

NUTRITION AND DIETETICS OPTION WORKSHEET  
 CALIFORNIA STATE UNIVERSITY, LONG BEACH  
 BACHELOR OF SCIENCE IN DIETETICS AND FOOD ADMINISTRATION  
 Code: FCS\_BS01  
 Catalog Year: 2009-2010

Student: \_\_\_\_\_ Anticipated Graduation Date: \_\_\_\_\_  
 Student ID Number: \_\_\_\_\_  
 Last First Maiden/Middle

Address: \_\_\_\_\_ Telephone No.: \_\_\_\_\_  
 No. Street Apt. No. Email Address \_\_\_\_\_

City State ZIP Advisor: \_\_\_\_\_

Date Entered CSULB: \_\_\_\_\_ Standing: \_\_\_\_\_

Transfer From: 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_ 4) \_\_\_\_\_

CSULB Unit Value	CSULB Grade	Course Number	Course Name	Need to Take	Transfer or Substitute	Transfer From	Transfer Units/Grade
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**Major Requirements**

3		CDFS 312I▲	Family & Personal Development				
3		FCSE 486	Instructional Strategies for FCS Professionals	+			
3		FSCI 332	Food Science	+			
1		HFHM 173	Applied Foodservice Sanitation	+			
3		HFHM 235	Principles of Food Preparation	+			
3		HFHM 275	Food Production Systems I	+			
3		NUTR 132	Introductory Nutrition	+			
2		NUTR 234	Orientation to Dietetics & Food Adm.				
3		NUTR 331A	Fundamentals of Human Nutrition	+			
3		NUTR 331B	Fundamentals of Human Nutrition	+			
3		NUTR 336	Cultural Aspects of Food & Nutrition	+			
3		NUTR 436	Advanced Nutrition	+			
3		NUTR 436L	Nutritional Status Assessment Techniques.	+			
3		NUTR 438	Medical Nutrition Therapy	+			
3		NUTR 461	Community Nutrition	+			
3		NUTR 492K or FSCE 497	Internship in Nutrition and Dietetics Directed Studies				

+ADA requirement; must have "C" or better grade

**Family and Consumer Sciences Core Requirements**

3		CAFF 321I◆▲	Family & Consumer Resource Mgmt.				
1		FCSE 299	Introduction to FCS				
2		FCSE 499	Professionalism and Leadership in FCS				

Advising Sessions:

Advisor: \_\_\_\_\_ Date: \_\_\_\_\_ Advisor: \_\_\_\_\_ Date: \_\_\_\_\_  
 Advisor: \_\_\_\_\_ Date: \_\_\_\_\_ Advisor: \_\_\_\_\_ Date: \_\_\_\_\_  
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### Supporting Professional Course Requirements

3		ANTH 412I or HCA 422I or HSC 420I	Culture & Communication Global Issues in Health Services International Health	+			
4		BIOL 207 or 342 & 342L	Human Physiology Mammalian Physiology & Lab	+			
3		BIOL 260 or EDP 419 or H SC 403 or IS 310	Biostatistics Educational Statistics Community Health Statistics Business Statistics 1	+			
5		CHEM 111A	General Chemistry	+			
3		CHEM 327	Fundamentals of Organic Chemistry	+			
3		CHEM 448	Fundamentals of Biological Chemistry	+			
3		CHEM 449	Nutritional Biochemistry Lab	+			
3		COMM 110	Interpersonal Communication	+			
3		EDP 373I	Nonverbal Communication: Interaction of Mind and Body	+			
3		ENGL 100	Composition	+			
3		ENGL 101 or ENGL 317	Composition Technical Communication	+			
3		HRM 361 or PSY 381	The Human Resource Function Intro To Industrial-Organizational Psy	+			
3 3 2		IS 233 or IS 300 or FCSE 387	Intro to Comp. Systems and Apps. Management Information Systems Electronic Portfolio Dev for FCS Professionals	+			
4		MICR 200	General Microbiology for Health Prof.	+			
3		PSY 100	General Psychology	+			
3		SOC 100	Principles of Sociology	+			

### Approved Electives for Professional Enhancement (6 units chosen in consultation with advisor)


Recommended Electives Include:

HFHM 375 Food Production Systems II (+)      NUTR 439 Nutrition & Aging      NUTR 492K Internship in ND  
NUTR 433 Nutrition in the Life cycle      HFHM 477 Foodservice Administration (+)      FCSE 497 Directed Studies

### Additional Information

- The Nutrition and Dietetics Option with appropriate elective selection fulfills the American Dietetic Association (ADA) academic requirements for eligibility to apply for qualifying experiences required to become a Registered Dietitian (RD). Students must consult with the ADA Didactic Program in Dietetics (DPD) Director to verify current ADA requirements to become a RD. Students who choose to meet ADA requirements must select HFHM 375 and 477 as electives.
- Students must receive a grade of "C" or better in the DPD courses to receive verification of completion of the ADA approved program. These courses are identified with a + in the need to take column above.
- Students who wish to take the Nutrition and Dietetics Option as a pre-professional degree (e.g., medical) should check with appropriate programs to verify specific requirements.
- Students should see a program advisor for more information and for a Program Planner (completed one year before graduation).
- This worksheet is an aid to planning your program of study; however, you also should check your plans against the 2009-2010 CSULB *Catalog* which is the authoritative source for guidelines.
- Some 100 and 200 level courses may be taken at a community college. Check the articulation agreements posted on [www.assist.org](http://www.assist.org) and meet with an advisor for verification of transfer equivalent and substitute courses.
- Some of the courses required for this degree option may also satisfy General Education requirements. Refer to the 2009-2010 CSULB *Catalog* for G.E. requirements.
- If a stronger foundation in Chemistry is desired, CHEM 320A and 320B may be selected instead of CHEM 327. If a stronger foundation in Biochemistry is desired, CHEM 441A and 441B may be selected instead of CHEM 448.

### Minimum Units for the Degree:

BS: 131 total units, 40 upper division units, 48 general education units, 40 units in the major, 24 upper division units in the major. Students also must pass the Graduation Writing Assessment Requirement (GWAR). At present, there are two main routes to meeting this requirement. First, the Writing Proficiency Examination must be taken by the 1st semester of the junior year and passed prior to the graduation date. Second, there are specific writing-intensive classes approved to meet the requirement. Refer to the GWAR website for further information (<http://www.csulb.edu/divisions/aa/gwar/>).

▲ = GE Capstone Course; ◆ = GE Human Diversity Course

+Required course for the ADA Didactic Program.