

CHILD DEVELOPMENT AND FAMILY STUDIES OPTION WORKSHEET  
 CALIFORNIA STATE UNIVERSITY, LONG BEACH  
 BACHELOR OF ARTS IN FAMILY AND CONSUMER SCIENCES  
 Code: FCS\_BA01  
 Catalog Year: 2008-2009

Student: \_\_\_\_\_ Anticipated Graduation Date: \_\_\_\_\_  
 Last First Maiden/Middle Student ID Number: \_\_\_\_\_

Address: \_\_\_\_\_ Telephone No.: \_\_\_\_\_  
 No. Street Apt. No. Email Address \_\_\_\_\_

City State ZIP Advisor: \_\_\_\_\_

Date Entered CSULB: \_\_\_\_\_ Standing: \_\_\_\_\_

Transfer From: 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_ 4) \_\_\_\_\_

CSULB Unit Value	CSULB Grade	Course Number	Course Name	Need to Take	Transfer or Substitute	Transfer From	Transfer Units/Grade
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**Major Requirements**

4		BIOL 205 or	Human Biology				
4		BIOL 207 or	Human Physiology				
4		BIOL 208	Human Anatomy				
3		NUTR 132	Introductory Nutrition				
3		PSY 100	General Psychology				
3		SOC 100 or ANTH 120●	Principles of Sociology Introduction to Cultural Anthropology				
3		CDFS 111	Preschool Child				
3		CDFS 211	Guiding Young Children				
6 (3+3)		CDFS 214 + CDFS 414 or CDFS 215 + CDFS 415	Environments for Preschool Children Fieldwork with Preschool Children Environments for Infants and Toddlers Fieldwork with Infants and Toddlers				
3		CDFS 312I▲	Family and Personal Development				
3		CDFS 311 or CDFS 314	Prenatal Development & Infancy The Older Child				
3		CDFS 411	Individual Child Study & Guidance				
3		CDFS 413	Child and Family in the Community				
3		CDFS 492A or FCSE 497 or alternative	Internship in Child Development and Family Studies Directed Studies (can choose second semester fieldwork)				

**Family and Consumer Sciences Core Requirements**

3		CAFF 321I◆▲	Family and Consumer Resource Mgmt.				
1		FCSE 299	Introduction to FCS				
2		FCSE 499	Professionalism and Leadership in FCS				

Advising Sessions:

Advisor: \_\_\_\_\_ Date: \_\_\_\_\_ Advisor: \_\_\_\_\_ Date: \_\_\_\_\_  
 Advisor: \_\_\_\_\_ Date: \_\_\_\_\_ Advisor: \_\_\_\_\_ Date: \_\_\_\_\_

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**Select 15 Units From the Following Courses or From CDFS Courses Not Taken Above**

3		CDFS 319I♦▲	Family Stress and Coping				
3		CDFS 402	Child and Family Law				
3		CDFS 409	Language, Learning and the Developing Child: A Cross-Cultural Perspective				
3		CDFS 410	International Families: Families in Cross-Cultural Perspectives				
3		CDFS 412	Family Interaction				
3		CDFS 416A	Intro. to Administration and Supervision of Child Development Programs				
3		CDFS 416B	Applications of Admin. & Supervision of Child Development Programs				
3		CDFS 417	Premarital Intervention				
3		CDFS 418	Parent Education				
3		CDFS 419	Family Life Education				
2		FCSE 387	Electronic Portfolio Dev. for FCS Professionals				

**Approved Electives For Professional Enhancement (9 units chosen in consultation with an advisor)**


**Recommended Electives Include:**

CAFF 223 Personal and Family Financial Management	HFHM 173 Applied Foodservice Sanitation	PSY 366/CDFS 358 Fathers & Fathering: A Psychosocial View
CAFF 322 Family Housing and the Urban Community	H SC 425I Human Sexuality & Sex Education	PSY 370 Abnormal Psychology
ENGL 481 Children's Literature	H SC 427 Drugs & Health	PSY 475/575 Clinical Interviewing
ENGL 482 Literature for Adolescents	MTEd 110 Real Num Sys Elem & Mid Sch Tch	REC 220 Universality of Play
FMD 251 Professional and Personal Apparel Selection	MUS 385 Children's Music	SW 423 Child Abuse and Prevention
GERN 400I Perspectives on Gerontology	NRSg 481I Parenting	SW 350 Social Policy : Law & Court Decisions
HDEV 250 Elementary Statistics in Social and Behavioral Sciences	NUTR 433 Nutrition in the Life Cycle	SW 351 Social Policy : Formation & Analysis
HDEV 307I Approaches to Childhood Through Adolescence	PROF 457I Working Around the World	SW 331 Human Behavior & Social Environ. Young Adulthood Through Old Age
HDEV 320 Research Methods in Human Dev.	PSY 110 Introductory Statistics	SW 480 Social Work with Families & Children
HDEV 340 Families and Work: Life Course Processes	PSY 200 Research Methods	SOC 250 Elementary Statistics
HDEV 357I Approaches to Adulthood Through Aging	PSY 310 Intermediate Statistics	SOC 325 Sociology of Women
	PSY 314 Psychological Assessment	SOC 335I Social Psychology
	PSY 333 Psychology of Learning	SOC 345 Juvenile Delinquency
	PSY 342 Psychopharmacology	SOC 423 Child Abuse & Prevention
	PSY 350I Psychology & Contemp. Social Issues	SOC 464 Aging and Society
	PSY 352 Psychology of Male Roles	W/ST 102 Women in Contemporary Society
	PSY 354 Psychology of Women	W/ST 420 Mothers & Daughters
	PSY 365 Psychology of Adult Dev. & Aging	

**Additional Information**

1. This worksheet is an aid to planning your program of study; however, you also should check your plans against the 2008-2009 CSULB *Catalog* which is the authoritative source for degree requirements.
2. Some 100 and 200 level courses may be taken at a community college. Check the articulation agreements posted on [www.assist.org](http://www.assist.org) and meet with an advisor for verification of transfer equivalent and substitute courses.
3. Some of the courses required in this degree option may also satisfy General Education requirements. Refer to the 2008-2009 CSULB *Catalog* for G.E. requirements.
4. Students should see a program advisor for more information and for a Program Planner (which is completed one year before graduation).

“C” or Better Requirement:

Child Development and Family Studies students must complete all option courses with a grade of “C” or better.

Minimum Units for the Degree:

BA: 120 total units, 40 upper division units, 48 general education units, 40 units in the major, 24 upper division units in the major. The Writing Proficiency Examination must be taken by the 1<sup>st</sup> semester of the junior year and passed prior to the graduation date.

♦ = GE Human Diversity course; ● = GE Global Issues course; ▲ = GE Capstone Course