

Guido G. Urizar Jr., Ph.D.

PUBLICATIONS

Published Manuscripts

- Muñoz, R.F., Le, H., Ghosh Ippen, C., Diaz, M.A., **Urizar, G.**, Soto, J., Mendelson, T., Delucchi, K., & Lieberman, A. (2007). Prevention of postpartum depression in low-income women: Development of the *Mamás y Bebés/Mothers and Babies Course*. *Cognitive & Behavioral Practice, 14*(1), 70-83.
- Urizar, G.**, & Sears, S.F. (2006). Psychosocial and cultural influences on cardiovascular health and quality of life among Hispanic cardiac patients in south Florida. *Journal of Behavioral Medicine, 29*(3), 255-268.
- Madan, A., Palaniappan, L., **Urizar, G.**, Wang, Y., Fortmann, S.P., & Gould, J.B. (2006). Sociocultural factors that affect pregnancy outcomes in two dissimilar immigrant groups in the United States. *Journal of Pediatrics, 148*(3), 341-346.
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- Urizar, G.**, Hurtz, S., Albright, C., Ahn, D., Atienza, A., & King, A. (2005). Influence of maternal stress on participation in a physical activity intervention: The IMPACT project. *Women & Health, 42*(4), 63-82.
- Urizar, G.**, Milazzo, M., Muñoz, R.F., Le, H., Delucchi, K., & Sotelo, R. (2004). Impact of stress reduction instructions on stress and cortisol levels during pregnancy. *Biological Psychology, 67*(3), 275-282.
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- Muñoz, R.F., Penilla, C., & **Urizar, G.** (2002). Expanding depression prevention research with children of diverse cultures. *Prevention and Treatment, 5*(13), 1-9.
- Finney, M., & **Urizar, G.** (2001). Ethnic and cultural diversity: Issues and challenges. *Health Psychologist, 23*(1), 9.
- Sears, S.F., **Urizar, G.**, & Evans, G.D. (2000). Applying a stress-coping model of burnout and depression in extension agents. *Journal of Occupational Health Psychology, 5*(1), 56-62.
- Sears, S.F., Todaro, J.F., **Urizar G.**, Saia-Lewis, T., Sirois, B., Wallace, R., Sotile, W., Curtis, A.B., & Conti, J.B. (2000). Assessing the psychosocial impact of the ICD: A national survey of health care providers. *PACE – Pacing and Clinical Electrophysiology, 23*(6), 931-933.
- Sears, S.F., Rodrigue, J.R., Sirois, B., **Urizar, G.**, & Perri, M.G. (1999). Extending psychometric norms for pre-cardiac transplantation evaluations: The Florida cohort 1990-1996. *Journal of Clinical Psychology in Medical Settings, 6*(3), 303-316.

Published Abstracts

- Urizar, G.**, Garcia, B., & Muñoz, R.F. (2008). Impact of a prenatal depression intervention on reducing risk for postpartum birth complications. *Psychosomatics*, 70(3), A14. Citation poster presented at the 66th Annual Meeting of the American Psychosomatic Society, Baltimore, MD.
- Garcia, B., **Urizar, G.**, & Muñoz, R.F. (2008). Effect of prenatal maternal depression and stress on infant birth complications. *Annals of Behavioral Medicine*, 35, S130. Poster presented at the 29th Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
- Ade, E., **Urizar, G.**, & Muñoz, R.F. (2008). Role of social support on maternal depression and stress among low-income pregnant women. *Annals of Behavioral Medicine*, 35, S141. Poster presented at the 29th Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
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- Urizar, G.**, Ahn, D.K., & King, A.C. (2006). Health behavior change: How does it relate to emotional strain in caregivers? *Annals of Behavioral Medicine*, 31, S179. Citation poster presented at the 27th Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
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- Urizar, G.**, Castro, C.M., Pruitt, L., Bliwise, D., & King, A.C. (2005). Does morningness-eveningness classification affect sleep characteristics in older adults presenting with sleep complaints? *Annals of Behavioral Medicine*, 29, S187. Poster presented at the 26th Annual Meeting of the Society of Behavioral Medicine, Boston, MA.
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- Milazzo, M., **Urizar, G.**, Sotelo, R., Christiansen, E., & Muñoz, R.F. (2002). Impact of relaxation instructions on both self-perceived and biological markers of stress in a Latina obstetric population. *Annals of Behavioral Medicine*, 24, S117. Poster presented at the 23rd Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
- Saia-Lewis, T., Sears, S.F., **Urizar, G.**, Sirois, B., Wallace, R., Conners, N., Lee, J.T., King, L., Curtis, A.B., & Conti, J.B. (2002). Pre-implant predictors of quality of life in implantable cardioverter defibrillator recipients. *Annals of Behavioral Medicine*, 24, S145. Paper presented at the 23rd Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
- Saia-Lewis, T., Sears, S.F., Sirois, B., **Urizar, G.**, Wallace, R., Conners, N., Lee, J.T., King, L., Curtis, A.B., & Conti, J.B. (2002). Dispositional optimism and health expectations predict experience of firings in ICD recipients. *Annals of Behavioral Medicine*, 24, S76. Poster presented at the 23rd Annual Meeting of the Society of Behavioral Medicine, Washington, DC.

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- Urizar, G.**, Sears, S.F., & Evans, G.D. (1998). A stress-coping-outcome model of burnout and depression in extension agents. *Annals of Behavioral Medicine*, 20, S136. Poster presented at the 19th Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.

Treatment Manuals

- Ramos, M., Diaz, M., Muñoz, R.F., & **Urizar, G.** (2001). The Mothers and Babies Course: Relaxation Methods for Managing Stress (<http://www.medschool.ucsf.edu/latino/pdf/Relaxation/RelaxationEN.pdf>).
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- Muñoz, R.F., Le, H., Gosh-Ippen, C., Diaz, M., **Urizar, G.**, & Lieberman, A. (2004). Mothers and Babies Course: A Reality Management Approach (<http://www.medschool.ucsf.edu/latino/Englishmanuals.aspx>).
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