NOT in *The SUN* – but offered this Spring!

Search at the website to enroll in any of the NEW ADDED classes. https://reg135.imperisoft.com/csulbolli/Search/Registration.aspx

Drawing for Everyone

Tuesdays, April 4 – May 25 10:00 AM - 12:00 PM In-Person at JCC

This class will cover the Basics of Drawing. If you're interested in learning the basic building blocks of drawing or improving your skill level this class will cover elements and principles of art that will help. We will do a variety of exercises and practice drawings to build your experience. We will cover a variety of techniques, tips, and tricks. Our goal is improvement of skill while enjoying the process. Class limit:15

Instructor: Valerie Berry, retired Art teacher

Write, Edit, Rewrite and Publish your Non-fiction!

Tuesdays, April 4 – May 25 3:30 - 5:00 PM In-Person at SIHP

This class works on first-person stories, magazine articles and Chicken Soup call-outs. Don't want to be published? Join us to improve your writing. We will investigate markets, call outs, query letters and crafting that special story for publication. Share your experiences with others. Emphasis is focused on "gorilla editing" for maximum publication opportunities. First class is mandatory unless prior notice. Use of Word and access to email is required. Class limit: 10

Instructor: Sallie Rodman, Certificate in Professional Writing, CSULB, published in fifty Chicken Soup for the Soul books, magazines: Good Dog, Woman's Day, Reader's Digest, Angels on Earth, and OC Register.

Guided Autobiography

Wednesdays, April 5 – May 3 (5 weeks) 1:30 to 3:30 PM Zoom

The course is based upon the work of Dr. James Birren, a professor and pioneer in the field of Aging Studies. Guided Autobiography is a semi-structured process of recalling, writing, and sharing one's life story based on universal themes provided each week. Through this interactive class, you will be provided with writing tips, creative exercises, and tools for writing your own life story. The first session is a 60-minute orientation about the structure, expectations, and student commitments to the class. The next 4 sessions are approximately 2 hours long, depending on the class size. Class participants will return each week with a two-page story based on the theme provided. Each group member will share his/her story and receive positive feedback with assured confidentiality. No need to be a talented writer, just tell your own story.

Class limit: 10

Instructor: Barbara Llamas, Independence at Home, a SCAN Community Service