

**FAMILY LIFE TRACK (CFLE) WORKSHEET**  
**PART OF THE CHILD DEVELOPMENT AND FAMILY STUDIES OPTION**  
**CALIFORNIA STATE UNIVERSITY, LONG BEACH**  
**BACHELOR OF ARTS IN FAMILY AND CONSUMER SCIENCES**  
 Code: 2-1012  
 Catalog Year: 2002-2003

Student: \_\_\_\_\_ Anticipated Graduation Date: \_\_\_\_\_  
 Last First Maiden/Middle Social Security Number: \_\_\_\_\_

Address: \_\_\_\_\_ Telephone No.: \_\_\_\_\_  
 No. Street Apt. No.

City State ZIP Advisor: \_\_\_\_\_

Date Entered CSULB: \_\_\_\_\_ Standing: \_\_\_\_\_

Transfer From: 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_ 4) \_\_\_\_\_

CSULB Unit Value	CSULB Grade	Course Number	Course Name	Need to Take	Transfer or Substitute	Transfer From	Transfer Units/Grade
------------------	-------------	---------------	-------------	--------------	------------------------	---------------	----------------------

**Major Requirements**

3		BIOL 205 or BIOL 207	Human Biology Physiology				
3		SOC 100 or ANTH 120	Principles of Sociology Introduction to Cultural Anthropology				
3		PSY 100	General Psychology				
3		FCS 111	The Preschool Child				
3		H SC 425I	Human Sexuality				
3		GERN 400I or HDEV 357I	Perspectives on Gerontology Human Development: Adulthood - Aging				
3		FCS 132	Introductory Nutrition				
3		FCS 312I	Family & Personal Development				
3		FCS 411	Individual Child Study & Guidance				
3		FCS 311 or FCS 314	Prenatal Development & Infancy The Older Child				
3		FCS 412	Family Interaction				
3		SW 350 or SOC 423	Social Policy: Law & Court Decisions Child Abuse & Prevention				
3		FCS 492B or FCS 497	Internship in Certified Family Life Education Directed Studies				

**Family and Consumer Sciences Core Requirements**

1		FCS 299	Themes & Issues in FCS				
3		FCS 321*	Family & Consumer Resource Mgmt.				
2		FCS 499	Perspectives in FCS				

Advising Sessions:

Advisor: \_\_\_\_\_ Date: \_\_\_\_\_ Advisor: \_\_\_\_\_ Date: \_\_\_\_\_  
 Advisor: \_\_\_\_\_ Date: \_\_\_\_\_ Advisor: \_\_\_\_\_ Date: \_\_\_\_\_  
 Advisor: \_\_\_\_\_ Date: \_\_\_\_\_ Advisor: \_\_\_\_\_ Date: \_\_\_\_\_  
 Advisor: \_\_\_\_\_ Date: \_\_\_\_\_ Advisor: \_\_\_\_\_ Date: \_\_\_\_\_

CSULB Unit Value	CSULB Grade	Course Number	Course Name	Need to Take	Transfer or Substitute	Transfer From	Transfer Units/Grade
------------------	-------------	---------------	-------------	--------------	------------------------	---------------	----------------------

**15 Units of Additional Course Requirements (Must be taken to obtain CFLE certification.)**

3		FCS 319*	Family Stress & Coping				
3		FCS 410	International Families: Families in Cross-cultural Perspectives				
3		FCS 413	Child & Family in the Community				
3		FCS 418	Parent Education				
3		FCS 419	Family Life Education				

**Approved Electives for Professional Enhancement (9 units chosen in consultation with an advisor)**


**Recommended Electives Include:**

ANTH 315 Human Variation  
 ANTH 323 Peoples of Mexico & Central Amer.  
 ANTH 329 Cultural Diversity in California  
 ASAM 200 Asian Amer. Inter-Ethnic Relations  
 ASAM 290 Special Topics in Asian Amer. Studies  
 ASAM 346 Asian Americans & the Law  
 B/ST 325 Psychology of Minorities  
 GERN 400I Perspectives on Gerontology  
 HDEV 307I Human Development:  
     Childhood – Adolescence  
 HDEV 320 Research Methods in Human Dev.  
 HDEV 401 Cultural Influences on Human Dev.  
 HDEV 434B,C Interpersonal Skills in Human  
     Resource Development  
 H SC 425I\* Human Sexuality & Sex Ed.  
 H SC 427 Drugs & Health  
 MUS 385 Children’s Music

NRSG 481I Parenting  
 PHIL 330 Philosophy of Religion  
 PHIL 354 Feminism & Philosophy  
 PSY 200 Research Methods  
 PSY 210 Introduction to Statistics  
 PSY 310 Intermediate Statistics  
 PSY 314 Psychological Assessment  
 PSY 315 Principles of Psych. Testing  
 PSY Psychology of Learning  
 PSY 350I Psychology & Contemp.  
     Social Issues  
 PSY 352 Psychology & Male Roles  
 PSY 353 Humanistic Psychology  
 PSY 354 Psychology of Women  
 PSY 365 Psychology of Adult Dev.  
     & Aging  
 PSY 366/FCS 358 Fathers & Fathering

PSY 370 Abnormal Psychology  
 PSY 475 Clinical Viewing  
 SW 331 Human Behavior & Social Environ.  
     Young Adulthood – Old Age  
 SW 350 Social Policy: Law & Court Decisions  
 SW 351 Social Policy: Formation & Analysis  
 SW 423 Child Abuse/Prevention  
 SW 480 Social Work with Families & Children  
 SOC 250 Elementary Statistics  
 SOC 325 Sociology of Women  
 SOC 335 Social Psychology  
 SOC 345 Juvenile Delinquency  
 SOC 423 Child Abuse & Prevention  
 SOC 464 Aging & Society  
 W/ST 102 Women in Contemporary Society  
 W/ST 308 Women & the Law  
 W/ST 420 Mothers & Daughters

**Additional Requirements for Certification in Family Life Education**

After completion of the recommended coursework, provisional certification may be obtained from the National Council on Family Relations. Two years of practical work experience in the field is needed before the student can apply to the National Council on Family Relations for full certification as a family life educator.

*It is recommended that students who are interested in careers in Child Development take FCS 211, 214 and 414 or 415 as their 9 units of approved electives.*

**Additional Information**

1. Use this worksheet as a guide to plan your academic schedule and refer to the 2002-2003 CSULB *Catalog* for further details.
2. Some 100 and 200 level courses may be taken at a community college. Check the articulation agreements distributed in FCS 299 and meet with an advisor for verification of substitute courses.
3. Some of the courses required in this degree option may also satisfy General Education requirements. Refer to the 2002-2003 CSULB *Catalog* for G.E. requirements.
4. Students should see a program advisor for more information and for a Program Planner (which is completed one year before graduation).

“C” or Better Requirement:

Child Development and Family Studies students must complete all option courses with a grade of “C” or better.

Minimum Units for the Degree:

BA: 120 total units, 40 upper division units, 51 general education units, 40 total FCS units, 24 upper division FCS units. The Writing Proficiency Examination must be taken by the 1<sup>st</sup> semester of the junior year and passed prior to the graduation date.

\*Indicates Human Diversity (HD) course.