DANCE CENTER

California State University, Long Beach

B.A. in Dance

Option in Dance Science

Effective Fall 2008
72-73 unit in Dance

5 UNITS: COMPOSITION REQUIREMENT:

DANC 120 Improvisation - 2
DANC 220 Composition I - 3

40 UNITS: THEORY REQUIREMENT:

DANC 100 Orientation to Dance - 1
DANC 131 Music for Dance - 2
DANC 161 Body Placement - 2
DANC 260 Functional Anatomy for the Dancer - 3
DANC 262 Pilates I - 3
DANC 360 Prevention and Care Dancer Injuries - 3
DANC 373I* Nonverbal Communication - 3
DANC 442B Dance History - 3
DANC 470 Dance Methodology - 3

BIOL 207* Human Physiology - 4
BIOL 208 Human Anatomy - 4
KIN 300 Biomechanics of Human Movement - 3
KIN 301 Exercise Physiology - 3
KIN 312 Motor Control and Learning - 3 (Prereq: Psych 100*)

2 Units: Performance/Crew Requirement:

DANC 181A, B; 381A, B; 481A, B Dance Production Technical - 1
(earned in 1 of the following areas: front of house, backstage, costuming)
DANC 180A, B; 380A, B; 480A, B; 295; 495 Dance Performance/Repertory - 1

20 Units: Technique Requirement

Twelve units from the following modern technique sequence, 3 of which must be earned from 312 or 412:
DANC 152; DANC 252; DANC 312; DANC 412.

Eight units from the following ballet and jazz sequence, 3 of which must be earned from 314 or 414:
DANC 154; DANC 254; DANC 314; DANC 316; DANC 414.

5-6 Units: Related Elective Courses:

DANC 362 Pilates II – 2 (Prereq: DANC 262)
NUTR 430 Nutrition and Health – 3 (NUTR 132 – 3 may be substituted when NUTR 430 is not offered)
KIN 307 Prevention and Care of Athletic Injuries - 3 (Prereq: KPE 210)
KIN 309 Developmental and Therapeutic Exercise - 3
KIN 315 Motor Development - 3 (Prereq: PSY 100*)
KIN 399I Psychology of Sport Behavior and Athletic Pref. - 3 (Prereq: PSY 100*, ENGL 100*)
KIN 363 Theory and Analysis of Group Fitness Instruction - 2 (Prereq: KPE 263)
KIN 368 Resistance Training for Fitness - 3
KIN 430 Motor Control Principles and Theory - 3
KIN 462 Advanced Strength and Conditioning - 3
KIN 467 Fundamentals of Personal Training - 3 (Prereq: KPE 368)

*meets General Education requirement