

Dance out...

Have you always wanted to learn to dance? Do you desire fun with physical, mental, and social benefits? Want an activity to share with your partner? Would you like to improve your leading in social dancing?

Whatever your motivation, join us in celebrating International Dance Day!

Three <u>FREE</u> one-hour social dance classes

April 11, 18, and 25, 2023 (Sign in: 6:30 pm; class from 7-8 pm)

Leisure World Rec 2 Ballroom Mesa AZ

Proven method with carefully-sequenced and entertaining instruction by Larry Caves (director of ballroom dance program at ASU for 27 years)

After the classes, expect to confidently dance freestyle in 5 rhythms: foxtrot, swing, rumba, waltz, and cha cha!

Couples, singles, and walk-ins welcome



Sponsored by the Shall We Round Dance Club, Leisure World, Mesa, AZ

To register:

Send Name(s), address(es), phone number(s), and email address(es) to: <u>Kaye West, 1483 Leisure World, Mesa, AZ 85206</u>. Call 480-390-1554 for more information.