**Academic Retreat 2008**

**“COMMUNITY, SUSTAINABILITY, UNIVERSITY ” (CSU)**

Discussion Questions and Answers

**Sustaining Health and Quality of Life**

Discuss sustaining health and quality of life as it relates to the posters, comments made by the speakers, and the background readings?

* Starts with education
* Facility access for programs, healthcare to thrive
* Utilize existing services- decentralize opportunities equal distribution of community assets to community
* Need more community council of leadership that discusses more recreational programs to expose everyone to the open space beauty of Long Beach.
* Access to Social recreation/ healthcare/ adequate housing
* Educational opportunities
* Policy aspects
* Food finders- does the university use
* Flood channel debris catchers- do we have these at the university
* Connection between poverty and living near the freeway affects health
* Green play space
* Infrastructure
* Homeless students/ children
* Population crowding/levels
* CBA ramp
* “catches” on LBC campus
* Demographics
* Problem solving
* Hopelessness
* Community participation at university discount

What does sustaining health and quality of life mean in the short term (up to 5 years)?

* Clean up
* Having a university that is inviting and friendly, supporting wellness of community
* Allow community access to university
* Students don’t have access to computers- we are going paperless
* Quality day care for single parents with kids and flexible too
* Schedule classes for single parents
* Use extra food in dorms for food finders🡪 homeless at CSULB
* Markets for mileage
* Walking program on campus- distance management of oil and could contribute to students’ health habits
* Provide services and focus on our campus students
* Teach students to be healthy and live healthy lifestyles (exercise, smoking)
* Student information about health care benefits/ communication about services/ plans
* Bikes, ban skateboards use in certain areas, pathways, cigarette collectors 5 ft away from doors
* Students educated and empowered
* Policy changes: Housing and recreational education
* Distant resources to spt. Policies
* Political will
* Need to take stock of our needs
* Mediate issues
* Quick fixes
* Make use of what we have
* Need to address inequities
* Need city council to play a more political role- mandates in housing
* Utilize schools for facilities
* Mandate language translation

What does sustaining health and quality of life mean in the long term (10 to 20 years)?

* Policy issues- long term planning
* Support environmental issues: zoning and regulation issues
* Address city: infrastructure
* Develop more low income housing to help out homeless
* More medical clinics, grocery stores and open space
* Issues in public health
* University🡪 contributing
* Share expertise from all colleges to city
* Long term project network
* Access to university
* Services not asking for driving license
* Campus contributes by disciplining the community
* Students consider long term projects for long terms change
* Develop off campus educational sites for access
* Undocumented residents
* Future student marketing to Latinos and blacks
* Economics- educate the children to have a job

What are the opportunities and challenges to sustaining health and quality of life?

* Reducing comments by classes to learning
* Real university support for adequate term facilities to hold classes there
* Have classes at libraries
* Opportunity for marketing, departments use their specialization.
* Budget
* Food finder
* Invest in long term campus projects
* Communicate what type of health services are available on campus to students and community
* We have to work with what we have
* CSULB untapped resource
* Reduce commutes
* Long term plan for economic revitalization, that takes into account the opportunities brought about by economic down force

What are your specific recommendations on how the University and the Community can best collaborate to promote and improve the educational sustainability of the city and the region?

* Offer discounts to our entertainment and sports programs to families on the West Side of Campus
* Generate scholarship to improve the LB Community
* Create an interesting user friendly CSULB campus
* Bring university programs to the surrounding community
* University-wide energy conservation plans to resolve our carbon-footprint
* Town meetings - university and community to identify common ground, formulate goals, specify ways to reach goals
* Opportunity outreach
* Cultural - getting outside of own cultural box awareness
* Green Space - Summer camp that might be affordable for low socio group
* University should have a centralized "office of City and Regional Development" in charge of collecting resources and expertise and liaison to the city and other groups
* Develop a liaison office to organization within the Long Beach Community to collaborate on social economic and environmental issues. This will establish the fundamental partnership between the civic leaders, organizations, businesses, and the university.

What resources and expertise can the University provide to support your recommendations? Be specific.

* Bring together departments of fine arts, music, athletics (discounts in coupons in local papers)
* Let community use resources on campus
* Hire marketing director (good students) that prioritize a welcoming environment and showcase to student high quality of life
* Use students and alumni to go to parents and student and encourage education
* Multi-cultures here: assignments in classes that promote cultural understanding
* Data collection assessment
* Opportunity outreach programs
* Specific department and collaboration involvement
* Host symposium
	+ Expert opinion
	+ Classroom case studies
	+ Weekend
	+ Research
	+ Student
	+ Host community planning symposium
	+ Rooms
	+ Fields