

BS in Dietetics & Food Administration - *Option in Nutrition & Dietetics*  
Major Requirements Worksheet  
2018-2019 Catalog

Name: \_\_\_\_\_ Student ID: \_\_\_\_\_

Grade	Course Number & Title (units)	Need to Take	Prerequisites†
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**Complete ALL of the following major courses:**

	<b>ONE (1)</b> of the following: <input type="checkbox"/> MATH 113: Precalculus Algebra (3) <b>OR</b> <input type="checkbox"/> MATH 112A: Essential Algebra A (3) <b>AND</b> <input type="checkbox"/> MATH 112B: Essential Algebra B (3)		<b>113:</b> <i>Appropriate math placement</i>  <b>112A:</b> <i>Appropriate math placement or concurrently enrolled in MATH 92</i> <b>112B:</b> <i>a 'C' or better in MATH 112A</i>
	BIOL 207: Human Physiology (4)		<i>GE foundations</i>
	CHEM 111A: General Chemistry (5)		<i>Passing score on Chemistry Placement Exam; either a 'C' or better in MATH 112A, or MATH 112B or higher taken concurrently</i>
	CHEM 448: Fundamentals of Biological Chemistry (3)		<i>a 'C' or better in CHEM 227 or 220B</i>
	CHEM 449: Nutritional Biochemistry Laboratory (1)		<i>corequisite: CHEM 448</i>
	BIOL 201: General Microbiology for Health Professionals (4)		<i>GE foundations; a 'C' or better in CHEM 111A or 140</i>
	SOC 335: Social Psychology (3)		<i>GE foundations; junior standing</i>
	CAFF 321: Family & Consumer Resource Management (3)		<i>GE foundations; junior standing</i>
	FCS 299: Introduction to Family & Consumer Sciences (1)		<i>none</i>
	FCS 499: Professionalism & Leadership in Family & Consumer Sciences (1)		<i>FCS 299; CAFF 321; 12 units of upper division in FCS; should be taken in one of the last two semesters prior to graduation</i>
	NUTR 132: Introductory Nutrition (3)		<i>corequisite: one GE foundation course</i>
	NUTR 331: Nutrition through the Life Cycle (3)		<i>BIOL 207; NUTR 132</i>
	NUTR 335: Nutrition Assessment (2)		<i>NUTR 331</i>
	NUTR 336: Social & Cultural Aspects of Food & Health (3)		<i>NUTR 132; SOC 335</i>
	NUTR 337: Introduction to Nutrition Research Methods (1)		<i>NUTR 331</i>
	NUTR 436: Advanced Nutrition (3)		<i>NUTR 331; CHEM 448</i>
	NUTR 438A: Medical Nutrition Therapy I (3)		<i>NUTR 335, 436</i>
	<b>ONE (1)</b> of the following <input type="checkbox"/> BIOL 260: Biostatistics (3) <input type="checkbox"/> EDP 419: Educational Statistics (3) <input type="checkbox"/> HDEV 190: Elementary Statistics in Social & Behavioral Sciences (4) <input type="checkbox"/> PSY 110: Introductory Statistics (4) <input type="checkbox"/> SOC 170: Elementary Statistics (4) <input type="checkbox"/> STAT 108: Statistics for Everyday Life (3) <input type="checkbox"/> STAT 118: Introductory Business Statistics (3)		<b>260:</b> <i>BIOL 201 or BIOL 207 or 211 or MICR 200; a 'C' or better in MATH 111 or 113 or 119A or 122</i> <b>419:</b> <i>GE math course</i> <b>190:</b> <i>Appropriate math placement</i> <b>110:</b> <i>Appropriate math placement</i> <b>170:</b> <i>Appropriate math placement</i> <b>108:</b> <i>Appropriate math placement</i> <b>118:</b> <i>Appropriate math placement</i>

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**Choose & complete ONE Concentration**

**Dietetics Concentration**

**Complete ALL of the following courses:**

	CHEM 227: Fundamentals of Organic Chemistry (3)		a 'C' or better in CHEM 111A
	FSCI 232: Food Science (3)		HFHM 176
	HFHM 176: Fundamentals of Food Preparation (3)		none
	HFHM 343: Food Production Systems for Nutrition & Dietetics Professionals (3)		NUTR 132; HFHM 176
	HFHM 345: Food Service Operations for Nutrition & Dietetics Professionals (2)		HFHM 343; California Food Handler Card (must be valid for at least one year)
	HFHM 447: Foodservice Administration for Nutrition & Dietetics Professionals (3)		HFHM 343
	NUTR 234: Orientation to Nutrition & Dietetics (1)		Declared Nutrition & Dietetics majors only
	NUTR 437: Nutrition Education & Counseling (3)		NUTR 335, 436
	NUTR 438B: Medical Nutrition Therapy II (3)		NUTR 438A
	NUTR 461: Community Nutrition (3)		NUTR 331, 336
	NUTR 498A: Senior Seminar for Dietetics I (1)		NUTR 436
	NUTR 498B: Senior Seminar for Dietetics II (1)		NUTR 498A

†Prerequisites are subject to change; consult the University Catalog ([www.csulb.edu/catalog](http://www.csulb.edu/catalog)) for the most recent updates

✓To obtain your California Food Handler Card, go to [www.foodhandlerusa.com](http://www.foodhandlerusa.com)

✓To become a Registered Dietitian (RD) the Academy of Nutrition & Dietetics (AND) requires a 'C' or better in all courses

✓The Dietetics concentration requires 3-5 semesters of Chemistry (4-5 courses)

✓Total units required for NUTR option, Dietetics Concentration: 78-82

**Nutritional Science Concentration**

**Complete ALL of the following courses:**

	BIOL 208: Human Anatomy (4)		a 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140, DANC 261, or MICR 200
	CHEM 111B: General Chemistry (5)		a 'C' or better in CHEM 111A, and in MATH 12B or higher
	CHEM 220A: Organic Chemistry I (3)		a 'C' or better in CHEM 111B corequisite: CHEM 223A
	CHEM 223A: Organic Chemistry Laboratory I (1)		corequisite: CHEM 220A
	CHEM 220B: Organic Chemistry II (3)		a 'C' or better in CHEM 220A corequisite: CHEM 223B
	CHEM 223B: Organic Chemistry Laboratory II (1)		a 'C' or better in CHEM 220A, 223A corequisite: CHEM 220B

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✓The Nutritional Science concentration requires 5-6 semesters of Chemistry (8-9 courses)

✓Completion of this concentration does not meet the minimum upper division units required to graduate; additional upper division electives may be needed

✓Total units required for NUTR option, Nutritional Science Concentration: 66-70