

BS in Kinesiology - Option in Physical Education-Teacher Education
Major Requirements Worksheet
2022-2023 Catalog

Name: _____ Student ID: _____

Grade	Course Number & Title (units)	Need to Take	Prerequisites†
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All KIN courses are blocked to declared majors only (not pre-majors) unless otherwise specified in the prerequisites column

Complete ALL of the specified core courses:

	KIN 201: Introduction to Kinesiology (3)		KIN and Pre-KIN majors
	KIN 300: Biomechanics of Human Movement (3) GE Area: UD B		a 'C' or better in BIOL 208 corequisite: KIN 201
	KIN 301: Exercise Physiology (3)		a 'C' or better in BIOL 207 corequisite: KIN 201
	KIN 312: Motor Control & Learning (3)		a 'C' or better in all of the following: BIOL 207, BIOL 208 corequisite: KIN 201
	KIN 332: Sociocultural Dimensions of Sport & Human Movement (3) GE Area: Writing Intensive		GPE score of 11+ or portfolio course; open to Pre-KIN majors; corequisite: KIN 201

Complete ALL of the following lower division courses:

	BIOL 207: Human Physiology (4) GE Area: B2/B3		B4 and one GE A category
	BIOL 208: Human Anatomy (4)		a 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140 or DANC 261
	PSY 100: General Psychology (3) GE Area: D3		GE composition ready
	KIN 149A: Self Defense (1)		open to Pre-KIN majors
	KIN 237: Techniques & Analysis of Aquatic Skills (2)		This course requires you to pass a swimming proficiency exam in the first week of instruction.
	KIN 261: Techniques & Analysis of Fundamental Rhythms (2)		none
	KIN 270: Professional Practices in Public School Physical Education (3)		GE A2 course corequisite: Community CPR/First Aid/Safety or current certification; see catalog for full details
	KIN 250: Techniques of Basketball (1)		none
	KIN 251: Techniques of Flag Football (1)		none
	KIN 253: Techniques of Soccer (1)		none
	KIN 255: Techniques of Softball (1)		none
	KIN 257: Techniques of Volleyball (1)		none
	KIN 264: Techniques of Golf (1)		none
	KIN 265: Techniques of Gymnastics (1)		none
	KIN 266: Techniques of Badminton (1)		none
	KIN 267: Techniques of Tennis (1)		none
	KIN 268: Techniques of Track & Field (1)		none

Complete ALL of the following upper division courses:

	KIN 315: Motor Development (3)		BIOL 207; BIOL 208
	KIN 320: Adapted Physical Education (3)		BIOL 208
	KIN 343: Techniques & Analysis of Physical Fitness & Activity (2)		KIN 270
	KIN 370: Movement Theory & Practice of Elementary Physical Education (3)		KIN 270
	KIN 380: Principles, Organization & Management of Secondary School Physical Education (3)		prerequisite: KIN 149A, 237, 250, 251, 253, 255, 257, 261, 264, 265, 266, 267, 268, 270, 370 corequisite: KIN 300, 301, 312, 343 recommended corequisite: EDSS 300P
	KIN 460: Applied Theory & Analysis of Non-Traditional Physical Education Games & Activities (2)		KIN 370; senior standing

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Choose & complete ONE concentration

Concentration in Adapted Physical Education: Complete the following courses:

	KIN 387: Physical Activities for the Disabled (3)		KIN 320; fall only corequisite: KIN 427 recommended corequisite: KIN 489A
	KIN 388: Program Planning & Instruction in Adapted Physical Education (3)		KIN 387; spring only recommended corequisite: KIN 489A
	KIN 427: Physical & Motor Assessment (3)		KIN 315, 320; fall only

Concentration in K-12 Physical Education: Complete the following courses:

	KIN 457: Applied Theory of Teaching Team Sports (3)		KIN 250, 251, 253, 255, 257, 270; senior standing; fall only
	KIN 461: Applied Theory of Teaching Individual & Dual Sports (3)		KIN 237, 264, 265, 266, 267, 268, 270; senior standing; spring only
	KIN 477: Measurement & Curriculum in Physical Education (3)		KIN 343, 370; fall only

†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

✓ GE credit is granted based on the term you take the course and is subject to change; see the current GE course list at www.csulb.edu/ge

✓ A 'C' or better is required in all courses

✓ Total units required for PETE option: 68-69