

ADAPTED PHYSICAL ACTIVITY TEACHING RESOURCES ON THE WEB

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PDF Version of Paper

The purpose of this presentation will be to share websites in adapted physical activity (APA), that would enhance Adapted Physical Education Specialists' instruction to children with disabilities and their ability to collaborate with other professionals. The first part of the session will be a brief overview of how to explore the world wide web and how to locate APA web sites of interest. This will be followed by an overview of selected APA web sites for enhancing instruction.

Using the world wide web

APA web sites can be used to heighten instruction in a variety of ways;

- to enhance the APE Specialist's delivery service (i.e., teaching, consultation),
- to learn more about and help collaborate with other professionals (i.e., OT, PT),
- to provide resources to assist the regular physical education teacher to effectively include students with special needs into their classes, and
- to serve as a resource to parents and children.

Accessing information on the world wide web

To access information on a specific topic area (i.e. adapted physical activity) you need to use a search engine. A search engine is a website that enables you to search for information related to a topic or subject of interest. A number of search engines exist and include Yahoo, Excite, Infoseek, and Lycos etc. The challenge of searching for information is that you typically end up with too many hits (hits are the number of web sites with terms related to your search). To limit the number of hits, you can refine your search by using the more advanced features of search engines.

Although accessing information using a search engine is a good starting point, it has been our experience that searching for specific sites using search engines can be frustrating, tedious and time consuming. An alternative method to locating appropriate sites is to examine the descriptions of the first 10-20 sites in your search. Next determine the sites that appear to be most relevant to your particular search. Many of these sites will have links to other similar sites, that may be more relevant to your search. To a large extent examining APA specific sites may be the quickest way to locate the types of resources you need. Professionals in Adapted Physical Activity have created a number of excellent sites, many of which are listed towards the end of this paper. When you come across a good site "bookmark" it.

Searching for Resources in Education

In addition to search engines that access web based information there are web sites that can access research information. The ERIC (Educational Resources Information Center) is a national system designed to provide information on education related topics. To search the ERIC data base go to the

<http://ericir.syr.edu/Eric/>

This site will enable you to locate educational documents and journal articles from 1966 to about 3 months back from the search date. For example, an APE specialist working with a regular physical educator may need to locate information on including children with disabilities into the general physical education program.

The APE specialist could search for information on the topic of inclusion by using the following three key terms; physical-education, inclusion, and disability. Using the key terms resulted in locating 45 documents. Of these 45 documents some were journal articles and others were ERIC documents. Examples of these documents follow.

ED400655. Hammond, Joy. Developing and Implementing a Physical Education Program That Improves the Physical Education Service to Students with Disabilities at an Elementary School through Inclusion. .

ED407794. Achieving a Balance: Proceedings of the National Conference on Adapted Physical Activity (5th, Macomb, Illinois, April 3-5, 1997). .

EJ509239. Block, Martin E.; And Others. Using Classwide Peer Tutoring to Facilitate Inclusion of Students with Disabilities in Regular Physical Education. Physical Educator; v52 n1 p47-56 Win 1995. 1995

APA Websites

During the presentation an overview of designated web sites presented will include the URL address of the site along with a video tour highlighting the presenters' (insight) into the content. Each web site tour will include: author and/or organization, an overview of how to navigate the site, and presenters' reactions (content and design) as to how the site can be used by the APA specialist. A list of additional APA web sites follow in this paper and can also be accessed through the CSULB APA web site at

<http://www.csulb.edu/programs/apa/>

The address of this paper is: <http://www.csulb.edu/programs/apa/PAE199.html>

The highlighted web site list is categorized as follows; APE programs, disability issues, professional associations, medical information, disability sport organizations, equipment companies, book companies and journals, and search engines.

APA WEB SITES

CSU, Long Beach Adapted Physical Activity web site is: <http://www.csulb.edu/programs/apa/>

which includes links to other adapted physical activity related sites.

SITE NAME URL Address

APE PROGRAMS

Project Inspire http://venus.twu.edu/~f_huettig/

PE CENTRAL <http://Pe.central.vt.edu/>

I'm Special <http://pe.usf.edu/projects/civitan/civitanhome.html>

Adapted Physical Education <http://curry.edschool.virginia.edu/go/apens/home.html>

National Standards

APE Advocacy Page <http://www.mankato.msus.edu/dept/colahn/APE/APEpage.html>

Orange County Department of <http://www.ocde.k12.ca.us/instruction/main.html>

Education

DISABILITY ISSUES

Yahoo society & culture disability http://dir.yahoo.com/Society_and_Culture/Disabilities/

What is Active Living in <http://www.activeliving.ca/activeliving/activel.html>

Canada?

PROFESSIONAL ASSOCIATIONS

AAHPERD (AALF/APAC) <http://www.aahperd.org/>

CAHPERD <http://www.cahperd.org/index.html>

Council Exceptional <http://www.cec.sped.org>

Children

The National Information <http://www.nichcy.org/>

Center for Children and Youth

with Disabilities

American Fitness Alliance <http://www.americanfitness.net/>

NCPERID <http://ncperid.usf.edu/>

Therapeutic Recreation <http://www.recreationtherapy.com>

Occupational Therapy <http://www.aota.org/>

Physical Therapy <http://www.apta.org/>

MEDICAL INFORMATION

PubMed (Index to Medical) <http://www.ncbi.nlm.nih.gov/PubMed/>

Resources

Neuromuscular Disease Center <http://www.neuro.wustl.edu/neuromuscular/>

Mayo Health Clinic (Go to <http://www.mayo.ivj.com/>

Library/Disease & Conditions)

DISABLED SPORT ORGANIZATIONS

MichiganState University <http://www.ed-web3.educ.msu.edu/kin866/>

Disability Sport page

US Olympic Comm <http://www.olympic-usa.org/>

Comm on Sport for the Disabled

Special Olympics <http://www.specialolympics.org/>
USA Deaf Sports Federation <http://www.usadsf.org/>
Disabled Sport United <http://www.dsusa.org/~dsusa/dsusa.html>
States of America (DSUSA)
United States Association <http://www.usaba.org/>
for Blind Athletes (USABA)
Wheelchair Sport USA (WSUSA) <http://www.wsusa.org/>
USCPAA & (USLASA) <http://www.uscpaa.org>

EQUIPMENT COMPANIES

Flaghouse <http://www.flaghouse.com/>
Sportime <http://www.Sportime.com>

BOOK COMPANIES & JOURNALS

Human Kinetics <http://www.humankinetics.com/>
Amazon.com <http://www.amazon.com/>
Barnes and Noble.com <http://www.barnesandnoble.com>
Palaestra Journal <http://www.palaestra.com/>
Sports 'n Spoke Magazine <http://www.pva.org>
includes Paralyzed Vets of America

SEARCH ENGINES

Yahoo <http://www.yahoo.com/>
Excite: <http://www.excite.com/>
Infoseek <http://infoseek.go.com/>
Ask ERIC <http://ericir.syr.edu/>
Search Eric Data Base <http://ericir.syr.edu/Eric/>

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<http://www.csulb.edu/programs/apa/PAEI99.html>

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