



## 2022 Summer News and Class Schedule



**Class Registration Starts Monday, June 6 at 9 a.m.**

### *Try Something New This Summer*

#### MONDAY

*Re-imagined:  
You've Been Pop-Cultured*

*Yoga with Barbara*

*Art of the Print*

*Sport Of Music*

*Latin Roots of English Words*

#### TUESDAY

*Facts for Healthy Living*

*It Came From Rock & Roll*

#### WEDNESDAY

*Dante's Journey*

*Ripples In Time*

*Wetlands:  
Hidden Secrets In Long Beach*

*Introduction to Islam*

#### THURSDAY

*The Dawn of Humans*

*Needlework Café*

### *Check Out This New Class!*

## **Sharing Our Cultures** *by Tom Lockhart*

Are you interested in learning about other cultures? In sharing your own story? Then join Carolyn Estrada in her participatory class, "Sharing Our Cultures." Listen to one another's stories and share your own, experiencing the enrichment diversity brings to each of our lives.

Carolyn's passion for exploring the world's cultures arose from growing up in various parts of the U.S. and the world, including Mexico, post-war Germany, and Panama. Since that time she has traveled extensively, seeing first hand – and always fascinated and enriched by – other cultures.

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***Many threads of diversity weave us together  
as a community, as a nation, as a world.***

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*Carolyn Estrada*

Early in Carolyn's professional career she worked in Los Angeles with at-risk youth – many immigrants from Central America, Laos and Cambodia. In later years she worked with the immigrant communities, mostly from Central America, in Santa Ana. She can also call on a wide range of experience in marriage, family, and child therapy, and is an ordained Episcopalian priest.

The idea for this class came out of her last course ("Talking Story") when the class realized that they came from such diverse backgrounds. As they shared their various experiences, Carolyn

thought it would be fun and meaningful to have a class in which people came together to talk about their cultural and socioeconomic backgrounds. It would be an opportunity to deepen the class members understanding of one another, enriching their own lives in the process with their diversity.

Carolyn holds a BA and MA from Whittier College, and a Masters of Divinity (MDiv) from Claremont School of Theology. She has taught French and Latin, and received a Marriage and Family Therapy degree.

→ See description page 19