

Name: _____ Date: _____

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OLLI Membership	
Annual fee \$40.00 _____	Class Tuition _____ x \$15.00 _____
Donation \$ _____	Contributors will be acknowledged in publications. To remain anonymous check here. <input type="checkbox"/>
Check # _____	Checks payable to CSULB Foundation NO Cash Total \$ _____

Z = Zoom IP = In Person HyFlex = Zoom and in class

TIME	CLASSES	Instructor	Comment	Mode	Other
MONDAYS, January 9 - February 27 (7 weeks)					
8:30-9:50	Stand Tall, Stand Strong (Day 1)	L. Goldman	Exercise bands	Z	
8:30-10:00	iPhone: Beyond the Basics (iOS)	K. Winkenwerder	Tech - Int. iPhone	Z	
10:00-11:30	The Recorder Consort (not Beginner)	M. Pendleton	Whaley Park	IP	
10:00-12:00	Guided Autobiography	M Mesa	5 wks (1/23-2/20)	Z	
10:30-12:00	Let's Dish - more food talk!	Rihbany & Stein	New Topics	Z	
10:30-12:00	Prevent Heart Disease, Cancer and more...	W. Covalt	2 days (1/9 & 1/11)	Z	
11:15-1:45	Hispanic Cinema: Film review and discussion	H. Cannon	CSULB rm 101 5 wks	IP	
11:30-12:30	Yoga with Barbara	B. Bannerman	CSULB LifeFit Center	IP	
11:30-1:00	Advancing Ukulele Skills (not Beginner)	Intriere & Baker	Whaley Park	IP	
1:00-3:00	Something New, Something Finished	S. Haglund	New - St. Isidore H. Plaza	IP	
1:00-2:00	Bluegrass Guitar Workshop	F. Swatek	All levels	Z	free
2:30-3:30	Bluegrass Mandolin Workshop	F. Swatek	All levels	Z	free
2:00- 5:00	Before They Were Stars: 7 Films	J. Hathcock	CSULB rm 101	IP	
6:00-8:00 pm	Play Modern Board Games (Advanced)	G. Page	JCC - email Gary for details	IP	

TUESDAYS, January 10 - February 28 (8 weeks)					
8:30-10:00	What's New in iOS 16	K. Winkenwerder	Tech - 3 wks 1/10 - 24	Z	
8:30-10:00	Exploring Pages for Mac / iOS	K. Winkenwerder	Tech - 4 wks 2/7 - 28	Z	
9:00-10:00	Longevity Stick Art Movements	C. Taylor	CSULB LifeFit Center	IP	
9:00-10:30	Mindful Movement: Qigong and Stretching	N. Raynolds	4 wks 1/17 - 2/7	Z	
9:30-11:30	Bridge 1 for Beginners or Review	H. Dunbar	LB Bridge Center start Jan 3	IP	
9:45-11:15	Geopolitics: Update 2023	D. Lunde	CSULB rm 101 or by Zoom	Hyflex	
10:00-12:00	Play it Again Jam	C. Baker	Whaley Park	IP	
10:30-12:00	Folk Guitar 1	C. Lowe	Beginners - New day	Z	
11:00-12:00	Gerotrancendence: Changes During Aging	A. Hanson	New - St. Isidore H Plaza	IP	
11:30-1:00	Investing for Women	C. Carpenter	New - CSULB rm 101	IP	
12:00-2:00	Better Capitalism: A Better Way?	Knowlton & Hedges	New - 2 wks 1/17 - 24	Z	
12:00-1:30	Spanish Story Time	P. Kiwerski	New tales and talk	Z	
12:00-2:00	Mastering Watercolor	A. Kupillas	Int level preferred	Z	
1:30-3:00	The Cloud: What and Where Is It (3 wks)	C. Wisniewski	Tech - 3 wks 1/10-24	Z	
1:30-3:00	Digital Privacy & Security (5 wks)	C. Wisniewski	Tech - 5 wks 1/31- 2/28	Z	
3:30-5:00	Mac Skills: Beginning and Intermediate	C. Wisniewski	Tech - Mac OS	Z	
3:00-5:00	Operation Cartwheel: WWII History	P. Killins	New - CSULB rm 101	IP	
6:00-8:00 pm	Play Modern Board Games (Beginning)	G. Page	JCC-email Gary for details	IP	

WEDNESDAYS, January 4 - February 22

8:30-9:50	Stand Tall, Stand Strong (Day 2)	L. Goldman	See Monday	Z	NC
8:30-10:00	Cyber Crime: Case Studies (3 wks 1/4 - 18))	D. Babcock	New - CSULB rm 101	IP	
10:00-11:30	iPad/ iPhone: Travel with your device	M. Gettys	Tech - CSULB Lab	IP	
10:00-11:30	Foundations of Investing	A. Dilsaver	Current topics	Z	
11:45-1:15	iPad / iPhone and Photos	M. Gettys	Tech - CSULB Lab	IP	
10:00-12:00	Pearl Harbor to Midway: 80th Anniversary	B. Warwick	New - 3 wks 1/11 - 25	Z	
10:00-11:30	A Playreading Circle	M. Pendleton	New - Whaley Park	IP	
10:15-11:45	Light, Color, Sound & Perception	P. Kenealy	CSULB rm 101 or Zoom	Hyflex	
11:00-12:00	Pilates Matwork	E. Paul	New-CSULB LifeFit Center	IP	
11:30-1:00	Acoustic Guitar 2: Beyond Basics	B. Bradshaw	New at Whaley Park	IP	
12:00-1:30	20th Century American Art	F. Trof	CSULB rm 101	IP	
12:00-2:00	Russia and the Russians	E. Moran	New - 4 wks 1/4 - 25	Z	
1:00-2:30	Navigation and Time	L. Jacobson	New - 6 wks 1/4 - 2/8	Z	
1:00-2:45	5 Stories - 5 Weeks	M. Panitz	JCC -5 wks 1/25-2/22	IP	
1:30-3:00	Introduction to iPad	M. Gettys	Tech - CSULB Lab	IP	
1:45-3:15	Showtime: Senior Theatre	N. Hathcock	New - CSULB rm 101	IP	
3:30-5:00	Ethics in America: Critical Thinking...	D. Else	CSULB rm 101	IP	

THURSDAYS, January 5 - February 23

8:45-9:50	Yoga with Jean Marie	J. VanDine	CSULB LifeFit Center	IP	
9:30-11:00	Memoir Writing: A Novel Approach	F. Fitzpatrick/Pam K.	Email needed	Z	
10:00-11:30	Shoot and Edit Videos - all devices	P. Gutierrez	Tech-CSULB Lab / Zoom	HyFlex	
10:15-11:45	Too Much Stuff: Start the New Year clear!	T. Sievers	CSULB rm 101 6 wks	IP	
10:30-11:50	Practicing Flexibility	L. Goldman	All levels - Yoga based	Z	
11:00-12:30	Writing for Wellness	J. Smith	All Levels	Z	
11:45-1:45	Shiny, Sparkly Paper Projects	L. Malmsten	JCC - supplies fee \$15	IP	
12:00-1:30	Current /International Events and Issues	Team	CSULB rm 101	IP	
1:00-2:30	Apps & Social Media - all devices	P. Gutierrez	Tech-CSULB Lab / Zoom	HyFlex	
1:00-2:30	Music Theory 101 Sport of Music	K. Price	St. Isidore H Plaza	IP	
1:30-3:30	In the Beginning: Origins & Evolution	G. Holt	New - 4 wks 2/2 - 23	Z	
2:00-5:00	Movie Matinee: Cinema as Art	A. Goldstein	CSULB rm 101	IP	
2:00-4:00	Needlework Cafe	C. Sabol	JCC - Bring supplies	IP	
3:00-4:30	Catch the Spirit of Singing...Chorus	K. Price	St. Isidore H Plaza	IP	
3:00 - 4:30	This is Sinatra: Man, Music , Impact....	M. Agron	New- 4 wks 2/2 - 23	Z	

FRIDAYS, January 6 - February 24

8:45-10:15	Writers Read Along Group	A. Berger	CSULB rm 101	IP	
10:30-12:30	Jewelry Making	B. Belisle	BYO supplies	Z	
10:30-12:30	Plants Around Us 3 wks (1/6 - 20)	H. Manning	CSULB rm 101 3 wks	IP	
10:30-12:30	Camino or Bust.... 2 wks (2/3 - 10)	J. Campos	CSULB rm 101 2 wks	IP	
11:30-1:00	Bluegrass Music JAM	F. Swatek	St. Isidore H Plaza	IP	
12:30-1:45	Yoga on a Chair	C. Ellano-Ota	All levels	Z	
12:45-2:15	Empowering Healthcare through Cannabis	W. Jones	CSULB rm 101	IP	
1:00-3:00	Short Story Discussion Group	F. Ramirez	Book purchase	Z	
2:30-5:00	Comedy Capers: Films and discussion	K. Lucas	CSULB rm 101 or Zoom	Hyflex	
1:30 - 3:30	OPEN COMPUTER LAB	W. Peck	CSULB rm 100 LAB	IP	

SATURDAYS, January 7 - February 25

9:00-12:00	Watercolor Workshop - Adv.	M. Daniel	CSULB rm DSN 111	IP	
10:00-11:30	A More Glamorous You	K. Marshall	3 wks - 1/7 - 21	Z	