



Forty-Niner Shops, Inc.  
California State University, Long Beach

## 2023 Employer Contributions, Plan Options, and Rates

Just as we did last year, the Forty-Niner Shops will continue to contribute towards your health benefits to help absorb some of the plan cost increases. Once you have made your selections, add them together and then subtract the contribution amount that applies to you.

### Employer Contributions

Employee Status	Monthly Contributions
Employee Only	\$662.62
Employee + One	\$1,381.46
Employee + Family	\$1,976.89

### Medical Options and Rates

Medical	Kaiser HMO	Anthem Blue Cross HMO Select	Anthem Blue Cross HMO CA. Care	Anthem Blue Cross PPO
Employee Only	\$610.00	\$630.00	\$692.00	\$864.00
Employee + One	\$1,264.00	\$1,259.00	\$1,384.00	\$1,731.00
Employee + Family	\$1,798.00	\$1,783.00	\$1,960.00	\$2,449.00

### Dental Rates

Delta Dental	DHMO	PPO
Employee Only	\$19.40	\$42.20
Employee + One	\$34.60	\$84.40
Employee + Family	\$51.00	\$130.70

### Vision Rates

VSP Vision	
Employee Only	\$9.90
Employee + One	\$13.90
Employee + Family	\$24.10