

NUTRITION AND DIETETICS OPTION WORKSHEET  
 CALIFORNIA STATE UNIVERSITY, LONG BEACH  
 BACHELOR OF SCIENCE IN DIETETICS AND FOOD ADMINISTRATION  
 Code: 3-1009  
 Catalog Year: 1999-2000

Student: \_\_\_\_\_ Anticipated Graduation Date: \_\_\_\_\_  
 Last First Maiden/Middle Social Security Number: \_\_\_\_\_

Address: \_\_\_\_\_ Telephone No.: \_\_\_\_\_  
 No. Street Apt. No.

City State ZIP Advisor: \_\_\_\_\_

Date Entered CSULB: \_\_\_\_\_ Standing: \_\_\_\_\_

Transfer From: 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_ 4) \_\_\_\_\_

| CSULB Unit Value | CSULB Grade | Course Number | Course Name | Need to Take | Transfer or Substitute | Transfer From | Transfer Units/Grade |
|------------------|-------------|---------------|-------------|--------------|------------------------|---------------|----------------------|
|------------------|-------------|---------------|-------------|--------------|------------------------|---------------|----------------------|

**Major Requirements**

|   |  |                     |                                      |   |  |  |  |
|---|--|---------------------|--------------------------------------|---|--|--|--|
| 3 |  | FCS 132             | Introductory Nutrition               |   |  |  |  |
| 1 |  | FCS 233             | Applied Foodservice Sanitation       | + |  |  |  |
| 2 |  | FCS 234             | Orientation to Dietetics & Food Adm. |   |  |  |  |
| 3 |  | FCS 235             | Principles of Food Preparation       | + |  |  |  |
| 3 |  | FCS 275             | Food Production Systems I            | + |  |  |  |
| 3 |  | FCS 312I            | Family & Personal Development        |   |  |  |  |
| 3 |  | FCS 331A            | Fund. of Human Nutrition             | + |  |  |  |
| 3 |  | FCS 331B            | Fund. of Human Nutrition             | + |  |  |  |
| 3 |  | FCS 332             | Food Science                         | + |  |  |  |
| 3 |  | FCS 336             | Cultural Aspects of Food & Nutrition | + |  |  |  |
| 3 |  | FCS 436             | Advanced Nutrition                   | + |  |  |  |
| 2 |  | FCS 436L            | Nutrition Status Assessment Tech.    | + |  |  |  |
| 3 |  | FCS 438             | Medical Nutrition Therapy            | + |  |  |  |
| 3 |  | FCS 461             | Community Nutrition                  | + |  |  |  |
| 3 |  | FCS 486             | Teaching-Learning Strategies in FCS  | + |  |  |  |
| 3 |  | FCS 490, 492 or 497 | Internship/Directed Studies          |   |  |  |  |

+ADA requirement; must have "C" or better grade

**Family and Consumer Sciences Core Requirements**

|   |  |          |                                  |  |  |  |  |
|---|--|----------|----------------------------------|--|--|--|--|
| 1 |  | FCS 299  | Themes & Issues in FCS           |  |  |  |  |
| 3 |  | FCS 321* | Family & Consumer Resource Mgmt. |  |  |  |  |
| 2 |  | FCS 499  | Perspectives in FCS              |  |  |  |  |

Advising Sessions:

Advisor: \_\_\_\_\_ Date: \_\_\_\_\_ Advisor: \_\_\_\_\_ Date: \_\_\_\_\_  
 Advisor: \_\_\_\_\_ Date: \_\_\_\_\_ Advisor: \_\_\_\_\_ Date: \_\_\_\_\_  
 Advisor: \_\_\_\_\_ Date: \_\_\_\_\_ Advisor: \_\_\_\_\_ Date: \_\_\_\_\_  
 Advisor: \_\_\_\_\_ Date: \_\_\_\_\_ Advisor: \_\_\_\_\_ Date: \_\_\_\_\_

| CSULB Unit Value | CSULB Grade | Course Number | Course Name | Need to Take | Transfer or Substitute | Transfer From | Transfer Units/Grade |
|------------------|-------------|---------------|-------------|--------------|------------------------|---------------|----------------------|
|------------------|-------------|---------------|-------------|--------------|------------------------|---------------|----------------------|

### Supporting Professional Course Requirements

|   |  |  |                                       |   |  |  |  |
|---|--|--|---------------------------------------|---|--|--|--|
| 4 |  | A/P 207 or 342 & 342L                    | Physiology                            | + |  |  |  |
| 3 |  | BIOL 260 or EDP 419 or HSC 403 or IS 310 | Statistics                            | + |  |  |  |
| 5 |  | CHEM 111A                                | General Chemistry                     | + |  |  |  |
| 3 |  | CHEM 327or CHEM 320AB                    | Organic Chemistry                     | + |  |  |  |
| 3 |  | CHEM 448 or CHEM 441AB                   | Biological Chemistry                  | + |  |  |  |
| 3 |  | CHEM 449                                 | Nutritional Biochemistry Lab          | + |  |  |  |
| 3 |  | ENGL 100                                 | Composition                           | + |  |  |  |
| 3 |  | ENGL 101 or ENGL 317                     | Composition Technical Writing         | + |  |  |  |
| 3 |  | HRM 361 or PSY 381                       | Organizational Management             | + |  |  |  |
| 3 |  | IS 240                                   | Mgmt. Information Systems             | + |  |  |  |
| 4 |  | MICR 200                                 | General Microbiology for Health Prof. | + |  |  |  |
| 3 |  | PSY 100                                  | General Psychology                    | + |  |  |  |
| 3 |  | SOC 100                                  | Principles of Sociology               | + |  |  |  |

### Approved Electives for Professional Enhancement (6 units chosen in consultation with advisor)

|  |  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|
|  |  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|

Recommended Electives Include:

FCS 375 Food Production Systems II (+)    FCS 439 Nutrition & Aging    FCS 492 Internship in FCS  
 FCS 377 Foodservice Systems Mgmt. (+)    FCS 466 Biochemical/Hormonal Adaptations    FCS 497 Directed Studies  
 FCS 433 Nutrition in the Lifecycle    to Physical Activities

### Additional Information

- The Nutrition and Dietetics Option with appropriate elective selection fulfills the American Dietetic Association (ADA) academic requirements for eligibility to apply for qualifying experiences required to become Registered Dietitian (RD). It is the responsibility of the student to consult with the ADA Didactic Program in Dietetics (DPD) Director to verify current ADA requirements to become a RD. Students who choose to meet ADA requirements must select FCS 375 and 377 as electives.
- Students must receive a grade of "C" or better in the DPD courses to receive verification of completion of the ADA developmentally accredited program. These courses are identified with a + in the need to take columns above.
- Students who wish to take the Nutrition and Dietetics Option as a pre-professional degree (e.g., medical) should check with appropriate programs to verify specific requirements.
- Students should see a program advisor for more information and for a Program Planner (which is completed one year before graduation).
- Use this worksheet as a guide to plan your academic schedule and refer to the 1999-2000 CSULB *Catalog* for further details.
- Some 100 and 200 level courses may be taken at a community college. Check the articulation agreements distributed in FCS 299 and meet with an advisor for verification of substitute courses.
- Some of the courses required for this degree option may also satisfy General Education requirements. Refer to the 1999-2000 CSULB *Catalog* for G.E. requirements.
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#### Minimum Units for the Degree:

BS: 129 total units, 40 upper division units, 51 general education units.

The Writing Proficiency Examination must be taken by the 1<sup>st</sup> semester of the junior year and passed prior to the graduation date.

\*Indicates Human Diversity (HD) course.

+Required course for the ADA Didactic Program.