

NUTRITION AND DIETETICS OPTION WORKSHEET
 CALIFORNIA STATE UNIVERSITY, LONG BEACH
 BACHELOR OF SCIENCE IN DIETETICS AND FOOD ADMINISTRATION

Code: FCS_BS01
 Catalog Year: 2004-2005

Student: _____ Anticipated Graduation Date: _____
 Last First Maiden/Middle Social Security Number: _____

Address: _____ Telephone No.: _____
 No. Street Apt. No.

City State ZIP Advisor: _____

Date Entered CSULB: _____ Standing: _____

Transfer From: 1) _____ 2) _____ 3) _____ 4) _____

| CSULB Unit Value | CSULB Grade | Course Number | Course Name | Need to Take | Transfer or Substitute | Transfer From | Transfer Units/Grade |
|------------------|-------------|---------------|-------------|--------------|------------------------|---------------|----------------------|
|------------------|-------------|---------------|-------------|--------------|------------------------|---------------|----------------------|

Major Requirements

| | | | | | | | |
|---|--|-----------------|--------------------------------------|---|--|--|--|
| 3 | | FCS 132 | Introductory Nutrition | + | | | |
| 1 | | FCS 173 | Applied Foodservice Sanitation | + | | | |
| 2 | | FCS 234 | Orientation to Dietetics & Food Adm. | | | | |
| 3 | | FCS 235 | Principles of Food Preparation | + | | | |
| 3 | | FCS 275 | Food Production Systems I | + | | | |
| 3 | | FCS 312I▲ | Family & Personal Development | | | | |
| 3 | | FCS 331A | Fund. of Human Nutrition | + | | | |
| 3 | | FCS 331B | Fund. of Human Nutrition | + | | | |
| 3 | | FCS 332 | Food Science | + | | | |
| 3 | | FCS 336 | Cultural Aspects of Food & Nutrition | + | | | |
| 3 | | FCS 436 | Advanced Nutrition | + | | | |
| 3 | | FCS 436L | Nutrition Status Assessment Tech. | + | | | |
| 3 | | FCS 438 | Medical Nutrition Therapy | + | | | |
| 3 | | FCS 461 | Community Nutrition | + | | | |
| 3 | | FCS 486 | Teaching-Learning Strategies in FCS | + | | | |
| 3 | | FCS 492K or 497 | Internship/Directed Studies | | | | |

+ADA requirement; must have "C" or better grade

Family and Consumer Sciences Core Requirements

| | | | | | | | |
|---|--|----------|----------------------------------|--|--|--|--|
| 1 | | FCS 299 | Themes & Issues in FCS | | | | |
| 3 | | FCS 321◆ | Family & Consumer Resource Mgmt. | | | | |
| 2 | | FCS 499 | Perspectives in FCS | | | | |

Advising Sessions:

Advisor: _____ Date: _____ Advisor: _____ Date: _____
 Advisor: _____ Date: _____ Advisor: _____ Date: _____
 Advisor: _____ Date: _____ Advisor: _____ Date: _____
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Supporting Professional Course Requirements

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|---|--|---|--|---|--|--|--|
| 3 | | ANTH 412I or HCA 422I or GEOG 307I or HSC 420I | Culture & Communication | + | | | |
| 4 | | BIOL 207 or 342 & 342L | Physiology | + | | | |
| 3 | | BIOL 260 or EDP 419 or HSC 403 or IS 310 | Statistics | + | | | |
| 5 | | CHEM 111A | General Chemistry | + | | | |
| 3 | | CHEM 327 | Organic Chemistry | + | | | |
| 3 | | CHEM 448 | Biological Chemistry | + | | | |
| 3 | | CHEM 449 | Nutritional Biochemistry Lab | + | | | |
| 3 | | COMM 110 | Interpersonal Communication | + | | | |
| 3 | | EDP 373I | Nonverb Comm Interac Mind Body | + | | | |
| 3 | | ENGL 100 | Composition | + | | | |
| 3 | | ENGL 101 or ENGL 317 | Composition Technical Writing | + | | | |
| 3 | | HRM 361 or PSY 381 | Organizational Management | + | | | |
| 3 | | IS 233 or 300 or FCS 387 | Int Cmp Sys/App Management Information Systems Consumer Technology | + | | | |
| 4 | | MICR 200 | General Microbiology for Health Prof. | + | | | |
| 3 | | PSY 100 | General Psychology | + | | | |
| 3 | | SOC 100 | Principles of Sociology | + | | | |

Approved Electives for Professional Enhancement (6 units chosen in consultation with advisor)

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|--|--|--|--|--|--|--|--|
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Recommended Electives Include:

FCS 375 Food Production Systems II (+) FCS 439 Nutrition & Aging FCS 492K Internship in ND
 FCS 433 Nutrition in the Life cycle FCS 477 Foodservice Administration FCS 497 Directed Studies

Additional Information

1. The Nutrition and Dietetics Option with appropriate elective selection fulfills the American Dietetic Association (ADA) academic requirements for eligibility to apply for qualifying experiences required to become Registered Dietitian (RD). It is the responsibility of the student to consult with the ADA Didactic Program in Dietetics (DPD) Director to verify current ADA requirements to become a RD. Students who choose to meet ADA requirements must select FCS 375 and 477 as electives.
2. Students must receive a grade of "C" or better in the DPD courses to receive verification of completion of the ADA approved program. These courses are identified with a + in the need to take columns above.
3. Students who wish to take the Nutrition and Dietetics Option as a pre-professional degree (e.g., medical) should check with appropriate programs to verify specific requirements.
4. Students should see a program advisor for more information and for a Program Planner (which is completed one year before graduation).
5. Use this worksheet as a guide to plan your academic schedule and refer to the 2004-2005 CSULB *Catalog* for further details.
6. Some 100 and 200 level courses may be taken at a community college. Check the articulation agreements distributed in FCS 299 and meet with an advisor for verification of substitute courses.
7. Some of the courses required for this degree option may also satisfy General Education requirements. Refer to the 2004-2005 CSULB *Catalog* for G.E. requirements.

Minimum Units for the Degree:

BS: 131 total units, 40 in FCS (24 upper division units), 51 general education units.

The Writing Proficiency Examination must be taken by the 1st semester of the junior year and passed prior to the graduation date.

▲ = GE Capstone Course; ◆ = GE Human Diversity Course

+Required course for the ADA Didactic Program.