



LONG BEACH STATE UNIVERSITY
**CENTER FOR LATINO
COMMUNITY HEALTH**
EVALUATION & LEADERSHIP TRAINING

2019 - 2020 Annual Report

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About Us

The CSULB Center for Latino Community Health, Evaluation, and Leadership Training is a partnership between UnidosUS (formerly known as the National Council of La Raza [NCLR]) and California State University, Long Beach (CSULB). The CSULB Center for Latino Community Health, Evaluation, and Leadership Training (hereafter Center) was established in 2005 through a congressional earmark spearheaded by then Congresswoman Hilda Solis. The Center has three pillars of work which are highlighted in our descriptive name.

Community Health

The Center's research and program areas embody the use of community based participatory research methods – an academic model that promotes community empowerment, learning, and participation in society. Our programs empower residents and undergraduate and graduate students to work closely with leading multi-disciplinary academics and professional staff to create culturally relevant strategies that improve the health and health access of Latinos in the United States. Our research promotes faculty excellence through research, prepares students for success, expands the self-efficacy of community members involved in our projects, and creates collaborative partnerships aimed at impacting the delivery and messaging of Latino health through culturally and linguistically appropriate methods. Our research and community programs in wellness, diabetes prevention, obesity prevention, nutrition education, student academic achievement, and advocacy working with *promotores de salud* (community health workers) represent our commitment to engage various audiences in a dialogue that empowers people to take action in creating healthy communities for all.

Evaluation

We provide culturally and linguistically appropriate evaluation services to community-based organizations and health entities such as federally qualified health centers who serve Latinos. These services include research and evaluation design; quantitative and qualitative instrument development; training for data collection staff (in-person or via webinar); technical assistance; data processing and cleaning; data analysis, and report writing. Clients include both local and national organizations. We provide these services at-cost as a public service in support of the CSULB Mission—California State University Long Beach is a diverse, student-centered, globally-engaged public university committed to providing highly-valued undergraduate and graduate educational opportunities through superior teaching, research, creative activity and service for the people of California and the world.

Leadership Training

We are leaders in spearheading initiatives to support CSULB's mandate as a Hispanic Serving Institution (HSI). We were instrumental in helping CSULB to gain its HSI status and have continued to provide exemplary programs such as the HSI-STEM (Hispanic Serving Institutions-Science, Technology, Engineering and Math or *Sosteniendo Tradiciones de Excelencia y Motivación*) and Building Infrastructure Leading to Diversity (BUILD), to add quality to the CSULB degree. We are the institutional home of the Advancing Nutrition Development through Alliances for Leadership & Education (ÁNDALE). We also collaborate with campus partners to strengthen the research capacity of our institutions and future professionals. Finally, we provide workforce training, especially for Community Health Workers.

Mission, Vision, and Values

Our Mission

We improve, promote, and advocate for the health, culture, and well-being of diverse Latino/Hispanic communities.

Our Vision

We strive to improve health, educational, and social equity among the Latino communities with whom we work and serve.

Our Values

- We are driven to action by our community-centered mission.
- We embody an attitude of community service.
- We operate with integrity and inclusiveness.
- We foster leadership and empowerment.
- We value our grass-roots underpinnings.
- We are accountable to the communities we serve.
- We uphold the community-driven missions of UnidosUS and CSULB.
- We acknowledge, appreciate, and celebrate the cultures, resiliency, insights, and contributions of Latino/Hispanic families and communities.



Message from the Center Directors

The 2019-2020 academic year was a time of change, adaptation, and new beginnings for the CSULB Center for Latino Community Health, Evaluation and Leadership Training, as it has been for many of us amid a pandemic. In Fall 2019, the CSULB Latino Center began hosting a series of Brown Bag Research Talks to feature the research of CSULB Latino faculty and other faculty to show how their research on the health of Latino and other racial/ethnic minorities contributes to the campus and surrounding community. We were fortunate to be able to transition most of our research and programming to a virtual setting and were able to continue to mentor and train students through their internships with the CSULB Latino Center. We also focused on our grant writing and manuscript development efforts.

Dr. Mara Bird stepped down as Center Director, after 11 years of service to the CSULB community, to begin an new exciting chapter of her career as a Foreign Service Officer with the Department of State. This change led to Dr. Melawhy Garcia's transition to the sole Director of the Center. She has been working at the Center since its opening in 2005 in various capacities. She worked closely with founding Director, Dr. Britt Rios-Ellis, to transform \$500,000 in seed funding provided by an earmark from the Congressional Hispanic Task Force for Health, to the vibrant, self-sustaining health research center with a team of seasoned bilingual, bicultural professional staff. She aims to continue to submit successful proposals for funding to continue with our research, community service, and student trainings programs to improve the health of Latinos in Long Beach and across the country.

This year the Center celebrated its 15th anniversary, or *quinceañera*, a time measured for human lives as a transition to adulthood in Latino cultures. In so many ways the CSULB Center for Latino Community Health has made its mark already with its work. A forerunner in HIV prevention research among Latinos, we have three culturally-tailored shelf-ready curricula and have published white papers with UnidosUS. We strongly supported the integration of community health workers, *promotores de salud*, as recognized and valued colleagues in supporting health and addressing health disparities. We adapted the model of *promotores* to the educational environment, using a peer-mentorship model for the *Mi Casa Mi Universidad* project, CSULB's first Hispanic-Serving Institution grant. This effective model has since been scaled up vis-à-vis numerous endeavor throughout campus, including our own work through the Hispanic Health Opportunity Learning Alliance, the HSI-STEM *Sí Puedo* project, the *Salud a la Vida* project, and the Long Beach Collaborative to Prevent Childhood Obesity: *Familias Saludables* project, to name a few. Finally, within each of our community-based participatory research endeavors, which comprise the bulk of our daily activities, we support the community wealth and values of the diverse Latino community members. This approach has been the backbone of success in promoting health and health equity. Each of these facets of our work indicate that the Center is ready to take on even greater challenges in the decade ahead.

Central to all the work via the Center for Latino Community Health are the contributions that CSULB students, both graduate and undergraduates, make as they simultaneously strengthen their skills to be rigorously prepared professionals. This year, three of our graduate students were admitted into doctoral programs to continue work in Latino health research. Each year our annual reports list by name each student, which comprise 75% of our team. Similarly, we recognize and appreciate our many community partners, and advisory board members who are national experts. While each is listed individually, a heartfelt *gracias* to all of our Center *familia*. Together we are the strength of our community.



Mara Bird



Melawhy Garcia

Year at a Glance



80 students trained and mentored



\$1,981,784 in external funding



22 student trainings and professional development workshops



3 new grants and contracts



\$106,568 in scholarship funds to students



375 community members served

Programs and Activities

Our programs empower students and communities through our research projects. Undergraduate and graduate students work closely with multi-disciplinary researchers to positively create culturally relevant strategies that improve the health of Latinos in the United States. We strive to ensure that each of our programs has a sustainable and tangible outcome in the community, and that our work promotes positive change in Latino health status and access.



Bienestar
LIVING WELL
WITH DIABETES



LONG BEACH COLLABORATIVE



T-HELP

**AVANZANDO
THROUGH COLLEGE**



Tobacco Prevention and Cessation
among Latinos in Long Beach

UNIDOS US

STRONGER COMMUNITIES. STRONGER AMERICA.

COMPRANDO RICO Y SANO

Long Beach Collaborative to Prevent Childhood Obesity



In collaboration with TCC Family Health (formerly The Childrens Clinic) and the Long Beach Department of Health and Human Services, the LB Collaborative implements a family-centered intervention to reduce the prevalence of Hispanic childhood obesity among children between 5-12 years of age residing in Los Angeles County. The project is in its last year of implementation of the quasi-experimental study. An independent evaluation is led by Dr. Olga Korosteleva of the CSULB Statistical Consulting Group.

During this fiscal year the LB Collaborative implemented the culturally and linguistically tailored intervention and control condition serving 358 community members with the help of Graduate Research Fellows and graduate and undergraduate student interns. CSULB faculty and community change agents also actively served on the advisory board to this project, including Dr. Kristina Lovato (Social Work), Dr. Kelli Walters (Kinesiology) and Dr. Rachel Blaine (Nutrition). Additionally, this project identified resources and gaps relating to social determinants of health in the community and completed an on-line Community Resource Library that is now linked to the TCC Family Health and the Long Beach Department of Health and Human Services websites.

LBC is funded by the Office of Minority Health (OMH) as a national demonstration project. This project has been granted a no cost extension to finalize research activities by March 31, 2020.



LBC staff and children engaging in playtime activities



A family health education session at our partner TCC site

PROJECT ACCOMPLISHMENTS



FAMILIES SERVED

Provided culturally relevant health education and wellness resources to 152 Latino families



REFERRALS

Referred 22 families to address social determinants of health



GRADUATE RESEARCH FELLOWS

Trained and mentored 12 graduate students from Public Health, Health Care Administration, Kinesiology, and Business Administration



EXPERIENTIAL LEARNING

Provided 22 undergraduate and graduate students internships

Long Beach Collaborative Student Contributions



Graduate Research Fellows

- Angelica Durazo, Master of Public Health
- Clarivel Vega, Master of Public Health
- Jacqueline Garay, Master of Public Health
- Maricela Bravo, Master of Public Health
- Patricia Dionicio, Master of Public Health
- Patricia Trinidad, Master of Public Health



Evaluation Team

- Esmeralda Castro, Masters of Science in Kinesiology
- Jesus Gaona, Master of Business Administration
- Lucero Silva, Master of Public Health
- Eduardo Renteria, Bachelor of Science in Mathematics
- Eldy Martinez, Bachelor of Science in Health Science
- Gabriel Rodriguez, Bachelor of Science in Mathematics
- Nicole Morales, Post Bach



Interns

- Alisha Osornio, Master of Arts in Psychology
- Zeinab Jafaar, Master of Public Health
- Ana Ortiz-Jaimes, Bachelor of Science in Health Science
- Alana Bonilla, Bachelor of Science in Health Science
- Brenda Rosales, Bachelor of Science in Health Science
- Carina Alvarado, Bachelor of Science in Health Science
- Caroline Carbajal, Bachelor of Science in Health Science
- Daisy Corona, Bachelor of Science in Health Science
- Daisy Dueñas, Bachelor of Science in Health Science
- Gerson Leon Cruz, Bachelor of Science in Health Science
- Giselle Moreno, Bachelor of Science in Nutritional Science
- Jannira Barrera, Bachelor of Science in Health Science
- Jacqueline Netro Beltran, Kinesiology, University of Pennsylvania
- Jessica Hernandez, Bachelor of Science in Health Science
- Joel Sandoval, Bachelor of Science in Health Science
- Kristal Torres, Bachelor of Science in Health Science
- Marissa Juaregui, Master of Public Health, University of Washington
- Michelle Villalobos, Bachelor of Science in Healthcare Administration
- Monica Orozco, Bachelor of Arts in Sociology
- Paula Duarte, Millikan High School, LB CALL Internship Program
- Penelope Gaibor, Bachelor of Science in Health Science
- Tiara Love, Bachelor of Science in Health Science

Type 2 Diabetes Self-Management Among Latinos



The overall goal of this study is to determine the most urgent factors and effective strategies to improve Type 2 Diabetes self-management among Latino adults receiving services in community clinics in Long Beach.

The research study uses of a mixed-methods approach (quantitative and qualitative) including focus groups and survey data collection. The focus group setting will allow for in-depth discussion of personal experiences with barriers related to diabetes self-management behaviors. Gathering data from survey instruments will allow for analyses of socio-demographics, psychosocial and comorbid chronic conditions that may contribute to poor diabetes control.

Dr. Garcia engages 4-5 students per semester from the Health Science department to assist with research activities. This research is funded by the CSULB College of Health and Human Services.

PROJECT DELIVERABLES



LITERATURE REVIEW

To determine individual, community, and clinic level barriers associated with poor diabetes self-management



PILOT

Develop and test a series of type2 diabetes self-management health education sessions



FORMATIVE RESEARCH

Hold focus groups with Latinos in Long Beach living with or caring for someone with type 2 diabetes



Tobacco Use Prevention and Education for Latinos in Long Beach

The Center is collaborating with the Long Beach Department of Health and Human Services to assist with the research activities and community engagement for the Tobacco Education Program. The Center will provide interpretation services for focus groups, conduct trainings to community members and collaborative partners, conduct presentations to community groups, and assist with the planning and implementation of 1 smoke-free multi-unit housing community forum. In addition the Center, with help of CSULB student interns, will survey tenants to collect data about attitudes, and perceptions regarding exposure to secondhand smoke in multi-unit housing setting, and collect petitions to demonstrate community support for smoke-free housing.

Comprando Rico y Sano



STRONGER COMMUNITIES. STRONGER AMERICA.

The Center provides evaluation of the Comprando Rico y Sano (CRS) project, led by UnidosUS Health in Washington, DC. The purpose of the program is to enhance national food security. We provided the original evaluation plan in 2014 and have continued to partner ever since with 24 - 28 sites yearly.

Our role is to evaluate the successful delivery of a curriculum provided by community health workers/*promotores de salud* that shares nutrition education and SNAP information to vulnerable communities.

Primary funding for this project is to UnidosUS from the Walmart Foundation.



COMPRANDO RICO Y SANO



PROGRAM DELIVERABLES



PROGRAM DEVELOPMENT



DATA ENTRY & MANAGEMENT



PARTICIPANT FOLLOW-UP



REPORT WRITING

Advancing Nutrition Development Through Alliances for Leadership & Education



ÁNDALE is a scholar program intended to promote and support diverse students with mentorship, training, and research experiences that will optimize their success in the food, nutrition and agriculture professional workforce. It includes a summer externship wherein CSULB students go to CSU Monterey Bay and vice-versa to expose students to regional differences, particularly urban/rural.

Dr. Melawhy Garcia is the Principal Investigator and six additional faculty also served as volunteer mentors across five departments: Dr. Cheryl Rock (food science), Dr. Selena Nguyen-Rodriguez (health science), Dr. Kelli Walters (kinesiology), Dr. Mara Bird (health science), Dr. Gino Galvez (psychology) and Dr. Michelle Barrack (nutrition).

Five CSULB students completed the year-long program, two scholars (1 from CSULB and 1 from CSUMB) were accepted and completed "Summer Program in Diabetes and Obesity Research" (SPIDOR) with USC's Diabetes & Obesity Research Institute, and we hosted 3 scholars from CSU Monterey Bay for summer externships.

This research project is funded by the United States Department of Agriculture (USDA), our third grant from USDA since the Center opened.

2019 - 2020 Scholars

- Daisy Dueñas, major: Bachelor of Science in Health Science
- Gerson Leon Cruz, major: Bachelor of Science in Health Science
- Kenny Torres, major: Bachelor of Science in Kinesiology
- Judith Magaña, major: Bachelor of Science in Health Science
- Janet Ortiz, major: Bachelor of Science in Health Science

Scholars and staff in Spring 2020 during our semester All Staff meeting



Avanzando Through College at CSULB Student Leadership Program

AVANZANDO
THROUGH COLLEGE

Funded by UnidosUS, *Avanzando* through College was a learning community to support incoming first-generation to attend college Latino students who were freshmen or first-year transfer students at CSULB. Through a series of workshops, the program helped students navigate the higher education system at CSULB and provided skill-building for educational success to save time and money. The program required a one-year commitment. Students received a scholarship for participation and planned to provide a *Salud es Cultura* (Culture of Health) wellness event for the campus community. Unfortunately the event had to be cancelled due to the pandemic.

▼ Avanzando Student Participants

1. Alondra Alvarez
2. Eduardo Hernandez
3. Adriana Ochoa
4. Silvia Rosales
5. Keilyn Gonzalez
6. Cielo Hernandez
7. Erika Cruz Hernandez
8. Eduardo Garza Ruiz
9. Angelica Hernandez
10. Alberto Diaz
11. Lessly Ramirez
12. Emily Marin
13. Naveene Raya
14. Richard Casillas
15. Maria Frazier
16. Alondra Murillo
17. Veronica Gomez
18. Anna Karla Moreno
19. Sarah Alvarado Jimenez
20. Santiago Lozano
21. Oscar Brown-Velasquez
22. Maria Mireles
23. Viridiana Cabrera
24. Jose Roldan
25. Carlos Ortega
26. Wendy Heredia
27. Teresa Flores
28. Marlene Garcia
29. Alan Huitron
30. Kelly Ortiz
31. Adriana Ochoa
32. Alondra Murillo
33. Alondra Lopez
34. Janxim Galdamez
35. Ruby Aguayo
36. Estafany Araujo Gallardo
37. Rosario Barbosa Barboza



Telehealth Education & Learning in Psychiatry (T-HELP)



T-HELP is a pilot clinical training program designed to train psychiatric mental health nurse practitioner (PMHNP) students at CSULB to effectively use telehealth technology to reach underserved individuals with mental health needs in community settings.

PMHNP students facilitate 8-week wellness groups in various community sites, including CSULB and provide individuals with culturally appropriate cognitive behavioral therapy (CBT) on various topics aimed to increase coping skills and resilience. All sessions are facilitated under the supervision of board certified psychiatric mental health nurse practitioners. The findings from this pilot program will inform best practices for utilization of telehealth technology for mental health services by PMHNPs, as well as up-date the CSULB graduate program nursing curriculum in alignment with changing workplace realities.

This project is funded by the Office of Statewide Health Planning and Development and led by Drs. Christine Costa and Cathy Deckers of the School of Nursing at CSULB, in addition to Center staff.

PROJECT DELIVERABLES



STUDENT TRAINING

Cross-cultural, unconscious bias, and telehealth training for 21 CSULB PMHNP students



COMMUNITY SERVICE

Provide culturally relevant 8-week wellness groups to the community via live and telehealth methods

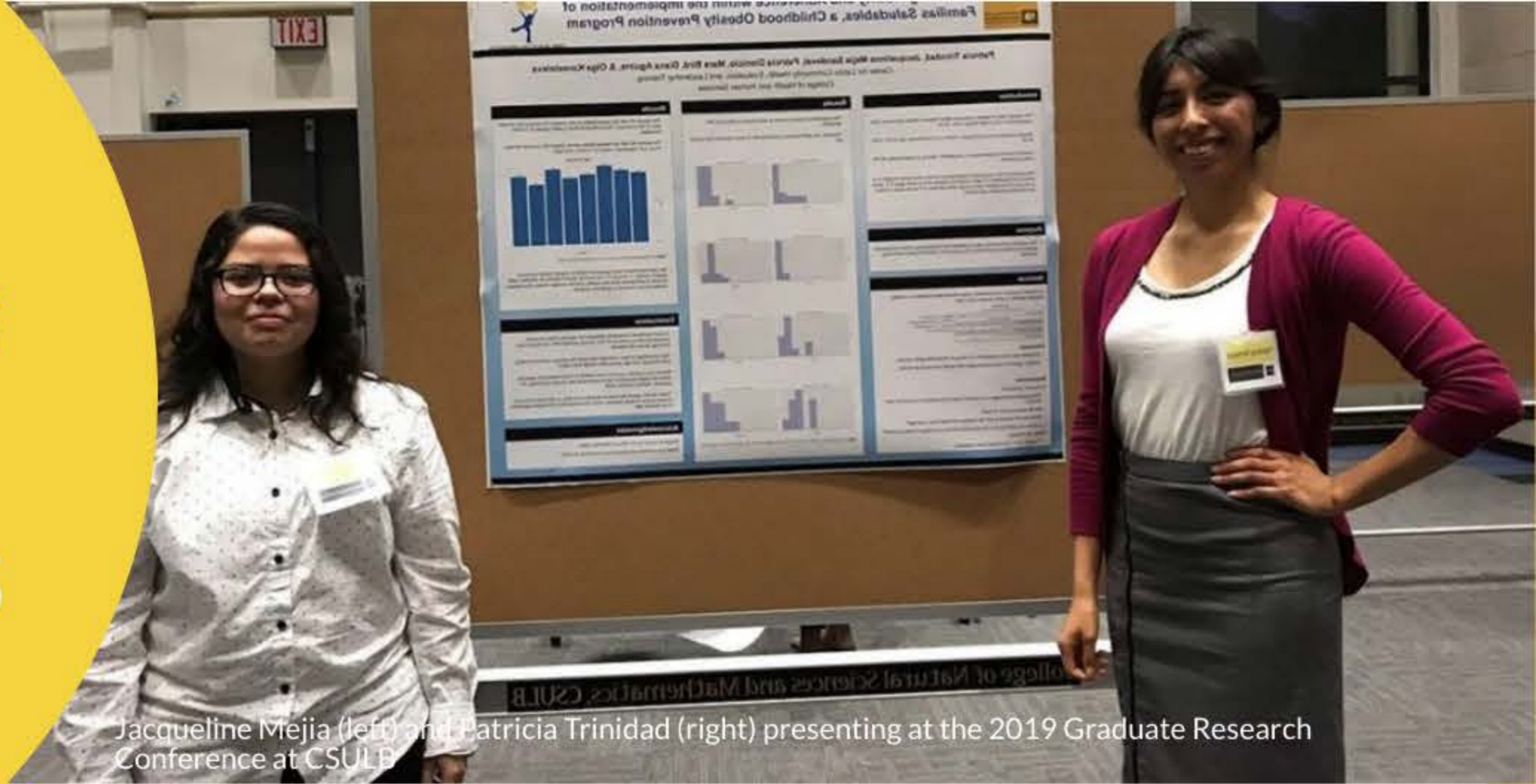


PSYCHIATRIC TELEHEALTH

Assess mental health needs that can be addressed via telehealth among young, Latino community members



Conferences & Publications



Jacqueline Mejia (left) and Patricia Trinidad (right) presenting at the 2019 Graduate Research Conference at CSULB.

Abstracts & Presentations

Aguirre, D., Bird, M., & Bravo, M. (2020). Cultural tailoring of Familias Saludables: a Latino family-based, behavioral childhood obesity prevention curriculum. 2020 Society of Behavioral Medicine, San Francisco, CA. Abstract and Poster Presentation.

Bird, M., Aguirre, D., Korosteleva, O., Nicholas, E., & Garcia, M. L. (2019). Familias Saludables - A family-based approach to childhood obesity prevention: Lessons from the field. Society of Behavioral Medicine, 2020, San Francisco, CA. Abstract accepted for oral presentation.

Dionicio, P., Villa, M., Trinidad, P., **Bird, M., Aguirre, D., & Korosteleva, O.** (2019). Evaluation of a childhood obesity prevention program: Using the RE-AIM Framework to assess satisfaction with the Long Beach Collaborative curriculum. 2019 Graduate Research Conference, California State University, Long Beach, Long Beach, CA. Abstract and Poster Presentation.

Figueroa, W., Ortiz, J., & **Garcia, M.** (2019). Factors contributing to uncontrolled diabetes among Hispanic/Latino Adults in Long Beach. 2019 Graduate Research Conference, California State University, Long Beach, Long Beach CA. Abstract and Poster Presentation.

Pompano, L., Gallo, L. C., Castaneda, S. F., **Garcia, M.,** Munoz, F., Martinez-Mendoza, P., & Talavera, G. (2019). Factors predicting adherence to an integrative model of care intervention in Hispanic/Latino patients with Type II Diabetes. Nutrition 2019 Conference, American Society for Nutrition, Baltimore, MD., Abstract and Poster Presentation.

Trinidad, P., Mejia, J., Dionicio, P., **Bird, M., Aguirre, D., & Korosteleva, O.** (2019). Assessing fidelity and adherence within the implementation of Familias Saludables, a childhood obesity prevention program. 2019 Graduate Research Conference, California State University, Long Beach, Long Beach, CA. Abstract and Poster Presentation.

Publications

Garcia, M. L., Crespo, N., Behar, A. I. Talavera, G. A., Campbell, N., Shadron, L., & Elder, J. P. (2020). Examining Hispanic/Latino mothers' perceptions of their child's weight: Comparison of silhouette and categorical survey methods. *Childhood Obesity*, 16(1), 44-52. <https://doi.org/10.1089/chi.2019.0015>

Goebel, J., **Bird, M., & Martinez, I.** (2020). Empowering the Latino community related to palliative care and chronic disease management through promotores de salud (community health workers). *Journal of Palliative Medicine*. <https://doi.org/10.1089/jpm.2020.0332>

Perreira, K. M., Abreu, M., Youngblood, M. E., Alvarado, C., Cobo, N., Crespo-Figueroa, M., **Garcia, M. L.,** Giachello, A. L., Pattany, M. S., Talavera, A. C., & Talavera, G. A. (2020). Retaining Hispanics: Lessons from the Hispanic Community Health Study / Study of Latinos (HCHS/SOL). *American Journal of Epidemiology*, 189(6), 518-531. <https://doi.org/10.1093/aje/kwaa003>

COLLABORATIVE

IMPACT

Graduate Students (12)

- Angelica Durazo, Master of Public Health
- Clarivel Vega, Master of Public Health
- Jacqueline Garay, Master of Public Health
- Maricela Bravo, Master of Public Health
- Patricia Dionicio, Master of Public Health
- Patricia Trinidad, Master of Public Health
- Esmeralda Castro, Masters of Science in Kinesiology
- Jesus Gaona, Master of Business Administration
- Lucero Silva, Master of Public Health
- Alisha Osornio, Master of Arts in Psychology
- Zeinab Jafaar, Master of Public Health
- Wilma Figueroa, Master of Public Health



Undergraduate Students (26)

- Andrea Luna, Bachelor of Science in Health Science
- Ana Ortiz-Jaimes, Bachelor of Science in Health Science
- Alana Bonilla, Bachelor of Science in Health Science
- Bobby Sanchez, Bachelor of Science in Health Science
- Brenda Rosales, Bachelor of Science in Health Science
- Carina Alvarado, Bachelor of Science in Health Science
- Caroline Carbajal, Bachelor of Science in Health Science
- Daisy Corona, Bachelor of Science in Health Science
- Daisy Dueñas, Bachelor of Science in Health Science
- Eduardo Renteria, Bachelor of Science in Mathematics
- Eldy Martinez, Bachelor of Science in Health Science
- Gabriel Rodriguez, Bachelor of Science in Mathematics
- Gerson Leon Cruz, Bachelor of Science in Health Science
- Giselle Moreno, Bachelor of Science in Nutritional Science
- Janet Ortiz, Bachelor of Science in Health Science
- Jannira Barrera, Bachelor of Science in Health Science
- Jessica Hernandez, Bachelor of Science in Health Science
- Joel Sandoval, Bachelor of Science in Health Science
- Judith Magaña, Bachelor of Science in Health Science
- Kenny Torres, Bachelor of Science in Kinesiology
- Kristal Torres, Bachelor of Science in Health Science
- Michelle Villalobos, Bachelor of Science in Healthcare Administration
- Monica Orozco, Bachelor of Arts in Sociology
- Penelope Gaibor, Bachelor of Science in Health Science
- Tiara Love, Bachelor of Science in Health Science

External Students (5)

- Nicole Morales, BA, Bachelor of Science in Biological Sciences, Long Beach City College
- Jacqueline Netro Beltran, Kinesiology, University of Pennsylvania
- Marissa Juaregui, Master of Public Health, University of Washington, YHEMOP
- Noah Ferrel, Mathematics, Chapman University
- Paula Duarte, Millikan High School, LB CALL Internship Program
- Blanca Villasenor, Bachelor of Public Health, California State University Fullerton

COLLABORATIVE IMPACT

College of Health and Human Services

1. Dr. Michelle Barrack, *ÁNDALE* mentor

Associate Professor, Department of Family and Consumer Sciences

2. Dr. Christine Costa, PI/Telehealth Training for PMHNP (T-HELP)

Assistant Professor, School of Nursing

3. Dr. Jackie Dawson, Grant Writing Efforts

Assistant Professor, Department of Physical Therapy

4. Dr. Cathy Deckers, Co-I/ Telehealth Training for PMHNP (T-HELP)

Assistant Professor, School of Nursing

5. Dr. Gail C. Frank, Manuscript development Professor, Department of Family and Consumer Sciences

6. Dr. Joy Goebel, PI/Palliative Care, Grant writing efforts

Associate Professor, School of Nursing

7. Dr. Virginia Gray, Grant writing efforts

Associate Professor, Department of Family and Consumer Sciences

8. Dr. Kristina Lovato, Grant writing efforts, Long Beach Collaborative Advisory Board

Assistant Professor, School of Social Work

9. Dr. Iveris L. Martinez, Grant writing efforts

Archstone Foundation Endowed Chair in Gerontology, Director of the Center for Successful Aging

10. Dr. Selena Nguyen-Rodriguez, *ÁNDALE* mentor, Grant writing efforts

Associate Professor, Department of Health Science

11. Dr. Cheryl Rock, *ÁNDALE* mentor

Assistant Professor, Department of Family and Consumer Sciences

12. Dr. Michelle Taylor, Grant writing efforts

Assistant Professor, Department of Family and Consumer Sciences

13. Dr. Kellie Walters, *ÁNDALE* mentor, Long Beach Collaborative Advisory Board

Assistant Professor, Department of Kinesiology, Co-Director of the LBSU FITLAB



COLLABORATIVE IMPACT

College of Liberal Arts

1. Dr. Gino Galvez, *ÁNDALE* mentor, Grant writing efforts

Assistant Professor, Department of Psychology

2. Dr. Guido Urizar, BUILD PI, Grant writing efforts

Professor, Department of Psychology



College of Natural Sciences and Mathematics

1. Dr. Olga Korosteleva, Evaluator/Long Beach

Collaborative, Grant writing efforts

Faculty Director, CSULB Statistical Consulting Group

Professor, Department of Mathematics and Statistics

Off Campus Partners

- Cypress Hills Local Development Corporation
- Hispanic Center of Western Michigan
- *La Maestra* Community Health Centers (LMCHC)
- Hispanic Services Council (HSC)
- *Clínica Monseñor Oscar A. Romero*
- Latino Network
- Brighton Park Neighborhood Council
- The Mind is a Muscle
- Latino Alzheimer's and Memory Disorders Alliance (LAMBDA)
- Mexican American Unity Council, Inc. (MAUC)
- *El Centro de Servicios Sociales, Inc.*
- CETPA, Inc.
- Hispanic Unity of Florida, Inc. (HUF)
- *El Centro Inc.*
- TCC Family Health (formerly The Children's Clinic)
- Mexican Coalition for the Empowerment of Youth and Families, Inc.
- Long Beach Alliance for Food and Fitness (LBAFF)
- Building Skills Partnership
- CSU Institute for Palliative Care
- The *Concilio*
- Erie Neighborhood House
- Patricia Barreto, MD
- *Familias en Acción*
- Norma Molina
- Association for the Advancement of Mexican Americans (AAMA)
- Latino Community Development Agency (LCDA)
- Good Samaritan Hospital
- UnidosUS
- Coalition of Florida Farmworker Organizations, Inc. (COFFO)
- *La Clínica del Pueblo*
- *Alivio* Medical Center
- Long Beach Department of Health and Human Services
- Harbor Community Clinic
- El Concilio
- LA Care
- Eastmont Community Center
- *Comunidades Unidas*
- City of Paramount
- Starr King Elementary School (LBUSD)
- San Pedro United Methodist Church
- *Asociación Puertorriqueños en Marcha (APM)*
- University of California, Irvine - Institute for Clinical and Translational Science, Community Engagement Unit



COLLABORATIVE IMPACT

Research Brown Bag Talks

The CSULB Center for Latino Community Center began holding Brown Bag Research Talks in Fall 2019. They are monthly every semester and will feature the research of CSULB faculty conducting research on the health of Latino and other racial/ethnic minority communities.

BROWN BAG RESEARCH TALK

LONG BEACH STATE UNIVERSITY
CENTER FOR LATINO COMMUNITY HEALTH
EVALUATION & LEADERSHIP TRAINING



ENFORCED SEPARATIONS:
The Impact of Immigration Enforcement and Deportation of Latinx Families in Los Angeles

Wed. Jan. 29, 2020
12 pm – 1 pm
USU 305

RSVP & MORE INFO

Joaquin Morales
Joaquin.Morales-sa@csulb.edu
(562) 985-5312

RSVP desired for this event.

Details

Dr. Kristina Lovato's research focuses on enhancing child and family well-being for vulnerable and undocumented immigrant families, particularly those subject to immigration and/or child welfare involvement. Her current work examines how Latinx youth cope with family disruption following the deportation of a parent and how schools and social service providers respond to the needs of these immigrant families.
Lunch will be provided.



Dr. Kristina Lovato
Assistant Professor,
CSULB Social Work

Other Opportunities:
www.csulb.edu/centers/latinohealth

Purpose

- Provide a space for faculty, staff, and students interested in joining an informal network to share research, progress on papers, and to get to know others on campus.

Research focus

- Health disparities and other inequities among Latinos and other racial/ethnic minority populations.

Agenda

- Research talk
- Updates on work in progress
- Upcoming events
- Announcements

DATE	TOPIC	PRESENTER
Sep. 17, 2019	Latino Mothers Perceptions of their child's weight	Melawhy Garcia, MPH, PhD
Oct. 15, 2019	Effects of Food Insecurity and Long-Term Utilization of Nutrition Assistance Programs Across the Life Course Among Hispanics/Latinos	Mayra Rascón, MPH
Nov. 8, 2019	Care vs. Caring: Supporting Latino Family Caregivers to Persons with Dementia	Iveris L. Martinez, PhD
Jan. 29, 2020	Enforced Separations: The Impact of Immigration Enforcement and Deportation on Latinx Families in Los Angeles	Kristina Lovato, PhD, MSW

Advisory Board

The Center is fortunate to have the contributions of a very strong external advisory board.

Sara Elena Loaiza
Executive Director, Latino Consultants

Vickie Mays
Professor, UCLA Psychology and Fielding School of Public Health

Jennifer Ng'andu
Senior Program Officer, Robert Wood Johnson Foundation

Kurt Organista
Professor, University of Berkeley School of Social Welfare

Henry Pacheco
Director of Medicine and Public Health, National Hispanic Council on Aging

Britt Rios-Ellis
Dean, College of Health Sciences and Human Services, CSU Monterey Bay

David Rivers
Associate Professor and Director of the Public Information and Community Outreach at the Medical University of South Carolina, Medical University of South Carolina

Richard Zaldivar
Executive Director, The Wall Las Memorias Project

Hector Balcazar
Dean, Charles Drew Medical University

Felipe Castro
Professor and Southwest Borderlands Scholar, Arizona State University

Jorge Daboub
Vice-President of Client Development, Univision

Zoila Escobar
Vice President of Strategic Development and Community Support and President of the AltaMed Foundation, AltaMed Health Services

Cynthia Gomez
Director, San Francisco State University Health Equity Institute

David Hayes-Bautista
Professor of Medicine and Director of the Center for the Study of Latino Health and Culture at the School of Medicine, University of California Los Angeles

Ana Carricchi-Lopez
City Health Officer, Long Beach Department of Health and Humans Services



Center advisory board members and staff after the 2019 Annual CAB meeting

Leadership Team



Mara Bird, PhD

Co-Director, PI

Dr. Bird holds a Bachelor of Arts in Spanish from Kalamazoo College, and a Masters of Art and Doctorate of Philosophy in International Relations from the University of Southern California. Dr. Bird serves as the Co-Principal Investigator /Program Director or Manager for all Center projects. She participates in and oversees all grant writing and manuscript efforts and is responsible for the oversight of center operations including human resources and account management. Dr. Bird also collaborates as the CSULB BUILD Community Outreach Liaison and as a Mentor for the *ÁNDALE Scholars Program*.



Melawhy Garcia-Vega, MPH, PhD

Assistant Professor, Co-Director, PI

Dr. Garcia-Vega holds a Bachelor of Arts in Psychology and a Masters of Public Health from California State University, Long Beach and a Doctorate of Philosophy in Public Health with an emphasis in Health Behavior Research from the University of California, San Diego / San Diego State University (UCSD/SDSU) Joint Doctoral Program. Dr. Garcia is an Assistant Professor in the Department of Health Science at CSULB and a Research Associate at the Center. She serves as the PI for the *ÁNDALE Scholars Program* and for several evaluation projects. She also collaborates in the development and submission of federal and private grant proposals. She also develops manuscripts for publication in peer-reviewed journals, and assists with the development and submission of other written materials. Dr. Garcia regularly works with undergraduate and graduate students on research projects as well as the preparation of abstracts, presentations, directed and thesis research studies.



Natalia Gatdula, MPH

Research Associate, Program Manager

Ms. Gatdula holds a Bachelor of Science in Health Science and a Masters of Public Health from California State University, Long Beach. She serves as the Program Manager to the *ÁNDALE Scholars Program* and the T-HELP project. Ms. Gatdula leads the fiscal monitoring and account management, coordinates student trainings, provides leadership development and mentorship to undergraduate and graduate students and also collaborates in the development and preparation of grant proposals, abstracts, and manuscripts for publication in peer-reviewed journals. She is also a part-time lecturer in the Department of Health Science at CSULB.



Fall 2019 All Staff Meeting group photo

Leadership Team



Diana Aguirre, MPH, CHES

Research Associate, Project Coordinator

Ms. Aguirre holds a Bachelor of Science in Health Science and a Masters of Public Health from California State University, Long Beach. She started at the Center in July 2018 and serves as the Program Manager to the Long Beach Collaborative. In her role, she coordinates the implementation of the intervention and control sessions, supervises and trains the Graduate Research Fellows and undergraduate interns/volunteers. Ms. Aguirre also collaborates in the development and preparation of grant proposals, abstracts, and manuscripts for publication in peer-reviewed journals.



Alex Garbanati

Technology and Graphics Coordinator

Mr. Garbanati is currently the Technology & Graphics Coordinator for the Telehealth Education & Learning in Psychiatry (T-HELP) program at California State University, Long Beach. Mr. Garbanati's role with the Center includes creating and maintaining multiple websites, designing and printing promotional and educational materials, and managing and training others to use technical equipment and software. Mr. Garbanati obtained his BA in Sociology from the University of Southern California (USC) and later attended Otis College of Art and Design's continuing education program. He has 8 years of fine artist training at Mission Renaissance of Los Angeles. His specialized experience and education in communication, art, technology, and recruitment make his skills ideal for innovative campaigns with a health, social, and cultural message.



Joaquin Morales

Administrative Assistant

Mr. Morales is pursuing a Bachelor of Science in Business at CSULB. As the Center's Administrative Assistant, Mr. Morales is responsible for center communication, office maintenance, coordinating intern/volunteer schedules, processing staff time cards for submission, and assisting with the Center's accounting. He also collaborates in preparing for Center meetings, trainings, and conferences.



Fiscal Overview



8

total grants and contracts

\$1,981,784 total in grants and contracts funding

5

continuing grants and contracts

\$1,536,990 in continuing grants and contracts

3

new grants and contracts

\$444,794 in new funding

11

grant and contract proposals written

\$8,087,980 in proposed grants and contracts

Active Grants & Contracts

Project Name	Funder	Amount	Award End Date
Advancing Nutrition Development through Alliance for Leadership and Education (ANDALE) Scholars Program	United States Department of Agriculture	\$76,990	6/30/21
Comprando Rico y Sano V - Evaluation 2018	UnidosUS	\$85,000	8/31/19
Avanzando Through College	UnidosUS	\$25,000	6/30/20
Long Beach Collaborative to Prevent Latino Childhood Obesity	Office of the Secretary, Office of Minority Health	\$350,000	3/31/21
Telehealth Training for Psychiatric Mental Health Nurse Practitioners	California Office of Statewide Health Planning & Development	\$1,000,000	12/31/20
	Subtotal:	\$1,536,990	



Contact us:

CSULB-LatinoCenter@CSULB.edu