

Below you will find instructional videos and articles on how to use the library's online databases, format with different citation methods, and access multimedia sources. There are also a variety of other more specific guided videos and articles on the library's website. We encourage you to explore those as needed! Please be sure you are logged into your CSULB account before accessing any of the links.

Topic	Description	Link
Sign In and Find Guides	This video explains how to access the CSULB online library resources from your student account and where to begin your search for research materials.	Library Overview - Steps to Research Videos by Dr. P. - Research Guides at California State University, Long Beach (libguides.com)
Steps to Research Handout	<p>Made by one of the CSULB librarians, Dr. Alexis Pavenick, this PDF outlines how to use library databases to find resources to use in your research. It explains what a database is and how to know what kind of sources to look for (i.e., the differences between journal articles and books). In the following videos, Dr. P follows this handout as she guides you through the research process.</p> <p>It also lists free CSULB tutoring resources and computer programs.</p>	<p>Steps to Research Steps to Research-- ADA version</p>
Basic Database Search	These two videos explain how to use the CSULB library databases. Dr. P goes over search terms, limiters, and how to use more than one database at a time.	Basic Database Search (1-3) Databases Continued
MLA 8 Works Cited and Microsoft Word	This video broadly explains how to cite using MLA 8 and how to format an academic paper in Microsoft Word. Dr. P also goes over how to set up a Works Cited page. For more specifics on MLA, please refer to the MLA Handbook .	MLA 8 Explained MLA Formatting and Style Guide

Multimedia Resources (PDFs, eBooks, Video Streaming)	This video explains how to access and download PDFs of articles, specific book chapters, and non-traditional sources like videos and films.	Multimedia Resources
APA Formatting	This article broadly explains how to cite in APA format and links different resources on how to use this method.	APA Format