

NUTRITION AND DIETETICS OPTION WORKSHEET  
 CALIFORNIA STATE UNIVERSITY, LONG BEACH  
 BACHELOR OF SCIENCE IN DIETETICS AND FOOD ADMINISTRATION  
 Code: FCS\_BS01  
 Catalog Year: 2005-2006

Student: \_\_\_\_\_ Anticipated Graduation Date: \_\_\_\_\_  
 Last First Maiden/Middle Social Security Number: \_\_\_\_\_

Address: \_\_\_\_\_ Telephone No.: \_\_\_\_\_  
 No. Street Apt. No.

City State ZIP Advisor: \_\_\_\_\_

Date Entered CSULB: \_\_\_\_\_ Standing: \_\_\_\_\_

Transfer From: 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_ 4) \_\_\_\_\_

CSULB Unit Value	CSULB Grade	Course Number	Course Name	Need to Take	Transfer or Substitute	Transfer From	Transfer Units/Grade
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**Major Requirements**

3		FCS 132	Introductory Nutrition	+			
1		FCS 173	Applied Foodservice Sanitation	+			
2		FCS 234	Orientation to Dietetics & Food Adm.				
3		FCS 235	Principles of Food Preparation	+			
3		FCS 275	Food Production Systems I	+			
3		FCS 312I▲	Family & Personal Development				
3		FCS 331A	Fund. of Human Nutrition	+			
3		FCS 331B	Fund. of Human Nutrition	+			
3		FCS 332	Food Science	+			
3		FCS 336	Cultural Aspects of Food & Nutrition	+			
3		FCS 436	Advanced Nutrition	+			
3		FCS 436L	Nutrition Status Assessment Tech.	+			
3		FCS 438	Medical Nutrition Therapy	+			
3		FCS 461	Community Nutrition	+			
3		FCS 486	Instructional Strategies for FCS Professionals	+			
3		FCS 492K or 497	Internship/Directed Studies				

+ADA requirement; must have "C" or better grade

**Family and Consumer Sciences Core Requirements**

1		FCS 299	Introduction to FCS				
3		FCS 321♦	Family & Consumer Resource Mgmt.				
2		FCS 499	Perspectives in FCS				

Advising Sessions:

Advisor: \_\_\_\_\_ Date: \_\_\_\_\_ Advisor: \_\_\_\_\_ Date: \_\_\_\_\_  
 Advisor: \_\_\_\_\_ Date: \_\_\_\_\_ Advisor: \_\_\_\_\_ Date: \_\_\_\_\_  
 Advisor: \_\_\_\_\_ Date: \_\_\_\_\_ Advisor: \_\_\_\_\_ Date: \_\_\_\_\_  
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### Supporting Professional Course Requirements

3		ANTH 412I or HCA 422I or GEOG 307I or HSC 420I	Culture & Communication Global Issues in Health Services Modernization in Global Perspectives International Health	+			
4		BIOL 207 or 342 & 342L	Human Physiology Mammalian Physiology & Lab	+			
3		BIOL 260 or EDP 419 or HSC 403 or IS 310	Biostatistics Educational Statistics Community Health Statistics Business Statistics	+			
5		CHEM 111A	General Chemistry	+			
3		CHEM 327	Organic Chemistry	+			
3		CHEM 448	Fundamentals of Biological Chemistry	+			
3		CHEM 449	Nutritional Biochemistry Lab	+			
3		COMM 110	Interpersonal Communication	+			
3		EDP 373I	Nonverbal Comm Interac of Mind and Body	+			
3		ENGL 100	Composition	+			
3		ENGL 101 or ENGL 317	Composition Technical Communication	+			
3		HRM 361 or PSY 381	The Human Resource Function The Psychology of Work Behavior	+			
3		IS 233 or IS 300 or FCS 387	Intro to Cmp and App Management Information Systems Consumer Technology	+			
4		MICR 200	General Microbiology for Health Prof.	+			
3		PSY 100	General Psychology	+			
3		SOC 100	Principles of Sociology	+			

### Approved Electives for Professional Enhancement (6 units chosen in consultation with advisor)


Recommended Electives Include:

FCS 375 Food Production Systems II (+)    FCS 439 Nutrition & Aging    FCS 492K Internship in ND  
 FCS 433 Nutrition in the Life cycle    FCS 477 Foodservice Administration (+)    FCS 497 Directed Studies

### Additional Information

1. The Nutrition and Dietetics Option with appropriate elective selection fulfills the American Dietetic Association (ADA) academic requirements for eligibility to apply for qualifying experiences required to become Registered Dietitian (RD). Students must consult with the ADA Didactic Program in Dietetics (DPD) Director to verify current ADA requirements to become a RD. Students who choose to meet ADA requirements must select FCS 375 and 477 as electives.
2. Students must receive a grade of "C" or better in the DPD courses to receive verification of completion of the ADA approved program. These courses are identified with a + in the need to take column above.
3. Students who wish to take the Nutrition and Dietetics Option as a pre-professional degree (e.g., medical) should check with appropriate programs to verify specific requirements.
4. Students should see a program advisor for more information and for a Program Planner (which is completed one year before graduation).
5. Use this worksheet as a guide to plan your academic schedule and refer to the 2005-2006 CSULB *Catalog* for further details.
6. Some 100 and 200 level courses may be taken at a community college. Check the articulation agreements distributed in FCS 299 and meet with an advisor for verification of substitute courses.
7. Some of the courses required for this degree option may also satisfy General Education requirements. Refer to the 2005-2006 CSULB *Catalog* for G.E. requirements.

#### Minimum Units for the Degree:

BS: 131 total units, 40 upper division units, 51 general education units.

The Writing Proficiency Examination must be taken by the 1<sup>st</sup> semester of the junior year and passed prior to the graduation date.

▲ = GE Capstone Course; ◆ = GE Human Diversity Course  
 +Required course for the ADA Didactic Program.