i>	<i>Class Leader</i>	<i>Location / Comment</i>	<i>Mode</i>	
10:30-12:30	Jewelry A to Z	B. Belisle	Meet at JCC	IP	
10:30-12:00	Computer Data Organization (4 wks)	W. Peck	Tech-CSULB, Lab /Zoom	Hyflex	
11:00-12:30	Writers Read Aloud	J. Van Hooten	NEW-CSULB, rm 101	IP	
11:00-12:00	Soul Tai Chi with Jimmy	J. Mathews	CSULB, LifeFit Center	IP	
11:30-1:00	Bluegrass Music JAM	F. Swatek	St. Isidore H Plaza	IP	
12:30-2:30	Creative Connections: Artist Meetup	Y. Rihbany	JCC - new time	IP	
12:30-1:45	Yoga on a Chair	C. Ellano-Ota	More flexibility!	Z	
12:45-2:15	Life Changing Travel & Epic Adventures	J. Minette	NEW-CSULB, rm 101	IP	
1:00-3:00	Short Story Discussion Group	F. Ramirez	Book purchase	Z	
2:30-4:00	CPR and AED Awareness (Feb 16)	B. Fitzpatrick	SPECIAL - at JCC	IP	free
2:30-4:30	Stained Glass Workshop	S. Newcomb	CSULB, Design rm 111	IP	
2:30-4:30	Comedy Capers	K. Lucas	CSULB, rm 101 /Zoom	Hyflex	

SATURDAYS, January 13 - February 24

<i>Time</i>	<i>Class Title</i>	<i>Class Leader</i>	<i>Location / Comment</i>	<i>Mode</i>	
9:00-12:00	Watercolor Workshop - Adv.	M. Daniel	CSULB rm DSN 111	IP	
12:30-2:00	Retirement Your Way	P. Field	NEW	Z	

ONLINE REGISTRATION starts Dec. 11

Helpline 562.985.2398