



Marriage and Family Therapy Program

Signature Assignment for COUN 644D

Treatment Plan

Student Learning Outcome(s) Assessed:

SLO #3: Use an actual case to develop an appropriate treatment plan that includes attention to: (1) developmental issues; (2) legal and ethical issues; and (3) evidence-based approach for treatment of specific disorders.

Description of the Signature Assignment

Candidates will develop a comprehensive treatment plan that includes attention to: therapeutic alliance considerations; identification of presenting problem; identification of history; mental status considerations; identification of strengths; initial diagnosis; prioritization of key issues; goals related to presenting problem; intervention model; and techniques to work with client. Candidates will draw upon a case they are currently working with as the basis for this plan.

Directions for Students

Write up a Treatment Plan for one of your current therapy client. Include the following 9 areas:

- 1) Therapeutic Alliance Considerations
- 2) Identification and History of the presenting problems
- 3) Mental status considerations
- 4) Strengths
- 5) Case Formulation
- 6) Five Axis Diagnoses
- 7) Prioritization of key issue(s)
- 8) Treatment Plan
- 9) Discharge Criteria

Scoring Rubric:

Criteria	4 = Exceeds expectations	3 = Meets expectations	2 = Meets some expectations	1 = Does not meet expectations	0 = Unable to score; incomplete or missing work	Final Score (weight)
Therapeutic alliance consideration	Described at least 5 therapeutic alliance considerations.	Described 3 or 4 therapeutic alliance considerations.	Described 1 or 2 therapeutic alliance considerations.	Does not accurately describe the therapeutic alliance considerations.	Nothing was submitted.	x 1.25 = /5
Identification and History of Presenting Problems	Described at least 5 presenting problems along with the history of each problem (including frequency, intensity, duration, and origin) that contribute to the diagnosis or diagnoses.	Described 4 presenting problems along with the history of each problem (including frequency, intensity, duration, and origin) that contribute to the diagnosis or diagnoses.	Described 3 presenting problems along with the history of each problem (including frequency, intensity, duration, and origin) that contribute to the diagnosis or diagnoses.	Described less than 3 presenting problems along with the history of each problem (including frequency, intensity, duration, and origin) that contribute to the diagnosis or diagnoses.	Nothing was submitted.	x 2.5= /10
Mental Status Considerations	Described at least 10 mental status areas.	Described 8-9 mental status areas.	Described 6-7 mental status areas.	Described less than 6 mental status areas.	Nothing was submitted.	X 2.5= /10
Strengths	Described at least 5 of the client's strengths.	Described 4 of the client's strengths.	Described 3 of the client's strengths.	Described less than 3 of the client's strengths.	Nothing was submitted.	X 1.25= /5
Case Formulation	Provide all the details of the case formulation including: relevant childhood data, core belief, conditional assumption, compensatory strategy, an example of a situation, automatic thought, meaning of automatic thought, the resulting emotion and behavior from the situation.	Provide 80% of the case formulation details from the following list: relevant childhood data, core belief, conditional assumption, compensatory strategy, an example of a situation, automatic thought, meaning of automatic thought, the resulting emotion and behavior from the situation.	Provide 60% of the case formulation details from the following list: relevant childhood data, core belief, conditional assumption, compensatory strategy, an example of a situation, automatic thought, meaning of automatic thought, the resulting emotion and behavior from the situation.	Provide less than 60% of the case formulation details from the following list: relevant childhood data, core belief, conditional assumption, compensatory strategy, an example of a situation, automatic thought, meaning of automatic thought, the resulting emotion and behavior from the situation.	Nothing was submitted	X 2.5= /10

Criteria	4 = Exceeds expectations	3 = Meets expectations	2 = Meets some expectations	1 = Does not meet expectations	0 = Unable to score; incomplete or missing work	Final Score (weight)
Prioritization of key issues	In addition to meeting criteria for "3", also list suicide/other immediate issues.	Accurately list the key issues base of priority.	Provide a list of key issues that the client could address.	Does not accurately prioritize the client's key issues.	Nothing was submitted.	x 1.25= /5
Treatment Plan	Provide 2 clear treatment plans with clear goal, objective, intervention model, technique.	Provide 2 treatment plans with some supporting evidence.	Provide 1 clear treatment plans with clear goal, objective, intervention model, technique.	Provide 1 treatment plan with some supporting evidence.	Nothing was submitted.	x 6.25= /25
Discharge Criteria	Described at least 5 discharge criteria that is relevant to the case.	Described 4 discharge criteria that is relevant to the case	Described 3 discharge criteria that is relevant to the case	Described less than 3 discharge criteria that is relevant to case	Nothing was submitted.	x 1.25= /5
Total						

Legend

Total Points	College of Education Assessment Scale Equivalent
90 – 100	4 (Exceeds Expectations)
80 – 89	3 (Meets Expectations)
70 – 79	2 (Meets Some Expectations)
50 – 69	1 (Does Not Meet Expectations)
0 – 49	0 (Can't Score)