

California State University, Long Beach
Athletic Training Education Program
Textbooks by Author

Textbooks	Course	Required/Optional
Archie, Bray and Wijte. <i>Biostatistics lab manual</i> . (10th ed.).	BIOL 260	Required
Behnke, R.S. (2001). <i>Kinetic anatomy</i> . Champaign, IL: Human Kinetics.	KPE 300	Required
Benedict, J. (1997). <i>Public heroes, private felons</i> . Illinois: Northeastern University Press.	KPE 332I	Optional
Brown, LeMay, and Bursten, <i>Chemistry the central science</i> , Prentice Hall.	CHEM 111A	Required
Cayleff, S. (1996). <i>Babe: The Life and legend of Babe Didrikson Zaharias</i> . Long Beach, CA: Required readings of this course on BeachBoard.	KPE 335	Optional
Cox, R.H. (2002). <i>Sports psychology: Concepts and applications</i> (5th ed.). Boston: McGraw Hill.	KPE 339I	Required
Davis, J.A. (1999). <i>Laboratory manual for KPE 301</i> . Long Beach, CA: Forty Niner Shops.	KPE 301	Required
Eitzen, D.S. & Sage, G.H. (2003). <i>Sociology of North American sport</i> . (7th ed.). Boston: McGraw Hill.	KPE 332I	Required
Fleck, S.J. and Kraemer, W.J. (1997). <i>Designing resistance training programs</i> (2nd ed.). Champaign, IL: Human Kinetics Publishers.	KPE 368	Required
Fox, S.I. (2001) <i>Human physiology</i> (8th ed.). McGraw-Hill	BIOL 207	Required

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Gallahue, D. and Orum, J. (2002). <i>Understanding motor development</i> (5th ed.). Boston: McGraw Hill.	KPE 315	Required
Gallaspy, J.B. & May, J.D. (1996). <i>Signs and symptoms of athletic injuries</i> . St. Louis: Mosby.	KPE 304	Required
	KPE 306	Required
	KPE 308A	Required
	KPE 308B	Required
Glantz, S. (2003). <i>Tobacco biology and politics</i> (3rd ed.). Waco: Health EDCO.	H SC 210	Required
Goodwin, D.K. (1997). <i>Wait till next year: A memoir</i> . Long Beach, CA: Required readings for this course on BeachBoard.	KPE 335	Optional
Gordon, J.R., Teague, C., & Serway, R.A. (2002). <i>Student solutions manual and study guide: College physics</i> (6th ed.). Brooks Cole.	PHYS 100A	Optional
Grosvenor, M. B. & Smolin, L . A. (2002). <i>Nutrition from science to life</i> . Wiley.	FCS 430	Required
Gufrey, T. <i>ABC's of chemistry</i> . Long Beach, CA: Forty Niner Shops.	CHEM 100	Required
Halberstam, D. (2000). <i>Playing for keeps: Michael Jordan and the world that he made</i> . Long Beach, Ca: Required readings for this course on BeachBoard.	KE 335	Optional
Heywood, L. (1999). <i>Pretty good for a girl. (1st ed.)</i> . Minnesota: Univeristy of Minnesota Press.	KPE 332I	Optional

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Hill, J.W. & Kolb, D.K. (2003). <i>Chemistry for changing times</i> (10th ed). Prentice Hall.	CHEM 100	Required
Hislop, H.J. & Montgomery, J. (2002). <i>Daniels and Worthingham's muscle testing: Techniques of manual examination</i> (7th ed.). Philadelphia: W.B. Saunders Co.	KPE 309	Required
Inaba, D.S. & Cohen W.E. Pharm.D. (1990). <i>Uppers, downers, and all arounders: Physical and mental effects of drug abuse</i> . Cinemed Inc., WEC Films.	H SC 427	Optional
Insel, P M., & Roth, W.T. (2004). <i>Core concepts in health</i> (9th ed.). McGraw-Hill.	H SC 210	Required
Jorgenson, D. (2003). <i>User's guide to general psychology</i> (8th ed.). Long Beach: California State University.	PSY 100	Required
Kenealy. (1996) <i>100 A lab manual</i> (2nd ed.). Long Beach, CA: Forty Niner Shops.	PHYS 100A	Required
Kettenbach, G. (2004). <i>Writing SOAP notes</i> (3rd ed.). Philadelphia: FA Davis Company.	KPE 304 KPE 308A KPE 308B	Required Required Required
Kisner, C., & Colby, L.A. (2002). <i>Therapeutic exercise: Foundations and techniques</i> (4th ed.). Philadelphia: F. A. Davis.	KPE 309	Required
Konin, J.G. (Ed.), (1997). <i>Clinical athletic training</i> . Thorofare, NJ: SLACK Incorporated.	KPE 407	Optional
Lacy, A.C. & Hastad, D.N. (2003). <i>Measurement and evaluation in</i>	KPE 483	Required

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<i>physical education and exercise science</i> (4th ed.). San Francisco: Benjamin Cummings		
Lahey, W. (2003). <i>Psychology: An introduction</i> (8th ed.). Dubuque, IA: Wm. C. Brown.	PSY 100	Required
Lester, J.D., & Lester, J.D. Jr., (2002). <i>Writing research papers: A complete guide</i> (10th ed.). Longman: New York.	H SC 210	Optional
Levy, E. Pharm.D. (2004). <i>H SC 427: Drugs and health (handout series: at: http://www.studentbay.com)</i>	H SC 427	Required
Martin, M., & Yates, W.N. (1998). <i>Therapeutic medications in sports medicine</i> . Baltimore: Williams & Wilkins, A Waverly Company.	KPE 304	Required
McGinnis, P.M. (1999). <i>Biomechanics of sport and exercise</i> . Champaign, IL: Human Kinetics.	KPE 300	Required
M.L. Samuels & J.A. Witmer. (2003). <i>Statistics for the life sciences</i> . (3rd ed.). Long Beach, CA: Forty Niner Shops.	BIOL 260	Required
National Athletic Trainers' Association. (1999). <i>Athletic training educational competencies</i> (3rd ed.). Dallas: Author.	KPE 490A-E	Required
National Collegiate Athletic Association. (2002). <i>2002-2003 NCAA sports medicine handbook</i> . Indianapolis: Author.	KPE 304	Required
Physician's Desk Reference 2003. (2003). Montrale, NJ: Thompson Medical Economics Company.	KPE 306	Optional
Prentice, W.E. (2003). <i>Arnheim's principles of athletic training: A competency-based approach</i> (11th ed.). Boston: McGraw-Hill.	KPE 207 KPE 306	Required Required

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Prentice, W.E. (2003). <i>Therapeutic modalities for sports medicine and athletic training</i> (5th ed.). Boston: McGraw Hill.	KPE 310	Required
Quillen, W.S. & Underwood, F.B. (2003). <i>Laboratory manual to accompany therapeutic modalities for sports medicine and athletic training</i> (5th ed.). Boston: McGraw Hill.	KPE 310	Required
Rankin, J., & Ingersoll, C. (1995). <i>Athletic training management: Concepts and applications</i> . St. Louis, MO: Mosby-Year Book, Inc. (WCB/McGraw-Hill).	KPE 407	Optional
Ray, R. (2000). <i>Management strategies in athletic training</i> (2nd ed.). Champaign, IL: Human Kinetics Publishers.	KPE 407	Required
Remick, D. (1999). <i>King of the World</i> . Long Beach, CA: Required readings for this course on BeachBoard.	KPE 335	Optional
Roberts, R. (1985). <i>Papa Jack: Jack Johnson and the era of white hopes</i> . Long Beach, CA: Required readings for this course on BeachBoard.	KPE 335	Optional
Serway, R.A. & Faughn, J.S. (2003). <i>College physics</i> (6th ed.). Brooks Cole.	PHYS 100A	Required
Sharkey, B.J. (2002). <i>Fitness & health</i> (5th ed.). Champaign, IL: Human Kinetics.	KPE 263	Required
Sizer, F.S., & Whitney, E. N. (2003). <i>Nutrition: Concepts & controversies</i> (9th ed.). Brooks Cole.	FCS 132	Required
Starkey, C. & Ryan, J. (2002). <i>Evaluation of orthopedic and athletic injuries</i> (2nd ed.). Philadelphia: FA Davis Company.	KPE 308A KPE 308B	Required Required

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Triola, M.F. (2003). <i>Elementary statistics</i> (9th ed.). Addison Wesley.	MATH 180	Required
Van De Graaff, K.M. (2001). <i>Human anatomy</i> (6th ed.). McGraw-Hill.	BIOL 208	Required
Wilmore, J.H., & Costill, D.L. (2004) <i>Physiology of sport and exercise</i> (3rd ed.). Champaign, IL: Human Kinetics.	KPE 301	Optional
Young, D.E., Lacourse, M.G., & Husak, W.S. (1999). <i>Motor learning: A practical guide</i> (2nd ed.). Dubuque, IA: Bowers Publishing.	KPE 312	Required
Zimblast, A. (2001). <i>Unpaid Professionals</i> . New Jersey: Princeton University Press.	KPE 332I	Optional