

Name: _____ Referred by: _____

Email: _____ Phone: _____

OLLI Membership fee	\$40.00		Class Tuition		x \$15.00 ea	
Donation	\$ _____	Contributors will be acknowledged in publications. To remain anonymous check here. <input type="checkbox"/>				
Check # _____	Checks payable to CSULB Foundation	NO Cash	Total	\$ _____		

Z = Zoom IP = In Person HyFlex = Zoom and in class

MONDAYS, October 2 - November 13 7 Weeks

Time	Class Title	Class Leader	Location / Comment	Mode	
8:30-9:50	Stand Tall, Stand Strong (Day 1)	L. Goldman	Exercise bands	Z	
8:30-10:00	Basic iPhone (iOS)	K. Winkenwerder	Tech - Beginners	Z	
10:00-11:30	Triumph of Hamiltonian Economics	D. Keenan & Wilson	NEW - CSULB & Hyflex	H	
9:45-11:15	The Recorder Consort (not beginners)	M. Pendleton	Whaley Park	IP	
10:00-12:00	Beginning Mixed Media Art	J. Eckmalian	NEW - St. Isidore H. Plaza	IP	
10:30-12:00	Prevent Heart Disease...& Alzheimers	W. Covalt	NEW - 2 classes 10/16-18	Z	
10:30-12:00	Let's Dish: a little Savory, a little Sweet...	Y. Rihbany/N. Stein	Back again - New topics	Z	
11:00-12:30	iOS 17: What's New?	K. Winkenwerder	Tech - 3 wks 10/2-16	Z	
11:30-12:30	Yoga with Barbara	B. Bannerman	CSULB LifeFit Center	IP	
11:30-1:00	Advancing Ukulele Skills	N. Intriere/C. Baker	Whaley Park	IP	
12:00-2:00	The Forgotten Founders	H. Dudley	NEW - 4 wks	Z	
1:00-3:00	Somerset Journal: Part 3	S. Haglund	NEW - St. Isidore H. Plaza	IP	
1:30-3:00	Basic Photoshop CANCELLED	L. Soe	Cancelled	IP	NO
1:00-2:00	Bluegrass Guitar Workshop	F. Swatek	All levels	Z	free
2:30-3:30	Bluegrass Mandolin Workshop	F. Swatek	All levels	Z	free
2:00-3:30	Our Observable Universe	M. Geier	NEW	Z	
2:00- 5:00	Movie Classics from the Past	J. Hathcock	New Titles CSULB rm 101	IP	

TUESDAYS, October 3 - November 14

Time	Class Title	Class Leader	Location / Comment	Mode	
9:00-10:00	Longevity Stick Art Movements	C. Taylor	CSULB LifeFit Center	IP	
9:00-10:30	Mindful Movement	N. Raynolds	4 wks - 10/17-11/7	Z	
9:30-11:30	Bridge 1: Beginners and Review	H. Dunbar	LB Bridge Center	IP	
9:45-11:15	Geopolitics Update	D. Lunde	NEW - CSULB & Hyflex	H	
10:00-12:00	Play it Again Jam - all levels	C. Baker	Whaley Park	IP	
10:00-12:00	Drawing for All	V. Berry	JCC	IP	
10:00-11:30	American Poets	D. Shere	NEW - JCC	IP	
10:30-12:00	Computer Data Organization	W. Peck	NEW - Tech Lab and Zoom	H	
11:30-1:00	Finance & Investing for (not only) Women	C. Carpenter	CSULB, HS&D rm 101	IP	
12:00-2:00	Mastering Watercolor! (not beginners)	A. Kupillas	Lab style class -Not 10/10	Z	
12:00-1:30	Spanish Story Time	P. Kiwerski	New tales and talk	Z	
1:00-2:30	Get Organized A to Z	S. Farley	NEW ideas	Z	
1:00-2:30	Reiki 1: Self Healing	P. Rassouli	St. Isidore Historical Plaza	IP	
1:15-2:45	Travels with Marco Polo	D. Hobbs	NEW- CSULB rm 101	IP	
1:30-3:00	Quick Tips: Apple Passwords	C. Wisniewski	Tech - NEW 10/3-10	Z	
1:30-3:00	Quick Tips: Search and Surf in Safari	C. Wisniewski	Tech - NEW 10/17-24	Z	
1:30-3:00	Quick Tips: Apple Accessibility	C. Wisniewski	Tech - New 10/31-11/14	Z	
2:00-3:00	Facts for Healthy Living Series	B Llamas	NEW - 7 topics	Z	
2:00-3:30	Raffia Coiled Basketry	C. Sabol	JCC	IP	
2:00-3:30	Educating the Eye (I)-Dante and a Journey	D. Christian	NEW - 4 wks	Z	
3:00-5:00	Archery for All - learn and enjoy!	M. Leach	NEW - 5 wks CSULB	IP	

WEDNESDAYS, October 4 - November 15

<i>Time</i>	<i>Class Title</i>	<i>Class Leader</i>	<i>Location / Comment</i>	<i>Mode</i>	
8:30-9:50	Stand Tall, Stand Strong (Day 2)	L. Goldman	See Monday	Z	NC
8:30-9:45	Yoga with Jean Marie	J. VanDine	New day	IP	
8:30-10:00	Reverse Mortgage: Remodeling Retirement	S. Burks	NEW	Z	
9:00-10:30	Timeless Fashion for Modern Women	K. Marshall	3 wks 10/11 - 25	Z	
10:00-11:30	Talking Story: Fabric of our Lives (5 wks)	C. Estrada	NEW - Houghton Park	IP	
10:00-11:30	Travel with Your iPad /iPhone	M. Gettys	Tech - CSULB Lab	IP	
10:00-11:30	Foundations of Investing	A. Dilsaver	Current topics	Z	
10:00-12:00	Acrylic Painting for all Levels	V. Berry	NEW St. Isidore H Plaza	IP	
11:45-1:15	iPad / iPhone Photo App	M. Gettys	NEW Tech - CSULB Lab	IP	
11:30-1:00	Acoustic Guitar 2: Beyond Basics	B. Bradshaw	Whaley Park	IP	
12:00-1:30	Lunch and Learn	P. LaPlace	CSULB rm 101	IP	free
1:00-2:45	5 Stories, 5 Weeks (5 wks)	M. Panitz	JCC 5 wks 10/18-11/15	IP	
1:00-2:30	Let's Put on a Show: Acting	N. Hathcock	NEW St. Isidore H Plaza	IP	
1:00-2:30	Celebrate Perfect Vocal Harmony (4 wks)	M. Agron	4 wks - 11/8-29	Z	
1:30-3:00	Introduction to iPad	M. Gettys	Tech - CSULB Lab	IP	
1:45-3:15	Cyber Crime Case Studies (3 wks)	Babcock & Hodek	CSULB rm 101 10/4-18	IP	
1:45-3:15	Coin Collecting: look what I found ... (4 wks)	D. Russo	CSULB rm 101 starts 10/25	IP	
3:30-5:00	Napoleon	F. Carbone	CSULB, rm 101	IP	

THURSDAYS, October 5 - November 16

<i>Time</i>	<i>Class Title</i>	<i>Class Leader</i>	<i>Location / Comment</i>	<i>Mode</i>	
8:30-10:00	See the Picture Before You Take a Photograph	D. Cox	NEW - CSULB, rm 101	IP	
9:30-11:00	Memoir Writing: A Novel Approach	F. Fitzpatrick/Pam K.	Email needed	Z	
10:00-11:30	Shoot and Edit Videos - all devices	P. Gutierrez	Tech- CSULB, Lab / Zoom	HyFlex	
10:15-11:45	The Art of Downsizing (6 wks)	T. Sievers	NEW - CSULB, rm 101	IP	
10:30-11:50	Practicing Flexibility	L. Goldman	All levels - Yoga based	Z	
11:00-12:30	Writing for Wellness	J. Smith	New and review	Z	
12:00-1:30	Current /International Events and Issues	Team	CSULB rm 101	IP	
1:00-2:30	Apps & Social Media - all devices	P. Gutierrez	Tech - CSULB, Lab / Zoom	HyFlex	
1:00-2:30	Novelty Card Games: Fun and Easy	L. Brotherson	NEW-St.Isidore H. Plaza	IP	
12:00-1:30	Zentangle-Inspired Art: Step it up!	L. Malmsten	NEW - at JCC	IP	
2:00-4:00	Needlework Cafe	C. Sabol	JCC - New projects	IP	
2:00-5:00	Movie Matinee: Mysteries and More	A. Goldstein	NEW films	IP	
3:00-4:30	Build a Web Presence: Pages, Blogs & Webinars	P. Gutierrez	Tech - CSULB, Lab/Zoom	Hyflex	
3:00-4:30	Catch the Spirit of Singing...Chorus	K. Price	St. Isidore H Plaza	IP	
3:00-5:00	Lawn Bowling: Fun with Friends (4 wks)	M. Leach	LB Lawn Bowling Club	IP	

FRIDAYS, October 6 - November 17

<i>Time</i>	<i>Class Title</i>	<i>Class Leader</i>	<i>Location / Comment</i>	<i>Mode</i>	
9:00-10:30	Writers Read Aloud	J. Van Hooten	CSULB, rm 101	IP	
10:00-12:00	Guided Autobiography	B. Llamas	5 wks -	Z	
10:00-12:00	Creative Connection - Arts and Crafts Exchange	Y. Rihbany	Meet at JCC	IP	
10:30-12:00	Basic Presentation Programs: PPT and more	W. Peck	CSULB Lab, or Zoom	IP	
11:00-12:30	RUSSIA From Tsars to Putin	D. Schwartz	NEW - CSULB, rm 101	IP	
11:30-1:00	Bluegrass Music JAM	F. Swatek	St. Isidore H Plaza	IP	
12:00-1:30	Optimal Health Series	Health Leaders	NEW - See schedule	Z	free
12:30-1:45	Yoga on a Chair	C. Ellano Ota	More flexibility!	Z	
12:45-2:15	Empowering health...through Cannabis	W. Jones	CSULB, rm 101	IP	
1:00-3:00	Short Story Discussion Group	F. Ramirez	Book purchase	Z	
2:30-4:30	Stained Glass Workshop	S. Newcomb	New projects	IP	
2:30-4:30	Comedy Capers	K. Lucas	CSULB, rm 101 or Zoom	Hyflex	

SATURDAYS, October 7 - November 18

<i>Time</i>	<i>Class Title</i>	<i>Class Leader</i>	<i>Location / Comment</i>	<i>Mode</i>	
9:00-12:00	Watercolor Workshop - Adv.	M. Daniel	CSULB rm DSN 111	IP	
9:00-10:30	The ABCs of Medicare	D. Dillman	NEW 3 wks 10/7 - 21	Z	