

FAMILY LIFE EDUCATION OPTION WORKSHEET
 CALIFORNIA STATE UNIVERSITY, LONG BEACH
 BACHELOR OF ARTS IN FAMILY AND CONSUMER SCIENCES
 Code: FCS_BA12
 Catalog Year: 2009-2010

Student: _____ Anticipated Graduation Date: _____
 Student ID Number: _____
 Last First Maiden/Middle

Address: _____ Telephone No.: _____
 No. Street Apt. No. Email Address: _____

City State ZIP Advisor: _____

Date Entered CSULB: _____ Standing: _____

Transfer From: 1) _____ 2) _____ 3) _____ 4) _____

CSULB Unit Value	CSULB Grade	Course Number	Course Name	Need to Take	Transfer or Substitute	Transfer From	Transfer Units/Grade
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Major Requirements

4		BIOL 205 or	Human Biology				
4		BIOL 207	Human Physiology				
3		HDEV 357I▲ or GERN 400I◆▲	Approaches to Adulthood through Aging Perspectives on Gerontology				
3		H SC 425I◆▲	Human Sexuality & Sex Education				
3		NUTR 132	Introductory Nutrition				
3		PSY 100	General Psychology				
3		SOC 100 or ANTH 120●	Principles of Sociology Introduction to Cultural Anthropology				
3		CDFS 111	Preschool Child				
3		CDFS 311 or CDFS 314	Prenatal Development & Infancy The Older Child				
3		CDFS 312I▲	Family & Personal Development				
3		CDFS 319I◆▲	Family Stress & Coping				
3		CDFS 402 or SOC 423	Child and Family Law Child Abuse & Prevention				
3		CDFS 410	International Families: Families in Cross-cultural Perspectives				
3		CDFS 411	Individual Child Study & Guidance				
3		CDFS 412	Family Interaction				
3		CDFS 413	Child & Family in the Community				
3		CDFS 418	Parent Education				
3		CDFS 419	Family Life Education				
3		CDFS 492B	Internship in Family Life Education				

Advising Sessions:

Advisor: _____ Date: _____ Advisor: _____ Date: _____
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Family and Consumer Sciences Core Requirements

3		CAFF 321I◆▲	Family & Consumer Resource Mgmt.				
1		FCSE 299	Introduction to FCS				
2		FCSE 499	Professionalism and Leadership in FCS				

Approved Electives for Professional Enhancement (9 units chosen in consultation with an advisor)

Recommended Electives Include:

CAFF 223 Personal and Family Financial Management	HDEV 357I Approaches to Adulthood Through Aging	PSY 366/CDFS 358 Fathers & Fathering: A Psychosocial View
CAFF 322 Family Housing and the Urban Community	HFHM 173 Applied Foodservice Sanitation	PSY 475/575 Clinical Interviewing
EDSP 350 Education of Exceptional Individuals	H SC 425I Human Sexuality & Sex Education	REC 220 Universality of Play
EDSP 355 Collaborative Models of Inclusive Educ.: Partnerships and Strategies for Teaching All Students	H SC 427 Drugs & Health	REC 322 Recreational Sports Supervision
ENGL 481 Children's Literature	MATH 108 Statistics for Everyday Life	SOC 250 Elementary Statistics
ENGL 482 Literature for Adolescents	MUS 385 Children's Music	SOC 325 Sociology of Women
FMD 251 Professional and Personal Apparel Selection	NRSF 481I Parenting	SOC 335I Social Psychology
GERN 400I Perspectives on Gerontology	NUTR 433 Nutrition in the Life Cycle	SOC 345 Juvenile Delinquency
HDEV 250 Elementary Statistics in Social and Behavioral Sciences	PROF 457I Working Around the World	SOC 423 Child Abuse & Prevention
HDEV 307I Approaches to Childhood Through Adolescence	PSY 110 Introductory Statistics	SOC 464 Aging and Society
HDEV 320 Research Methods in Human Devel.	PSY 200 Research Methods	SW 331 Human Behavior & Social Environ. Young Adulthood Through Old Age
HDEV 340 Families and Work: Life Course Processes	PSY 310 Intermediate Statistics	SW 350 Social Policy : Law & Court Decisions
	PSY 314 Psychological Assessment	SW 351 Social Policy : Formation & Analysis
	PSY 333 Psychology of Learning	SW 423 Child Abuse and Prevention
	PSY 342 Psychopharmacology	SW 480 Social Work with Families & Children
	PSY 350I Psychology & Contemp. Social Issues	WGSS 102 Women in Contemporary Society
	PSY 352 Psychology of Male Roles	WGSS 420 Mothers & Daughters
	PSY 354 Psychology of Women	
	PSY 365 Psychology of Adult Devel. & Aging	

Additional Requirements for Certification in Family Life Education

After completion of the recommended coursework, provisional certification may be obtained from the National Council on Family Relations. Two years of practical work experience in the field of family life education is needed before the student can apply to the National Council on Family Relations for full certification as a family life educator.

It is recommended that students who are interested in careers in Child Development take CDFS 211, 214 and 414 or 215 and 415 as their 9 units of approved electives.

Additional Information

1. This worksheet is an aid to planning your program of study; however, you also should check your plans against the 2009-2010 CSULB *Catalog* which is the authoritative source for guidelines.
2. Some 100 and 200 level courses may be taken at a community college. Check the articulation agreements posted on www.assist.org and meet with an advisor for verification of transfer equivalent and substitute courses.
3. Some of the courses required in this degree option may also satisfy General Education requirements. Refer to the 2009-2010 CSULB *Catalog* for G.E. requirements.
4. Students should see a program advisor for more information and for a Program Planner (which is completed one year before graduation).

"C" or Better Requirement:

Child Development and Family Studies students must complete all option courses with a grade of "C" or better.

Minimum Units for the Degree:

BA: 120 total units, 40 upper division units, 48 general education units, 40 units in the major, 24 upper division units in the major. Students also must pass the Graduation Writing Assessment Requirement (GWAR). At present, there are two main routes to meeting this requirement. First, the Writing Proficiency Examination must be taken by the 1st semester of the junior year and passed prior to the graduation date. Second, there are specific writing-intensive classes approved to meet the requirement. Refer to the GWAR website for further information (<http://www.csulb.edu/divisions/aa/gwar/>).

▲ = GE Capstone Course; ◆ = GE Human Diversity Course; ● = GE Global Issues Course