



CAMP NUGGET 2011

*A positive physical activity
camp experience for
children with special needs
5 - 12 years of age*

✧ **Dates**

Monday through Friday
June 20 through July 15, 2011

✧ **Time**

9AM to Noon

✧ **Place**

California State University, Long Beach
Department of Kinesiology
1250 Bellflower Blvd.
Long Beach, CA 90840
(562) 985-7969

Email: campnugget@ymail.com

Website: www.csulb.edu/campnugget

Camp Nugget is built upon the strong conviction that movement is important and beneficial for everyone! Children with special needs should be afforded the same opportunities to enjoy and successfully participate in physical activity. Camp Nugget is designed to provide positive health-related physical fitness, fundamental motor skills, aquatics, cooperative games, and sport experiences for children with special needs and disabilities ages 5 - 12. The program provides a positive, active, and fun experience in a small child/staff (5:1) ratio setting.

Who, Child/Staff ratio - 5 to 1

The program is designed for children with special needs and disabilities ages 5 - 12 years. The child/staff ratio is five children to one staff member.

Parents must provide assistance if their child requires intense one-on-one instruction.

Benefits

- Increased physical fitness
- Improved motor and sport skills
- Improved swim ability
- Increased self esteem and confidence
- Enhanced social interaction
- Fun positive movement experience

Questions

Phone: (562) 985-7969

Email: campnugget@gmail.com

Scholarships

Camp fees are already reduced for all children due to donations. Limited full and Partial Scholarships may be available based on financial need.

Program Schedule

9-10 AM

Warm-up, health-related fitness, & fundamental motor skills.

10-11 AM

Cooperative games, leadup games, sport activities, and relaxation techniques.

11-Noon

Recreational swimming and instruction from qualified instructors.



Professional Staff and Safety

- The program is administered by Dr. Barry Lavay, Department of Kinesiology, CSU, Long Beach who has over 30 years of experience teaching adapted physical education.
- Camp staff are credentialed (or in training), Adapted Physical Education teachers in the public schools.
- The staff is trained in emergency procedures with the majority trained in CPR.
- A physicians release and medical history if necessary are kept on file for each child.
- Swim lessons by CPR trained instructors with lifeguards on duty at all times.

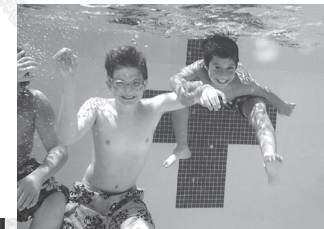
Camp Fee & Registration (total \$400.⁰⁰)

Camp space is based on a first-come basis and is limited to the first 40 children who register with either a \$25.00 deposit or \$400.00 total fee. (Children registered with a deposit of \$25.00 will owe a balance of \$375.00 by the first day of camp.)

Regional Center Funding

Check off in registration form if your child is receiving Regional Center Funding and the name of funding agency (i.e., Harbor Regional Center).

Camp Nugget is administered by the Adapted Physical Education Program in the Department of Kinesiology at CSU, Long Beach and also the CSULB Foundation. The Camp Registration Fee is already partially reduced due to grants and donations by local service clubs. Limited full and partial scholarships based on financial need are available.



fitness

aquatics

Fun!

Website: www.csulb.edu/campnugget

2011 Camp Nugget Registration Form

Name of child _____

Date of birth _____ Age _____

Name of Parent/Guardian _____

Email (required) _____

Address _____

City _____ Zip Code _____

Phone (day) _____ (eve) _____

Check any of the following that are applicable for your child.

New child

Returning child

Regional Center Funding

Name of Center _____

**** Please enclose registration form and a deposit of \$25 or a total fee of \$400 and circle your child's T-shirt size below. ****

Make checks payable to CSULB and mail to:

Dr. Barry Lavay
CSU, Long Beach - Department of Kinesiology
1250 Bellflower Blvd., Long Beach CA 90840
(562) 985-7969
campnugget@ymail.com

Be sure to specify T-shirt sizes

<p>Camp fee includes a camp tee-shirt. Please circle child's size Small (6-8) Medium (10-12) Large (14-16)</p>

You will be mailed further information once you register. A General Release & Waiver of Liability, Hold Harmless form must be completed and returned by the first week of camp.

** For Office Use Only **

Check # _____

_____ Deposit Paid _____ Balance Paid _____

_____ Parking & instructions Mailed

_____ Regional Center Funding

Paperwork received

_____ General Release & Waiver of Liability

_____ Hold Harmless Form

_____ Photo & Videotape Permission

_____ Child Planning Information