



FIRST AID KITS AND TRAINING POLICY

First Aid Kits

The CNSM has provided OSHA/ANSI compliant first aid kits for use in assisting with *minor injuries*. Kits are to be used in accordance with the following policies:

1. Each office/work area shall designate one individual to monitor usage of the kit and component expiration dates, replenish used items, etc. Expired items should be discarded appropriately and promptly replenished. Additionally, a first aid kit can be found in each of the College's Safety Supply Cabinets located in MLSC (3rd floor elevator lobby), HSCI (Room 385), and MICRO (100 level alcove near elevator).
2. Each kit shall bear a campus label (sample provided below) completed with the curator's name and contact information.
3. Prior to using items from the kit, individuals should familiarize themselves with the appropriate procedures, usage recommendations, etc. Most kits typically include a basic first aid guide. Expired or damaged items should not be used.
4. First aid kit materials shall not include any medications that can be ingested such as aspirin.
5. An injured individual needing assistance must ask for or give consent to receive assistance (i.e., with the placement of a bandage). Following treatment, an individual should be referred to professional medical care as appropriate in accordance with CNSM policy.
6. If assistance is needed which involves substantial bleeding, the person(s) aiding should don the gloves in the kit before coming into contact with the injured person's blood. This will provide protection against bloodborne infections.
7. Any questions or issues on kits can be directed to the kit curator in your area or to the Science Safety Office at 5-5623.

Example of First Aid Kit Label

CSULB Approved First Aid Kit

The contents of this kit is in compliance with CSULB policy.

Promptly report low or missing supplies to the designated party:

Designated Kit Curator

Phone

First Aid Training

In accordance with OSHA regulations, first aid training equal to that provided by the American Red Cross is required when professional medical services* are not in near proximity to the workplace. For example, at a field site if such services are not reachable within 30 minutes or if ambulance service is not available within 30 minutes, at least one employee must be first aid trained. Contact the Science Safety Office for details on how to enroll in a first aid class if required based on your work environment.

Standard first aid kits can be found in all College vehicles. In addition, supplemental field packs having items not typically included in standard kits (eye drenching bottles, splints, etc.) are available and can be issued to personnel with current first aid training. Contact Science Safety Office for more details.

All College personnel should consider completing first aid training. Automated external defibrillators (AEDs) are located throughout campus. A list of their locations and electronic interactive map options are a part of this document.

Personnel should complete a first aid course before attempting to use an AED.

*CCR Title 8 §3400 states "in the absence of infirmary, clinic, or hospital in near proximity to the workplace which is used for the treatment of all injured employees, a person or persons shall be adequately trained to render first aid."