



Forty-Niner Shops, Inc.  
California State University, Long Beach

## 2023 Employer Contributions and Rates for Medicare Retirees

The Forty-Niner Shops will continue to contribute towards your health benefits to help absorb some of the plan cost increases. Once you have made your selections, add them together and then subtract the contribution amount that applies to you to calculate your out-of-pocket cost.

### Employer Contributions

Employee Status	Monthly Contributions
Retiree Only	\$662.62
Retiree + One	\$1,381.46
Retiree + Family	\$1,976.89

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Medical	Kaiser Senior Advantage	Anthem Medicare PPO
Employee Only	\$219.00	\$358.00
Employee + One	\$422.00	\$715.00

### Dental Rates

Delta Dental	DHMO	PPO
Retiree Only	\$19.40	\$42.20
Retiree + One	\$34.60	\$84.40

### Vision Rates

VSP Vision	
Retiree Only	\$9.90
Retiree + One	\$13.90