

**CALIFORNIA STATE UNIVERSITY, LONG BEACH
COLLEGE OF HEALTH AND HUMAN SERVICES
HEALTH CARE ADMINISTRATION DEPARTMENT**

**Course Syllabus: HCA 402 - The Health Care System
Fall 2009**

Instructor: Janice Frates, Ph.D.	Class Number: 5251
Office: E-TEC 101; Office phone: 562/985-5394 ¹	Thursdays, 7-9:45 pm, 9/3 – 12/10/09
Office Hours: M ² & Th 6-6:45; T & W, 2-3:45; & by appt.	Classroom Location: HSD-11 ³
E-mail: jfrates@csulb.edu	
Website: www.csulb.edu/~jfrates	HCA Admin. Coordinator: Deby McGill
Home phone: 949/515-0181; fax 949/515-0191	HCA Dept.: 562/985-5694; fax 985-5886
(OK to call 9 am – 7 pm 7 days/week)	

Course Description. Overview and developmental summary of the American health care system and its driving forces: Organizational forms; financing mechanisms; principal industry stakeholders; professional groups and workforce issues; public health and government. (Lecture). Letter grade only (A-F).

Course Goals, Outcomes, Competencies, and Assessments. Course goals are listed below; the chart describes how these course goals will be met and measured. Students who have completed this course should be able to:

1. Describe the organization, administration and financing of the U.S. health care delivery system and the principal state (California) and local (county) health care programs and administering agencies.
2. Describe the types and interrelationships of health care facilities, services and personnel
3. Know the major historical events that shaped the U.S. health care system.
4. Analyze and discuss major contemporary U.S. health care policy issues

Goals	Outcomes and Competencies	Assessment(s)
1	Describe public and private contributions to the development and operation of the health care system	Exams
2	Identify and document local health care needs and resources	County profile
3	Identify benchmark developments in U.S. health care	Exams
4	Research and analyze health administration and policy issues, using information from the professional literature and reputable Internet and organizational sources	Health issue paper
	Present information and facilitate discussion of health policy issues	Health issue presentation

Required Text: Sultz, H.A., & Young, C.M. (2009). *Health Care USA 6th ed.* Sudbury, MA: Jones & Bartlett.

Recommended: *Publication Manual of the American Psychological Association*, 5th Ed., 2001.

Course lecture notes will be available on BeachBoard. Text is on reserve in the library. Lectures will include additional information from instructor's explanations and current events.

Other Requirements: E-mail address and Internet access to use the online BeachBoard course software system. If you have trouble with registration, contact the CSULB Technology Help Desk by phone at 562-

¹ It's generally best to contact me outside of office hours at home by phone from 9 a.m. – 9 p.m. 7 days a week; if you reach my voice mail please leave your number and state the best time to call you back.

² 8/31, 9/14, 9/21, 10/19, and 11/30 only

³ On September 10, class will meet in the Spidell Electronic Library, 1st floor of the main library, for a presentation by librarian Eileen Wakiji on health care information resources.

985-4959 via e-mail at helpdesk@csulb.edu or in-person at the Horn Center. **NOTE: Use Internet Explorer as your browser for BeachBoard.**

Course Assignments and Grading

1. Class Preparation, Participation and Attendance. The class format will be a limited lecture and **interactive** discussion of the assigned readings and other relevant materials. **You are expected to have read the assigned readings (text chapters and web sites) before the class session, and to be prepared to discuss them.** Lectures will cover highlights of the reading and include supplementary information. *If you have trouble understanding what you read or hear, please ask for clarification in class or make an appointment with me to discuss the problem area(s).* Attendance policy conforms to University policy: http://www.csulb.edu/divisions/aa/grad_undergrad/senate/documents/policy/2001/01/. Disabled students requiring special accommodations, please advise instructor.
2. College Bowl Questions (Individual written assignment). Write ten questions in multiple choice format (4 possible answers, with correct answer in bold text). Teams will compete to practice for the midterm exam.
3. County Profile. Students will each select a different California county, and develop a health needs and resources profile from the recommended data sources below. These are the **minimum** elements for your profile; you are encouraged to find other information to enrich it (be sure to cite your data sources, APA style).
 - a. Use California Health Interview Survey 2005 data set (Ask CHIS – <http://www.chis.ucla.edu/main/default.asp>) to determine your county's poverty level composition, racial composition, health insurance status, eligibility and participation for public programs. Additional demographic data are available from the California Department of Finance (<http://www.dof.ca.gov/>). Uninsured and insured rates by county are available from the Census website at <http://www.census.gov/hhes/www/sahie/data/2005/tables.html>
 - b. Discuss the Medi-Cal managed care arrangements for your county; see the 2006 California Market Report: <http://www.chcf.org/topics/healthinsurance/index.cfm?itemID=114640>.
 - c. List and describe the hospitals in the county using data available from the state Office of Statewide Health Planning and Development: <http://www.oshpd.ca.gov/>. (Data and reports tab, State and County, Data)
 - d. Identify what public health, mental health/behavioral health services your county provides: www.csac.counties.org (county websites).
 - e. List the community clinics in your county: See www.cPCA.org.
 - f. Discuss the health of children in your county. http://publications.childrenow.org/publications/invest/cdb07/databook_2007.cfm
 - g. Check to see about health professional personnel shortage designations in your county: <http://bhpr.hrsa.gov/shortage/>.
 - h. Describe the amount of federal spending in the County and the ranking compared to other counties for health services: <http://www.cfpa.net/> (Research tab, [Your Federal Tax Dollars At Work: A report on County-by-County Federal Spending in California](http://www.cfpa.net/Your_Federal_Tax_Dollars_At_Work:_A_report_on_County-by-County_Federal_Spending_in_California).)
 - i. Outline the county's profile on hunger, nutrition and health: <http://www.cfpa.net/2008%20County%20Profiles/2008CountyProfileMap.htm>
 - j. Investigate employment and professional networking opportunities for health care administration professionals in the county. See if there are chapters of professional organizations listed on the HCA Program website (see "Career Info"): www.csulb.edu/hca.
4. Health policy paper and presentation. Students will form 4-5 person teams to prepare a paper and an oral presentation on a current health policy issue.
 - A. Paper
 - Option 1 – health policy issue**
 - 1) Select a state or federal health policy currently **in the legislative process.**

- 2) Summarize the bill (what problem it attempts to solve, what populations are covered, how it will be financed, what it will cost, etc.).
- 3) Research and summarize background information on the topic using at least 10 references, 5 from peer reviewed journals; document using APA style.
- 4) Describe the pros and cons of the bill.
- 5) How will healthcare access, cost, or quality be affected by passage or defeat of the bill?
- 6) Discuss the major constituents/groups supporting or opposing the bill and what passage or defeat of the bill would mean to each group.
- 7) What is the current status of the bill? Timeline for legislative action? This information can be found on www.govtrack.us (federal) or <http://www.leginfo.ca.gov/> (state).
- 8) If you were in Congress or a California legislator, would you vote for or against the bill? Why or why not?
- 9) For more information on the bill, you are encouraged to contact the office of the sponsoring legislator.

Option B – health reform

This is a more flexible assignment, to study one key aspect of the current health care reform proposals now being debated in Congress (see the Kaiser Family Foundation Health Reform Gateway, <http://healthreform.kff.org/>) such as the public plan, employer mandate, individual mandate, financing, etc.

B. Presentation

- 1) Teams will present their reports (approximately 15-20 minutes) the last two weeks of class.
- 2) Prepare a supporting written handout. Your handout should be a short stand-alone document summarizing the main points of your oral presentation (it can be a copy of your presentation outline or of your slides/overheads). Distribute hard copies in class or email to classmates via BeachBoard 24 hours before class.

C. Additional deliverables

- 1) Teams will prepare a short work plan listing the health care policy you have chosen and team members with individual task assignments. **Due Week 4.**
- 2) Each student will complete a 1-page individual evaluation of the group experience (use form posted on BB), rating each member's contribution, due the last week of class. Your individual grade for the group paper and presentation will be based on the instructor's evaluation (same for all members of the group) and on your peers' **confidential** evaluation of your contribution (will vary for each student). Use peer evaluation form posted on BB. **Due the last day of class.**

5. Exams. There will be a midterm and a final exam. Most of the exam questions will be based on the textbook and lectures but may also include information from guest speaker and student presentations. The midterm will cover weeks 1-7; the final will be cumulative.
6. Extra Credit. You may also earn up to 20 extra credit points for the following activities:
 - a. Submit a 1-2 page commentary on one of the books in the bibliography (up to 5 points).
 - b. Submit a 1-page abstract and commentary of a book, article or website that you would recommend for the bibliography (up to 5 points).
 - c. Attend a HCA Student Forum meeting (3 points) or other professional healthcare association meeting (5 points); bring proof of attendance.
 - d. Invite a guest speaker to class; please discuss with instructor first (5 points)
 - e. Write or send an email to an elected representative on a health policy issue (up to 5 points—**But no** credit if you write to a state representative about a federal issue or vice versa).
 - f. Join the American College of Healthcare Executives (20 points); Health Care Executives Association (10 points); Women in Health Administration (10 points); HCA Student Forum (10 points). Other professional associations may be considered; ask instructor.
 - g. **"Health Care News You Can Use."** Make a 2-3 minute report on an item from the news and relate it to one of the topics covered in the class (up to 5 points).

7. Grade Weights and Policies. Late assignments will be downgraded 20% for each week of delay. Students absent for either the mid-term or final exam must provide written third party documentation of unforeseen and unavoidable circumstances in order to be eligible to take a make-up exam. Disabled students who qualify for alternative testing arrangements, please advise the instructor at least 2 weeks prior to the exam. You can earn up to 400 points, plus 20 extra credit points:

Assignment	Due date	Points	Percent
College Bowl Questions	Week 6	20	5
Midterm	Week 8	50	12.5
Health Policy Paper (Group)	Week 4 (work plan); Week 12 (papers); Week 14 (handouts)	80	20
Health Policy Presentation (Group)	Weeks 14, 15	40	10
Group Peer Review	Week 15	30	7.5
County Profile	Week 10	100	25
Final (cumulative)	Week 16	80	20
Total		400	100

Final course grade computation: 360 points = A; 320-359 = B; 280-319 = C; 240-279 = D; <240 = F

Cheating And Plagiarism. Please be aware of and ensure that your behavior conforms to University Policy. See http://www.csulb.edu/divisions/aa/grad_undergrad/senate/documents/policy/2008/02/.

8. Performance Expectations and Deadlines: **Assignments are due on the date specified. Late assignments lose 20% of points for each week past the deadline.** Submit all assignments through BB. Option: Submit a draft paper for review and preliminary grade, then revise & resubmit.
9. Withdrawal policy. Per University policy: http://www.csulb.edu/divisions/aa/grad_undergrad/senate/documents/policy/2002/02/. Withdrawal after 2nd week and before final 3 weeks “permissible for serious and compelling reasons;” instructor will evaluate student withdrawal requests on a case by case basis.

CLASS TOPIC AND ASSIGNMENT SCHEDULE

Week # - Date	Topic	Text Reading Assignments ⁴	Deliverable(s)
1 September 3	Intro & course overview; form groups		Student info sheets
2 September 10	Health Information Resources—Eileen Wakiji, Librarian		Spidell Electronic Library
3 September 17	Health policy issues	S&Y 1, 2	Sign up for counties
4 September 24	Hospitals; Practice Midterm Guest Speaker: Josh Luke, PhD, CEO, Western Medical Center Anaheim	S&Y 3	Group work plan due
5 October 1	Ambulatory Care. Guest Speaker: Charles Del Campo, MBA, Medical Practice Management Consultant	S & Y 4	
6 October 8	Medical Education & Practice Health Care Personnel	S&Y 5, 6	College Bowl Qs due
7 October 15	Financing Health Care College Bowl Midterm Review	S&Y 7	
8 October 22	MIDTERM EXAM	Weeks 1-7	
9 October 29	Long-Term Care. Guest Speaker: Susie Mix, Ensign Group & LTC Managed Care Contracting Consultant	S&Y 8	Draft county reports due
10 November 5	Mental Health	S&Y 9	
11 November 12	Public Health & Government Role	S&Y 10	County reports due; draft group reports due
12 November 19	Health Care Research, Future of Health Care, Final Review	S&Y 11 & 12	Group papers due
13 Nov 26	FALL BREAK – NO CLASS		Gobble, Gobble
14 December 3	Group presentations		Handouts due (all groups)
15 December 10	Group presentations		Peer evaluations due
16 December 19	FINAL EXAM	Cumulative	FREEDOM

Bibliography

Books:

Abraham, L.K. (1998). *Mama might be better off dead: The failure of health care in urban America*. Chicago: University of Chicago Press. (**Classic**)

Annas, G. (2005). *American bioethics: Crossing human rights and health law boundaries*. New York: Oxford University Press.

Aday, L.A. *At risk in America: the health and health care needs of vulnerable populations in the United States*. San Francisco: Jossey-Bass, 2001. **Most recent on the topic**

Begley, C.E., Lairson, D.R. Balkrishnan, R., & Aday, L.A. (Eds.) (2004). *Evaluating the Health Care System: Effectiveness, Efficiency and Equity*. Chicago: Health Administration Press.

Boychuck, T. (1999). *The making and meaning of hospital policy in the United States and Canada*. Ann Arbor: University of Michigan Press. **Most recent on the topic**

⁴ In addition to the text chapter, review the websites for each topic listed in the bibliography.

- Cassel, C. (2005). *Medicare matters: What geriatric medicine can teach American health care*. Berkeley: University of California Press.
- Cogan, J.F., Hubbard, R.G., & Kessler, D.P. (2005). *Healthy, wealthy and wise: Five steps to a better health care system*. Washington: AEI Press.
- Donabedian, A. (2003). *An introduction to quality assurance in healthcare*. Cary, NC: Oxford University Press.
- Evashwick, C.J. (2004). *The continuum of long-term care: An integrated systems approach (3rd ed.)*. Albany, NY: Delmar Press.
- Feldstein, P.J. (2003). *Health policy issues: An economic perspective (3rd ed.)*. Chicago: Health Administration Press.
- Illich, I. (1975). *Medical Nemesis: The expropriation of health*. New York: Pantheon. **Classic.**
- Kongstvedt, P. (2004). *Managed care: What It is and how it works (2nd ed.)*. Sudbury, MA: Jones & Bartlett, 2004.
- Krause, E.A. (1975). *Power and illness: The political sociology of health and medical care*. New York: Elsevier/North Holland. **Classic**
- Marmor, T.R. (2000). *The politics of Medicare (2nd ed.)*. New York: Aldine DeGruyter. **Unique**
- Pipes, S.C. (2008). *Top Ten Myths of American Health Care: A Citizen's Guide*. San Francisco, CA: Pacific Research Institute.
- Ricardo-Campbell, R. (1982). *The economics and politics of health*. Chapel Hill: University of North Carolina Press. **Classic.**
- Rovner, J. (2000). *Health care policy and politics from A to Z*. Washington, DC: CQ Press. **Unique**
- Starr, P (1982). *The social transformation of American medicine*. New York: Basic Books. (**Classic**)
- Turnock, B.J. (2004). *Public health: what it is and how it works*. Sudbury, MA: Jones & Bartlett.

Journals:

American Journal of Managed Care	American Journal of Medical Quality
American Journal of Public Health	Business and Health
Harvard Business Review	Cambridge Quarterly of Healthcare Ethics
Evaluation and the Health Professions	Health Education & Behavior
Health Affairs	Health Care Financing Review
Health Policy	Health Services Research
Health Technology Trends	Inquiry
International Journal of Health Services	J of the American Medical Association (JAMA)
J of Behavioral Health Svcs. & Research	J of Health Services Research & Policy
Journal of Community Health	Journal of Health and Social Behavior
Journal of Health, Politics, Policy and Law	Medical Care Research & Review
Medicine and Health	Milbank Memorial Fund Quarterly
New England Journal of Medicine	Qualitative Health Research
Journal of Health Care Finance	Family & Community Health
Frontiers of Health Services Management	Hospital & Health Services Administration
Journal of Ambulatory Care Management	J of Health Care for the Poor & Underserved

Web sites: Also see additional sites on BeachBoard.

Topic	Web Sites
Health policy news	American Hospital Association News – Daily Report for Healthcare Executives: Ahawashdc@aha.org California HealthLine: http://www.californiahealthline.org/ California Hospital Association News: news@calhealth.org HealthLeaders website - http://home.healthleaders-interstudy.com Kaiser Health News: http://www.kaiserhealthnews.org/ Los Angeles Times Monday Health section: www.latimes.com
Health policy, big picture	Health Hippo: http://hippo.findlaw.com/hippohome.html Robert Wood Johnson Foundation: www.rwjf.org The Urban Institute: www.urban.org ; Families USA: www.familiesusa.org National Academy for State Health Policy: www.nashp.org UCLA Center for Health Policy Research: www.healthpolicy.ucla.edu California HealthCare Foundation: www.chcf.org KaiserEDU.org: www.kaiserEDU.org – tutorials and issue briefs Kaiser Family Foundation: www.kff.org – regularly updated health reform Insure the Uninsured Project: www.itup.org – federal, state health reform Pacific Research Institute: www.pacificresearch.org – conservative viewpoint Center for Responsive Politics: www.opensecrets.org – track contributions
Hospitals & health systems	American Hospital Association: www.aha.org Blue Cross/Blue Shield Assn.: www.bluecares.com
Information resources	National Library of Medicine: www.nlm.nih.gov APA electronic citations: www.apastyle.org/electref.html .
Ambulatory health services	American Academy of Ambulatory Care: www.ambulatorymedicine.com Medical Group Management Association: www.mgma.com
Medical Education & Practice Health Care Personnel	Am. Medical Assn.: www.ama-assn.org ; Am. Nurses Assn. www.ana.org American Academy of Physician Assistants: www.aapa.org Am. Pharmaceutical Association: http://www.aphanet.org//AM/Template.cfm?Section=Home UCSF Center for Health Professions: http://www.futurehealth.ucsf.edu/home.html
Financing health services	Centers for Medicare & Medicaid Services: http://www.cms.hhs.gov/ Center on Budget & Policy Priorities: www.cbpp.org Kaiser Family Foundation: www.kff.org CA Legislative Analyst's Office: www.lao.ca.gov California Budget Project: http://www.cbp.org/ Healthcare Financial Management Assn: www.hfma.org
Managed care, insurance & benefits	Employee Benefits Research Institute: www.ebri.org America's Health Insurance Plans: http://www.ahip.org/ California Association of Health Plans: http://www.calhealthplans.com/ California Dept. of Managed Health Care: www.dmhc.ca.gov
Long Term Care	American Assn. Of Retired Persons: www.aarp.org Disability Rights Education & Defense Fund: www.dredf.org American Association of Homes & Services for Aging: http://www.aahsa.org National Hospice & Palliative Care Organization: http://www.nhpco.org
Mental health	National Institute of Mental Health: www.nimh.nih.gov

Topic	Web Sites
	Bazelon Center for MH Law: www.bazelon.org
Public health	Centers for Disease Control & Prevention: http://www.cdc.gov American Public Health Assn.: www.apha.org
Research (quality)	Institute of Medicine: www.iom.edu National Committee for Quality Assurance: www.ncqa.org Joint Commission on Accreditation of Healthcare Orgs: www.jcaho.org California Healthcare Foundation Quality Initiative: www.chef.org

Attachments:

Student Information Sheet—*Turn in at first class session*

