

FAMILY LIFE TRACK (CFLE) WORKSHEET
 PART OF THE CHILD DEVELOPMENT AND FAMILY STUDIES OPTION
 CALIFORNIA STATE UNIVERSITY, LONG BEACH
 BACHELOR OF ARTS IN FAMILY AND CONSUMER SCIENCES

Code: 2-1012

Catalog Year: 2003-2004

Student: _____ Anticipated Graduation Date: _____
 Last First Maiden/Middle Social Security Number: _____

Address: _____ Telephone No.: _____
 No. Street Apt. No.

City State ZIP Advisor: _____

Date Entered CSULB: _____ Standing: _____

Transfer From: 1) _____ 2) _____ 3) _____ 4) _____

| CSULB Unit Value | CSULB Grade | Course Number | Course Name | Need to Take | Transfer or Substitute | Transfer From | Transfer Units/Grade |
|------------------|-------------|---------------|-------------|--------------|------------------------|---------------|----------------------|
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Major Requirements

| | | | | | | | |
|---|--|----------------------------------|--|--|--|--|--|
| 3 | | BIOL 205 or BIOL 309I? | Human Biology Human Body and Mind | | | | |
| 3 | | SOC 100 or ANTH 120● | Principles of Sociology Introduction to Cultural Anthropology | | | | |
| 3 | | PSY 100 | General Psychology | | | | |
| 3 | | FCS 111 | The Preschool Child | | | | |
| 3 | | H SC 425I◆ ? | Human Sexuality | | | | |
| 3 | | GERN 400I◆ ? or HDEV 357I? | Perspectives on Gerontology Human Development: Adulthood - Aging | | | | |
| 3 | | FCS 132 | Introductory Nutrition | | | | |
| 3 | | FCS 312I | Family & Personal Development | | | | |
| 3 | | FCS 411 | Individual Child Study & Guidance | | | | |
| 3 | | FCS 311 or FCS 314 | Prenatal Development & Infancy The Older Child | | | | |
| 3 | | FCS 412 | Family Interaction | | | | |
| 3 | | FCS 402 or SOC 423 | Child and Family Law Child Abuse & Prevention | | | | |
| 3 | | FCS 492B | Internship in Certified Family Life Educator | | | | |

Family and Consumer Sciences Core Requirements

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|---|--|----------|----------------------------------|--|--|--|--|
| 1 | | FCS 299 | Themes & Issues in FCS | | | | |
| 3 | | FCS 321◆ | Family & Consumer Resource Mgmt. | | | | |
| 2 | | FCS 499 | Perspectives in FCS | | | | |

Advising Sessions:

Advisor: _____ Date: _____ Advisor: _____ Date: _____
 Advisor: _____ Date: _____ Advisor: _____ Date: _____
 Advisor: _____ Date: _____ Advisor: _____ Date: _____
 Advisor: _____ Date: _____ Advisor: _____ Date: _____

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|------------------|-------------|---------------|-------------|--------------|------------------------|---------------|----------------------|
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15 Units of Additional Course Requirements (Must be taken to obtain CFLE certification.)

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|---|--|------------|---|--|--|--|--|
| 3 | | FCS 319♦ ? | Family Stress & Coping | | | | |
| 3 | | FCS 410 | International Families: Families in Cross-cultural Perspectives | | | | |
| 3 | | FCS 413 | Child & Family in the Community | | | | |
| 3 | | FCS 418 | Parent Education | | | | |
| 3 | | FCS 419 | Family Life Education | | | | |

Approved Electives for Professional Enhancement (9 units chosen in consultation with an advisor)

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Recommended Electives Include:

ANTH 315 Human Variation
 ANTH 323 Peoples of Mexico & Central Amer.
 ANTH 329 Cultural Diversity in California
 ASAM 200 Asian Amer. Inter-ethnic Relations
 ASAM 290 Special Topics in Asian Amer. Studies
 ASAM 346 Asian Americans & the Law
 B/ST 325 Psychology of Minorities
 COMM 330 Intercultural Communication
 COMM 335 Persuasive Speaking
 COMM 358 Speech Arts for Children
 COMM 439 Communication & Popular Culture
 EDP 301 Child Development & Learning:
 A Cross-cultural Perspective
 EDP 350 Education of Exceptional Individuals
 EDP 360I Life and Career Decisions
 EDP 431 Cultural & Linguistic Diversity
 in Schools
 GERN 400I Perspectives on Gerontology

HDEV 307I Human Development:
 Childhood – Adolescence
 HDEV 320 Research Methods in
 Human Development
 HSC 427 Drugs & Health
 NRSG 48II Parenting
 OCST 457 Working Around the World
 PHIL 330 Philosophy of Religion
 PSY 200 Research Methods
 PSY 315 Principles of Psych. Testing
 PSY 333 Psychology of Learning
 PSY 350I Psychology & Contemp.
 Social Issues
 PSY 352 Psychology & Male Roles
 PSY 354 Psychology of Women
 PSY 365 Psychology of Adult
 Development & Aging

PSY 366/FCS 358 Fathers & Fathering
 PSY 370 Abnormal Psychology
 SW 330 Human Behavior and Social Environment: Birth
 Through Adolescence
 SW 331 Human Behavior & Social Environ.
 Young Adulthood – Old Age
 SW 350 Social Policy: Law & Court Decisions
 SW 351 Social Policy: Formation & Analysis
 SW 480 Social Work with Families & Children
 SOC 250 Elementary Statistics
 SOC 325 Sociology of Women
 SOC 335I Social Psychology
 SOC 345 Juvenile Delinquency
 SOC 423 Child Abuse & Prevention
 SOC 464 Aging & Society
 W/ST 102 Women in Contemporary Society
 W/ST 308 Women & the Law
 W/ST 420 Mothers & Daughters

Additional Requirements for Certification in Family Life Education

After completion of the recommended coursework, provisional certification may be obtained from the National Council on Family Relations. Two years of practical work experience in the field of family life education is needed before the student can apply to the National Council on Family Relations for full certification as a family life educator.

It is recommended that students who are interested in careers in Child Development take FCS 211, 214 and 414 or 415 as their 9 units of approved electives.

Additional Information

1. Use this worksheet as a guide to plan your academic schedule and refer to the 2003-2004 CSULB *Catalog* for further details.
2. Some 100 and 200 level courses may be taken at a community college. Check the articulation agreements distributed in FCS 299 and meet with an advisor for verification of substitute courses.
3. Some of the courses required in this degree option may also satisfy General Education requirements. Refer to the 2003-2004 CSULB *Catalog* for G.E. requirements.
4. Students should see a program advisor for more information and for a Program Planner (which is completed one year before graduation).

“C” or Better Requirement:

Child Development and Family Studies students must complete all option courses with a grade of “C” or better.

Minimum Units for the Degree:

BA: 120 total units, 40 upper division units, 51 general education units, 40 total FCS units, 24 upper division FCS units. The Writing Proficiency Examination must be taken by the 1st semester of the junior year and passed prior to the graduation date.

? = GE Capstone Course; ♦ = GE Human Diversity Course; ● = GE Global Issues Course